

Department of Psychology

Professional Counseling Psychology Practicum & Internship Manual Hybrid Program

11200 SW 8th Street Miami, FL 33199 Phone (305) 348-7076 Fax (305) 348-3879

Table of Contents

STUDENT RESPONSIBILITIES	
FIU DEPARTMENT OF PSYCHOLOGY PCP PROGRAM SAFETY POLICY	
DESCRIPTION OF CLINICAL TRAINING	7
CLINICAL PRACTICUM & INTERNSHIP SETTINGS	8
DESCRIPTION OF CLINICAL PRACTICUM	
PRACTICUM OBJECTIVES	
DESCRIPTION OF CLINICAL INTERNSHIP	
INTERNSHIP OBJECTIVES	
CLINICAL PRACTICUM & CLINICAL INTERNSHIP COURSE REQUIREMENTS	14
CLINICAL EXPERIENCE NOTEBOOK	15
CONFIDENTIALITY AGREEMENT	
PRACTICUM/INTERNSHIP CONTRACT	17
SUPERVISION PLAN	
CONSENT TO RECORD	23
CLINICAL LOG	24
APPLYING FOR INTERNSHIP	22
STUDENT APPLICATION FOR CLINICAL INTERNSHIP	
HOURS LOG	27
SITE SUPERVISOR'S EVALUATION OF STUDENT INTERN	24
STUDENT FEEDBACK FOR SITE SUPERVISOR	25
SEMESTER SUMMARY FORM	26
INSTRUCTIONS FOR SEMESTER SUMMARY MEETING WITH INSTRUCTOR	
BANKING HOURS DURING SEMESTER BREAKS	27
FORMAL EVALUATION OF STUDENT'S PRACTICUM/INTERNSHIP	
STUDENT'S EVALUATION OF SITE	31
ACA CODE OF ETHICS AND STANDARDS OF PRACTICE	

STUDENT RESPONSIBILITIES

You are responsible for the material in this handbook.

Most of the counseling program policies and requirements are explained in the Student Handbook –please read all of it; you are responsible for all of it. You will be asked to sign a form, indicating that you have read all the materials and understand that you are responsible for knowing and complying with program requirements.

This manual is intended to introduce students to the expectations and requirements for satisfactory completion of the practicum experience. It provides information such as forms, as well as guidelines for supervision.

It is the responsibility of the student to:

- to be familiar with site policies for clinical placements,
- to know program requirements, licensure/certification requirements, and complete all forms by stated deadlines
- to become very familiar with and follow ethical guidelines outlined by the American Counseling Association (ACA) and the American Psychological Association (APA)

This manual is required reading for all practicum and internship students.

Your supervised field experience is a crucial developmental step in one's professional preparation. These clinical experiences are intended to assist students in the integration of knowledge learned in other academic experiences, as well as to develop their clinical skills.

Additionally, all candidates must purchase and have student liability insurance activated at the onset and throughout the duration of their practicum and internship experiences. Documentation of the current liability insurance must be turned in and placed in the student file.

Student Liability Insurance can be obtained through,

Healthcare Providers Service Organization: www.HPSO.com

Important Note: Please keep in mind that when you interview and/or begin working at a Site, you are representing FIU as a whole. It is important that collectively, we sustain a good working relationship with all of our sites to maintain our excellent reputation as a program and university of the highest quality.

FIU DEPARTMENT OF PSYCHOLOGY PCP PROGRAM SAFETY POLICY

ACKNOWLEDGEMENT OF RISK

The practice of counseling involves risks inherent in client contact. Students engaged in a practicum or internship experience should engage in behavior that enhances safety and minimizes risk. To assist students in understanding how to minimize risk and enhance safety, the Site Supervisors will orient students to the safety and risk management procedures of the Practicum or Internship Site at the onset of the placement and regularly during supervision.

I, _____, in consideration of being allowed to participate in a practicum or internship as part of my academic program, hereby acknowledge and agree as follows:

1. I understand and acknowledge that there are certain risks inherent in my participation in counseling practicum or internship, including, but not limited to, risks arising from:

- Commuting to and from the site, or while in the course of activities;
- Providing services to clients or their family members who may become unpredictable, angry, or violent;
- Exposure to communicable or infectious diseases, bodily fluids, medicinal preparations, or toxic substances.

2. I acknowledge and agree that it is my responsibility to understand and follow the Practicum or Internship Site's safety procedures and safety guidelines as described by the Practicum or Internship Site Supervisor to minimize risks and enhance my safety while placed at the Site. I understand that I will not be forced to engage in assignments in which I feel physically at risk. I agree to report to my Site Supervisor any incidents in which I am or feel physically threatened or unsafe.

3. I understand that in connection with my practicum or internship, I must have the ability to interpret, adapt, and apply safety procedures and guidelines. I must be able to react calmly and effectively in emergency situations and have the ability to establish and maintain effective relationships with a variety of client populations, agency or school staff, faculty, other counseling or health care professionals, and the public.

