**Pre-Professional Advisement and Evaluation Committee**

**Personal History Questionnaire**

**Our Personal History Questionnaire helps you organize the information you will be submitting as part of your professional program application.**

**The questionnaire should function as a preliminary version of your actual application to professional school. Thus, it should be completed before you begin your application.**

*By signing below, I hereby certify that all information on this personal information form is accurate to the best of my ability:*

**Student Signature and Date**

**Personal Details**

**Name:**

**Panther ID:**

**Primary Application ID#:**

*i.e., AAMC ID#:12345678*

**Permanent Home Address:**

**Permanent E-mail Address**

**Application E-mail Address\*:**

***\*We strongly suggest that you create a separate e-mail address for your application.***

**Home Phone Number:**

**Cellular Phone Number:**

**Education Details**

**NOTE: This form will not be accepted if this section is not filled out completely.**

**Total credits attempted (to date):**       **Total credits received (to date):**

**Total number of semesters taken to complete degree (do not include summer terms) :**

**Total number of credits attempted ÷ by total number of semesters:**       **credits/semester**

*Example:*

*120 credits attempted / 8 semesters to complete degree = 15 credits/semester*

**For BCPM/AO Calculator** [**Click Here!**](http://prehealthadvise.fiu.edu/application-process/committee-information/forms/gpa-calculator.xls)

**BCPM GPA:**       **AO GPA:**       **Total Undergraduate GPA:**

1. **High School**

**Name of High School that you graduated from:**

**City**       **State**       **or Country:**

**Year Graduated:**       **Honors (Valedictorian, Salutatorian, etc.):**

1. **University/Community Colleges Attended (Including FIU):** List in Chronological Order.

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Institution Name:** | **Dates Attended:** | **Major(s)/****Minor(s):** | **Degrees Obtained** | **Date Received/****Expected** | **Cum. GPA** |
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*Example:*

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| --- | --- | --- | --- | --- | --- |
| ***Institution Name:*** | ***Dates Attended:*** | ***Major(s)/******Minor(s):*** | ***Degrees Obtained*** | ***Date Received/******Expected*** | ***Cum. GPA*** |
| *FIU* | *Aug 2019 – August 2023* | *Biology/**Chemistry* | *B.S. Biological Sciences* | *August 2023* | *3.89* |

**What honors/scholarships have you received at FIU? Elsewhere? Please list any not seen below. (After high school)**

[ ]  Dean’s List (List Semesters, Example: Fall 2023):

[ ]  Scholarship (List Names and Dates):

[ ]  Phi Beta Kappa (Induction Date):

[ ]  Honor’s College (2 Year Minimum):

[ ]  QBIC

[ ]  Veteran-Military Affiliated

[ ]  Collegiate level Student-Athlete

**Graduation with Honors:**

[ ]  Cum Laude

[ ]  Magna Cum Laude

[ ]  Summa Cum Laude

**Entrance Exam Details: MCAT or DAT scores**

**Number of times exam was taken:**

**Include scores from each attempt and the dates they were taken. Also include any future dates you have scheduled.**

|  |
| --- |
| **MCAT**  |
| **Date:**      **/**     **/**      |
| **Biological and Biochemical Foundations of Living Systems**  |       |
| **Chemical and Physical Foundations of Biological Systems**  |       |
| **Psychological, Social, and Biological Foundations of Behavior**  |       |
| **Critical Analysis and Reasoning Skills**  |       |
| **Total** |       |

*Future Test Date(s):*

|  |
| --- |
| **DAT**  |
| **Date:**      **/**     **/**      |
| **Biology**  |       |
| **General Chemistry**  |       |
| **Organic Chemistry**  |       |
|  **Perceptual Ability** |       |
|  **Reading Comprehension** |       |
| **Quantitative Reasoning**  |       |
| **The Survey of Natural Sciences** |       |
| **Academic Average** |       |

*Future Test Date(s):*

*Future Test Date(s):*

**Student Conduct and Academic Integrity:**

**Have you ever been arrested or convicted of a misdemeanor or felony? If yes, provide a complete explanation.**

**Have you ever been the subject of an Institutional Action at a College or University? If yes, provide a complete explanation.**

**ALL Volunteer/Extracurricular Activities since graduating High School:**

**BE COMPLETE!** List activities in chronological order with the ***most recent***activity first.

Add/Remove tables and expand as needed! There are no