4. I agree to notify my Site Supervisor of any medical conditions that might necessitate an emergency response by the site.

5. It is my responsibility to comply with the standards, policies, and procedures established by the placement site. The Site will have the right to take immediate temporary action to correct a situation where my actions endanger client care or are unethical, disruptive, or unprofessional.

HEALTH & SAFETY GUIDELINES FOR PRACTICUM & INTERSHIP SITES

Introduction

The FIU Department of Psychology and Professional Counseling Psychology (PCP) program is concerned about the safety and well being of its student interns working in a practicum/internship site. In the event of an incident or situation that involves a threat to the safety or potential safety of an intern, the Site Supervisor should notify the PCP Program Director immediately.

The PCP program will provide:

- An orientation for all practicum & internship students about safety while working at their site.
- Copies of this Safety Policy for all students, and Site Supervisors.
- Case material in practicum & internship classes that address issues of safety when working with individuals with mental illness.

The Site will provide:

A safety plan of action and to orient all students to the agency's safety policy and plan detailing exactly what to do in case of an emergency. Student interns should also be given assurance that they are not expected to work on their own with potentially violent clients. The safety plan should include the following.

- When and how to attempt de-escalation of aggressive client.
- When and how to use non-violent self-defense, physical evasion, force.
- When and how to call security or police.
- When and how to evacuate the building.

The PCP program will train students in the following.

- How to recognize signs of agitation.
- What to do at first signs of agitation.
- Format for ongoing assessment of a client's level of dangerousness.

SAFETY TIPS FOR STUDENTS IN THE FIELD

Security of Belongings

All students in the field are expected to have a secure place to keep handbags and other belongings while at placement. It is preferable that the space be one that can be locked, and could be in a desk drawer or filing cabinet. It is best not to leave handbags and other personal articles visible and unattended, even in an office with the door closed.

Safety Issues Related to Working with Clients

When working with clients, it is important to remember that the treatment process often makes people feel vulnerable and may challenge their usual coping mechanisms. With some people, this can contribute to problems with impulse control, and can raise issues of safety for the client, and the intern. There may be times when student works with individuals who have difficulty with reality testing, dealing with overwhelming emotions, and controlling their anger. Some of them may be prone to violence and may possess a weapon. Other clients may be intoxicated, under the influence of drugs, in withdrawal, or may have other medical or neurological disorders. Again, we would like to emphasize that all students should consult with agency supervisors regarding preparation for and handling of specific situations that are potentially difficult or threatening, such as medical emergencies, suicide or homicide risks, potential abuse of others, and the presence of weapons.

Students should <u>never keep information about potentially dangerous clients to themselves</u>, even if they believe that they have a good relationship with their client(s). This includes information related to danger to self and others, and/or suspected abuse or neglect. ALWAYS notify your Site Supervisor immediately.

Safety Tips for Office Meetings

If a student will be meeting with a client with whom the student does not feel safe, it is important to discuss the situation fully with the agency supervisor. When considering the location of the meeting, it might be helpful to think about what is in the room, whether there is more than one exit, and where each person might sit. It may also be helpful to think about whether to include someone else in the meeting, and what to wear. When discussing the time of the appointment, it can be helpful to think about whether or not many people are around at the time being considered for the meeting. Also important to discuss is the plan for backup and assistance in the event that the client becomes agitated. A student should never see a potentially dangerous client alone without someone else in the agency knowing about the situation.

Safety Tips for Travel by Car

When a student is traveling by car to an agency or to home visits, it is advisable to know clearly where you are going, and to obtain directions before driving to unfamiliar areas and to carry a cell phone if possible. In general, remember to be alert, and to lock doors and close windows.

Post-Incident Protocol

If an incident occurs in which a student is personally threatened or hurt, the student should immediately inform the Site Supervisor and the PCP Program Director.

Health Concerns

It is the responsibility of all internship sites to notify the PCP Program of any known health risks, required or suggested health screenings, immunizations, etc. that students should be aware of.

I have read and understand risk and safety guidelines outlined above and agree to follow the recommended safety tips for students.

Name of Student:	
Student Signature:	Date:

Revised Fall 2023

DESCRIPTION OF CLINICAL TRAINING

Students pursuing a professional license as a mental health counselor in the state of Florida must complete a minimum of 700 hours of supervised clinical experience as a part of their graduate training. The PCP program requires 840 hours of clinical experience across the student's practicum and internship. This experience is divided into 240 hours of Clinical Practicum and 600 hours of Clinical Internship over a period of 5 semesters.

In order to meet the standards and requirements of the State of Florida, MPCAC, and CACREP, the PCP program requires the following:

1. Hours spent in clinical training must be 40% direct client contact and 60% indirect clinical experience.

Direct Hours- such as individual, couple, family, group counseling, parent training, consultation with parents or teachers, testing/assessment administration, intakes.

Indirect Hours- this includes any work students do in preparation for work with clients, reviewing files, case notes, preparing practicum class or supervision activities, attending workshops, conferences, reading, research and other activities agreed upon by on-site supervisor (on or off site).

- 2. Audio/video recordings of sessions are to be submitted for use in supervision or supervisors conduct live supervision of sessions each semester.
- 3. Evaluation of students' performance throughout the practicum and internship.
- 4. Minimum weekly supervision must include:
 - Individual Supervision with Site Supervisor 1.0 Hour/week
 - Group Supervision with Faculty Supervisor 1.5 Hours/week
 - Ongoing collaboration among site and faculty supervisors

CLINICAL PRACTICUM & INTERNSHIP SETTINGS

Practicum Setting

Students enrolled in the Professional Counseling Psychology program have the unique opportunity to receive hands-on clinical training in our very own FIU Center for Children & Families (CCF). The clinic offers a wide range of state-of-the-art services to children and families in South Florida. As a student you will be participating in clinical training that will allow you to gain experience in the delivery of evidence-based interventions with highly trained experts in the field of child and adolescent clinical psychology.

About CCF

The mission of the CCF is to study the etiology, mechanisms, and treatment of mental health and learning difficulties of children and adolescents, and to provide education and services for their families and the professionals who work with them.

Our goals are (1) to increase knowledge of mental health and learning problems of youth, (2) to promote the development of effective treatments and prevention, and (3) to disseminate this information to professionals in mental health, education, and primary care.

Internship Setting

During the second year of clinical training, following the successful completion of the Practicum, students are given the opportunity to apply for placement in off-campus community sites such as hospitals, community mental health centers, schools, and private practice. Specific information about the available sites will be given during the internship application period.

Students will work with PCP faculty to determine their areas of interest, location of the site(s), and other factors that will influence their placement. Students must receive permission before interviewing with sites, and must be accepted by the site. Depending upon the student's location and the availability of pre-established sites, the student may be directed to identify a site of interest independently. Students are required to stay at their internship setting for the entire duration of the two semesters, even if their clinical experience hours are fulfilled prior to the end of the second semester. Exceptions to these requiremetns will be made on a case by case basis and only under extenuating circumstances.

DESCRIPTION OF CLINICAL PRACTICUM (240 Hours over 3 Semesters)

Semester 1: CLP 6945 Beginning Practicum (60 Hours)

Beginning Practicum is the first supervised professional experiences that the counseling student will engage in. This first experience will allow students to apply knowledge about basic interviewing, assessment, and counseling skills and techniques to work with clients. The emphasis of Beginning Practicum focuses on students practicing assessment, individual and group counseling skills under supervision. Students are also expected to expand their knowledge of indirect counseling-related professional activities such as administrative tasks, note taking, staffing, trainings, and other related activities.

Beginning Practicum consists of **60 clock hours** of experience at the Center for Children and Families. The Practicum is taken during the first semester where students can begin to apply their basic skills and knowledge in the field from what they are learning in the core courses: Ethics and Psychopathology.

During the Beginning Practicum experience the Faculty Supervisor works closely with the Site Supervisor. Faculty Supervisors can be expected to visit the program you are working in at least once and consult regularly with the Site Supervisor throughout the semester.

Semester 2: CLP 6943 Advanced Practicum (90 Hours)

Advanced Practicum is taken during the second semester after successful completion of the first semester Practicum. It is expected that students will continue applying basic skills and techniques in counseling under supervision. Students must complete **90 hours during the second semeser and accumulate at least 36 of these hours in direct service by the end of the second semester**.

Semester 3: CLP 6943 Advanced Practicum (90 Hours)

Advanced Practicum is taken during the third semester after successful completion of the previous two semester Practicums. It is expected that students will continue applying basic skills and techniques in counseling under supervision. Students must complete **90 hours and accumulated at least 36 hours in direct service by the end of the third semester**.

By the end of the Practicum experience, students must have accumulated at least 96 hours in direct clinical services and at least 144 hours in non-direct clinical activities.

Hour allocation subject to change based on client load each semester.

Student must pass Practicum successfully to continue in the program.

PRACTICUM OBJECTIVES

Training Outcomes

Counselors in training need to acquire proficiency and gain confidence by applying their emerging skills under the supervision of experienced counselors.

Practicum students will participate in **direct service** and demonstrate appropriate skilllevel competence **in at least 2 of following areas**:

- 1. Intake/Assessment
- 2. Individual Counseling
- 3. Group Counseling
- 4. Couple/Family Counseling
- 5. Parent /Teacher Training/Consultation
- 6. Development and implementation of behavior plan
- 7. Social Skills training
- 8. Implementation of treatment manual/protocols

Students will participate in **non-direct professional activities** and demonstrate appropriate skill-level competence **in at least 3 of the following areas**:

- 1. Case Notes
- 2. Formulation of Treatment Goals
- 3. Participation in Supervision
- 4. Case Staffing/training
- 5. Administrative duties
- 6. Outreach

Learning Outcomes

At the completion of the 240 hours of Practicum experience students will be able to:

- 1. Demonstrate the ability to establish rapport and maintain a working alliance with clients while maintaining appropriate boundaries;
- 2. Assess clients from a multicultural perspective to understand their worldview, values, family structure, and behavioral norms;
- 3. Demonstrate sensitivity for legal and ethical dilemmas and conduct themselves in a professional and ethical manner as outlined by the ACA and APA code of ethics;
- 4. Demonstrate verbal communications that are clear and concise in daily interactions with clients, co-workers, and other professionals;
- 5. Demonstrate effective communcation skills with clients that includes an ability to maintain approapriate boundaries with clients; understand content and context of information;
- 6. Engage in consultation with professionals and during interdisciplinary team meetings;
- 7. Educate clients on such issues as self care, daily living skills, parenting, education and other support services;
- 8. Demonstrate effective referral and collaboration skills;
- 9. Demonstrate an openness to feedback and supervision;
- 10. Demonstrate appropriate interpersonal skills.

DESCRIPTION OF CLINICAL INTERNSHIP (600 Hours over 2 Semesters)

Clinical Internship is taken after the successful completion of the Clinical Practicum. The internship experience will allow students to apply more advanced knowledge and skills such as interviewing, testing, assessment, and counseling skills and techniques to work with clients. The internship focuses on allowing the student to become familiar with and engage in a variety of activities related to those of a professional counselor practicing assessment, individual and group counseling skills under supervision. Students are also expected to expand their knowledge of indirect counseling-related professional activities such as administrative tasks, insurance reimbursement, note taking, treatment planning and discharge, staffing, trainings, and other related activities.

Semester 1: CLP 6948 Internship (300 hours)

During the first semester of Internship, Students should work with the Site Supervisor to begin to identify a client for their Case Conceptualization project, which will require the student to complete a course of treatment with the client along with pre and post assessment to measure treatment outcome to be written up and presented in a formal presentation during the Case Conceptualization course. Student must complete at least **300** hours with 120 of the hours in direct client contact.

Semester 2: CLP 6949 Advanced Internship (300 Hours)

Advanced Internship is taken as the second semester of Internship. It is expected that students will continue working in their site under supervision and continue working on the Case Conceptualization project, which is due during their Case Conceptualization course. Students must complete at least **300 hours with 120 of the hours in direct client contact**.

INTERNSHIP OBJECTIVES

Training Outcomes

Counselors in training need to acquire proficiency and gain confidence by applying clinical skills under the supervision of experienced counselors. Internship students will participate in **direct service** and demonstrate appropriate skill-level competence <u>in at least 2 of</u> <u>following areas with completion of at least one complete course of treatment with an actual client</u>:

- 1. Intake/Assessment
- 2. Individual Counseling
- 3. Group Counseling
- 4. Couple/Family Counseling
- 5. Parent /Teacher Training/Consultation

Students will participate in **indirect professional activities** and demonstrate appropriate skill-level competence **in at least 3 of the following areas**:

- 1. Case Notes
- 2. Formulation of Treatment Goals
- 3. Development of Treatment Plans
- 4. Conduct treatment plan reviews
- 5. Develop discharge summaries
- 6. Make recommendations and referrals
- 7. Participation in Supervision
- 8. Case Staffing
- 9. Administrative duties
- 10. Outreach

Learning Outcomes

At the completion of the 600 hours of Internship experience students will be able to:

- 1. Develop and refine counseling and interviewing skills used as clinical intervention or techniques;
- 2. Demonstrate skills in developing and maintaining a counseling relationship while maintaining appropriate boundaries;
- 3. Accurately conceptualize client concerns and issues;
- 4. Assess clients from a multicultural perspective to understand their worldview, values, family structure and behavioral norms;
- 5. Demonstrate the appropriate use of assessment instruments based on a familiarity with the validity and reliability of these instruments;
- 6. Interpret data about clients regarding diagnosis and treatment planning and demonstrate familiarity with the DSM-5-TR classification of disorders
- 7. Provide individual and group counseling services
- 8. Demonstrate sensitivity for legal and ethical dilemmas and conduct themselves in a

professional and ethical manner

- 9. Demonstrate verbal communications that are clear and concise in daily interactions with clients, co-workers and other professionals;
- 10. Engage in consultation with professionals and during interdisciplinary team meetings;
- 11. Educate clients on such issues as self care, daily living skills, parenting, education and other support services;
- 12. Demonstrate effective referral and collaboration skills;
- 13. Write reports required by the site supervisor including progress notes and written client records;
- 14. Communicate with other professionals using appropriate terminology pertaining to counseling, psychopathology, special services and psychotropic medication.

CLINICAL PRACTICUM & CLINICAL INTERNSHIP COURSE REQUIREMENTS

Students must complete all assignments, turn in paperwork in the required time frame, and participate in evaluations throughout the clinical training.

Specific assignments and paperwork are as follows:

Assignments

- Participation in supervision
- Assigned reading
- Case presentations (as scheduled)
- Trainigs (as scheduled)

Evaluations

- Mid-Semester
- End of Semester
- Student Feeedback of Supervision
- Student Evaluation of Site
- Formal Evaluation of Practicum (End of Practicum Only)
- Formal Evaluation of Internship (End of Internship Only)

Paperwork

- Site Supervisor Agreement Form (only when beginning at a site)
- Supervision Plan (goals)
- Hours Record (signed by Supervisor)
- Practicum & Internship Semester Contract

CLINICAL EXPERIENCE RECORD

All Students are responsible for maintaining a **Clinical Experience Record**. The Clinical Experience Record is a record of **all** the clinical training experience that the student was involved in throughout the program (including Clinical Practicum, Clinical Internship). <u>The PCP program utilizes an online record management system, which students must maintain.</u> It is highy advised that students independently maintain a personal record of their clinical experiences which should include:

- A. Clinical Experience Hours Logs
- B. Student and Supervisor Feedback Forms
- C. Formal Evaluations
- D. Semester Contracts
- E. All Course Syllabi
- F. Ceetificates of Completion for any trainings
- G. Copies of Liability Insurance Coverage Policies

The Clinical Experience Record will be reviewed at the end of each semester of Clinical Practicum & Clincial Internship as part of the requirements for successful course completion.

CONFIDENTIALITY AGREEMENT

I understand that participation in the Clincial Practicum and Clincial Internship supervision courses will require me to review client sessions, present cases, and discuss information about my clients, myself, my site, and my supervisor. I understand that I must not use any identifying information when discsussing clients, and that any and all information discussed about myself and/or my classmates is strictly confidential. If ever required, all recordings of sessions must be destroyed following presentation in supervision.

Student Name

Student Signature & Date

FIU DEPARTMENT OF PSYCHOLOGY PCP PRACTICUM/INTERNSHIP CONTRACT

Student Name:	Phone #	
Email:		
Practicum Internship (circle one)	Semester:	Year
Hours Needed for the Semester: ((Direct) (Indire	ct)
Program/Agency Name:		
Address:		
Site Supervisor Name:	Phone#	
Email:		
Faculty Supervisor Name:	Phone#	
Email:		
Emergency Contact (Site):		
Emergency Contact (Faculty):		
Student Work Schedule:		
(Days)		
(Times)		
Individual Supervision: Day	Time	
Group Supervision: Day	Time	
The best way for the Site Supervis	sor to reach the Faculty S	upervisor is by:
(Circle one) Phone Email	1	
The best way for the Faculty Supe	ervisor to reach the Site S	upervisor is by:
(Circle one) Phone Email	1	

Revised Fall 2023

SITE SUPERVISOR AGREEMENT FORM (Sample; This form is available electronically)

_____The Site Supervisor will provide clinical training to the Student under the joint supervision of the Facility Supervisor with regular ongoing consultation.

_____The Site Supervisor will provide the Student with a minimum of 1-hour of individual face-to-face supervision that shall occur at least one time per week.

_____The Site Supervisor agrees to provide live or recorded supervision along with performance feedback to the Student at least once during the practicum and/or internship experience.

_____The Site Supervisor agrees that 40% of the Student's clinical experience will be direct hours.

_____The facility and its licensed Site Supervisor shall maintain ultimate responsibility and authority regarding client care, and will ultimately sign off as the responsible clinician on each case, noting the Student's involvement.

_____The Site Supervisor will inform the Faculty Supervisor immediately when a Student is not performing satisfactorily or is demonstrating behavior that is detrimental or disruptive to the Facility and participate in the remediation plan of the Student (if one is implemented).

_____The Site Supervisor agrees to report on the Student's performance and provide an evaluation of such on forms provided by the University.

_____The Site Supervisor will develop a Supervision Plan each semester with the Student to outline specific goals and objectives for the semester.

_____The Site Supervisor will sign the Student's Clinical Experience Hour's Log each week.

_____The Site Supervisor will provide access to Supervisor at all times while the Student is engaged with clients in case of emergency.

_____The Site Supervisor will provide the Student an orientation to the agency and specific instruction on protocols for managing crisis situations that may arise along with a safety plan of action to orient all students to the agency's safety policy and plan detailing exactly what to do incase of an emergency.

STUDENT CLINICIAN AGREEMENT FORM (Sample; This form is available electronically)

_____The Student shall handle all confidential information in a professional and ethical manner; under no circumstance will the Student discuss a patient or client with anyone other than the appropriate Supervisors.

_____The Student shall adhere to all rules, policies, and procedures of the Facility to which they are assigned.

_____Students will adhere to all Program Policies and follow ACA and APA ethics codes while at the Facility.

_____The Student shall be responsible for obtaining student liability insurance prior to beginning clinical training at the Facility.

_____The Student will provide and share with Supervisors a formal evaluation of site and feedback to Supervisor.

_____The Student will keep a log of all activities, hours, and supervision in the Clinical Experience Record and present to the Site Supervisor and Faculty Supervisor each week for signature.

_____The Student will discuss with the Site Supervisor a plan for live observation or recording at least one client session each semester to be reviewed in supervision with the Site Supervisor.

____The Student understands that they must inform all clients that they are a Student Clinician working under supervision, the limitations of confidentiality, and how long the Student will be working at the Facility. The Student will discuss with the Site Supervisor how this should be communicated to clients.

FACULTY SUPERVISOR AGREEMENT

(The following are a list of activities provided to Student by their Faculty Supervisor)

- The Faculty Supervisor will conduct a minimum of 1.5 hours per week of group supervision.
- The Faculty Supervisor will work in collaboration with the Site Supervisor and maintain regular ongoing contact and site visits to monitor and evaluate Student's progress.
- The Faculty Supervisor will review and sign the Clincal Experience Hour's Log each week.
- The Faculty Supervisor will review case presenations and provide feedback.
- The Faculty Supervisor, in collaboration with the Site Supervisor, will provide a formal evaluation of the Student at the end of the Clinical Practicum and Clinical Internship.
- The Faculty Supervisor collects and monitors paperwork with a formal review of the Clinical Experience Record at the end of each semester.
- The Faculty Supervisor will provide access to the Student for individual supervision with Faculty Supervisor as needed and for emergency contact.

SUPERVISION PLAN

(Sample; This form is available electronically for Student and Site Supervisor to collaboratively develop at the beginning of each semester)

Focus area(s) (counselor skills & competencies to be developed):

Goals/Objectives	Modality	Progress toward goals
Goal 1		
Goal 2		
Goal 3		
Goal 4		

The supervision plan should be developed between the Student, Site Supervisor, and reviewed by the Faculty Supervisor at the beginning of the semester. Progress toward each goal/objective will be reviewed at the end of the semester.

The signatures below bear agreement to all of the terms above.

Site Supervisor:	Date:
Faculty Supervisor:	Date:
Student:	_Date:

Revised Fall 2023

APPLYING FOR CLINICAL INTERNSHIP

Prerequisite: Successful completion of Clinical Practicum.

Step 1: <u>Applying to and Selecting a Site</u>

- Fill out the Internship Interest Survey and turn in to the Program Coordinator the semester during the Internship Application Period.
- Schedule a meeting with the Program Coordinator and/or designated Faculty to discuss your area of interest and identify possible sites for placement.

Step 2: Interview with site

• Once the Program Coordinator has contacted the site(s) that you are interested in and confirmed availability for placement, you should arrange an interview with the Site Supervisor.

Step 3: Notify Program Coordinator of Outcome

• Once the Student has interviewed with the selected Site's Supervisor, the Program Coordinator and/or designated Faculty should be notified of the outcome of the interview.

Step 4: <u>Renew Student Liability Insurance</u>

• Renew **student** liability insurance and provide a copy to the Program Coordinator and/or Faculty Supervisor during the first week of the semester (can be obtained through APA, ACA or HPSO).

FIU Department of Psychology Professional Counseling Psychology Master's Program SITE SUPERVISOR'S EVALUATION OF STUDENT INTERN (Sample; This form is available electronically)

Circ	le one: Mid-sem	ester	End of Se	emester	
. Dem	ionstrates a person	al commitment in de	eveloping profess	sional competenc	eies.
	1	2	3	4	5
Acce	epts and uses const	ructive criticism to e	nhance self-deve	elopment and cou	inseling skill
Enga	1,	2	3	4	. 5
Enga	iges in open, clear	and comfortable com	-	i peers and super	
P	1	2	3	4	. 5
Reco	gnizes own deficie	encies and actively w	orks to overcom	e with peers & su	-
6	1	2	3	4	5
. Com	pletes paperwork		2		_
	1	2	3	4	5
. Qual	ity of paperwork.	2	2		_
	1	2	3	4	5
. Arri	ves to site on time		2		_
	1	2	3	4	5
3. Pres	ents self in a profe	ssional manner with			_
	1	2	3	4	5
). Dem	onstrates ethical b				
	1	2	3	4	5
0. Part	icipates actively su	pervision sessions.			
	1	2	3	4	5
1. Part	icipates actively in	team meetings.			
	1	2	3	4	5
2. Dem	onstrates sound cl	inical judgment.			
	1	2	3	4	5
3. Seek	s out supervision v	when necessary and	appropriate.		
	1	2	3	4	5
4. Dem	onstrates knowled	lge of DSM-5 and is a	ble to accurately	diagnose.	
	1	2	3	4	5
5. Den	nonstrates comfort	and confidence in w	orking with clier	nts.	
	1	2	3	4	5
6. Dem	onstrates a willing	ness to engage in ne	w experiences to	improve skill lev	
	1	2	3	4	5
7. Com	ments/Suggestion	s to improve perforn	nance:		

Supervisor's Signature & Date

Student's Signature & Date

Rating scale: 5-Exceptional Performance 4- Acceptable Performance 3-Requires Assistance 2-Needs Improvement 1- Unable to assess

FIU Department of Psychology Professional Counseling Psychology Master's Program STUDENT FEEDBACK FOR SITE SUPERVISOR (Sample; This form is available electronically)

den	t name:		Site:		
	Circle one:	Mid-semester	End of Semester		
1.	I was clear a	bout what to present duri	ng supervision sessions.		
		1	2	3	
2.	My supervis	or was clear about the crit	teria for evaluating my work.		
		1	2	3	
3.	The feedbac	k I received from my supe	rvisor was clear and constructive.		
		1	2	3	
4.	The lines of	communication were alwa	ays open with my supervisor.		
		1	2	3	
5.	I felt comfor	table bringing up issues a	bout my clients and the site with m	iy supervisor.	
		1	2	3	
6.	I felt as thou	igh my supervisor was ava	ilable to me when needed.		
		1	2	3	
7.	I was satisfie	ed with the quality of my s	supervision sessions.		
		1	2	3	
8.	My supervis	or allowed me some autor	nomy in my work with clients.		
		1	2	3	
9.	When instru criteria for e		ue, I was given clear instructions o	n how to implement the technique a	ind tl
		1	2	3	
10.	I felt that my	v supervisor provided me	opportunities for personal and pro	fessional growth.	
	-	- 1	2	3	
11.	I felt comfor	table disagreeing with my	y supervisor.		
		1	2	3	
12.	Comments:_				

Student Signature & Date

Supervisor Signature & Date

Rating scale: 3- Strongly agree 2- Agree 1- Would like to improve this area of supervision

SEMESTER SUMMARY FORM

(Sample; This form is available electronically)

During true	and a of the	is completed to	the End of Com	waster Masting				
DI III UWO	copies of th	ns completed to	лие вна от зег	nester Meeting	with your r	acuity Super	visor each s	semester.

Name: ______Semester: _____

Site Name:_____ CLP 694____ # of Credits _____

Please complete the following information regarding the number of hours you completed for the semester.

Clinical Experience

TOTAL FOR SEMESTER	
	TOTAL FOR SEMESTER

Total of Direct Hours including previous semesters	
Total of non-Direct Hours including previous semesters	
TOTAL INCLUDING PREVIOUS SEMESTERS	

Clinical Supervision

Nuber of Individual Supervision Hours_____

Number of group supervision Hours ______ If no, explain______

TO BE VERIFIED BY FACULTY SUPERVISOR

____Clinical Experience Hours Logs

____Assignments

____Feedback to Site Supervisor

____Feedback from Site Supervisor

____Supervision Plan (goals)

Comments:

Grade (P/F) _____ Student Signature ______ Date: _____ Faculty Supervisor Signature ______ Date: _____

Revised Fall 2023

BANKING HOURS DURING SEMESTER BREAKS

Students may continue practicum or internship at their sites during semester breaks when the University is open, and bank the hours towards practicum or internship in the following semester as long as the following criteria are met:

- You are continuing at the same site that you did your Clinical Practicum or Clinical Internship at during the semester.
- You are receiving supervision from your Site Supervisor for a minimum of one hour each week.
- You have made prior arrangements with your Faculty Supervisor to be in contact with them for supervision on an as needed basis.
- You will continue to track your clinical experience hours in the Clinical Experience Hours Logs.

I have discussed banking hours during the semester break with my Site Supervisor. We have agreed to continue meeting for weekly supervision. I have made arrangements with my Faculty Supervisor to be available for supervision on an as needed basis.

Signatures

Student:	Date:
Site Supervisor:	Date:
Faculty Supervisor:	Date:

FORMAL EVALUATION OF STUDENT'S PRACTICUM/INTERNSHIP (Sample; This form is available electronically)

Student Name:	Date:
Site:	Total # of Hours:
# of Direct Hours:	# of Non-direct Hours:

The Student participated in **direct service** and demonstrated appropriate skill-level competence <u>in at</u> <u>least 2 of following areas</u>. Please rate the Student on each on the items below using the following scale:

A. Outstanding B. Acceptable C. Needs Improvement D. Unable to assess

Site Supervisor Faculty Supervisor

 	Intake/Assessment
 	Individual Counseling
 	Development & Implementation of Behavior Plan
 	Social Skills Training
 	Implementation of treatment manual/protocols
 	Group Counseling
 	Couple/Family Counseling
 	Parent /Teacher Training/Consultation

The Student participated in **indirect professional activities** and demonstrated appropriate skill-level competence **in at least 3 of the following areas**. Please rate the Student on each on the items below using the following scale:

A. Outstanding B. Acceptable C. Needs Improvement D. Unable to assess

Site Supervisor Faculty Supervisor

Comments:

(form continues on next page)

Practicum/Internship Learning Outcomes

Please rate the Student on each on the items below using the following scale:

A. Outstanding B. Acceptable C. Needs Improvement D. Unable to assess

Site Supervisor	Faculty Supervisor	
		Demonstrates active listening skills
		Avoids giving advice or imposing personal values onto clients
		Assesses clients from a multicultural perspective to understand their worldview, values, family structure and behavioral norms;
		Demonstrates sensitivity for legal and ethical dilemmas and conducts self in a professional and ethical manner as outlined by the ACA and APA code of ethics
		Demonstrates verbal communications that are clear and concise in daily interactions with co-workers and other professionals;
		Educates clients on such issues as self care, daily living skills, parenting, education and other support services;
		Demonstrate effective referral and collaboration skills;
		Demonstrate openness to feedback and supervision
		Demonstrates proficiency in applying their emerging skills under the supervision of experienced counselors
		Demonstrates a reasonable amount of confidence in self as a developing counselor

(form continues on next page)

Based on your observation and experience with the Student, please provide a brief comment on each of the following areas (each supervisor should initial comment):

The Student expresses a clear understanding of personal needs, values, strengths, weaknesses, feelings, and motivations that affect him/her as a counselor. *Comment:*

Student demonstrates ability to apply theoretical concepts to counseling situations. *Comment:*

Student demonstrates ability to engage clients in a counseling relationship and develop a collaborative plan of action. *Comment:*

Student works as a team player in cooperation with others remaining open to others' values, attitudes, and feelings. *Comments*:

Student demonstrates comfort in giving and receiving both positive and constructive feedback. *Comments:*

This section is to be completed by the Practicum Supervisor.

Overall evaluation of Student's readiness to continue on to internship (An overall evaluation of B or better is required to continue on to the Internship)

A. Outstanding B. Acceptable C. Needs Improvement

Site Supervisor Faculty Supervisor

Signatures below indicate that the evaluation was a collaborative effort between the Site Supervisor and Faculty Supervisor, and was thoroughly explained to the Student.

Student:	Date:
Site Supervisor:	Date:
Faculty Supervisor:	Date:

Revised Fall 2023

STUDENT'S EVALUATION OF SITE (Sample; This form is available electronically)

Directions: Student completes this form at the end of the Practicum and Internship. This should be turned in to the	ne
Faculty Supervisor.	

Name (Optional)______Site _____

Dates of placement _____

Site supervisor ______

Faculty Supervisor ______

Rate the following questions about your site and experiences with the following scale:

- A. Very satisfactory B. Moderately satisfactory C. Moderately unsatisfactory D. Very unsatisfactory
- 1. _____ Amount of on-site supervision
- 2. _____ Quality and usefulness of on-site supervision
- 3. _____ Usefulness and helpfulness of faculty supervisor
- 4. _____ Relevance of experience to career goals
- 5. _____ Exposure to and communication of school/agency procedures
- 6. _____ Exposure to professional roles and functions within the agency
- 7. Rate all applicable experiences that you had at your site:
 - _____ Report writing
 - _____ Intake interviewing
 - _____ Administration and interpretation of tests
 - _____ Staff presentation/case conferences
 - _____ Individual counseling
 - _____ Group counseling
 - _____ Family/couple counseling
 - _____ Psychoeducational activities
 - _____ Consultation
 - _____ Career counseling
 - ____Other ____
- 8. _____ Overall evaluation of the site

Comments: Include any suggestions for improvements in the experiences you have rated moderately (C) or very unsatisfactory (D).

ACA CODE OF ETHICS AND STANDARDS OF PRACTICE

Students are expected to conduct themselves in a professional manner at all times in the classroom and at your Clinical Practicum or Internship Site, and to follow the guidelines for ethical behavior as outlined by the American Counseling Association.

Please be sure to arrive on time to your site and dress in a professional manner. It is your responsibility to arrange for time off and notify your Site Supervisor immediately if there are any interruptions in your schedule that may effect your time at the site or continuity of care to your clients.

About ACA

The American Counseling Association (ACA) is a nonprofit professional and educational organization dedicated to the growth and enhancement of the counseling profession. Founded in 1952, ACA is the world's largest association representing professional counselors in various practice settings. By providing professional development, leadership training, publications, continuing education opportunities, and advocacy services to nearly 45,000 members, ACA helps counseling professionals develop their skills and expand their knowledge base.

ACA is instrumental in setting professional and ethical standards for the counseling profession. The Association has also made considerable strides in accreditation, licensure, and national certification. In addition, ACA represents the interests of the profession before Congress and federal agencies and strives to promote recognition of professional counselors to the public and the media.

It is strongly encouraged that all students become members of the ACA. You can find more information on the ACA website at <u>http://www.counseling.org</u>.

ACA members agree to abide by the rules, regulations, and enforcement of the terms of the ACA Code of Ethics.

It is the student's responsibilities to know and follow the ACA Code of Ethics as a standard for professional behavior.

You can find the Code of Ethics at

https://www.counseling.org/resources/aca-code-of-ethics.pdf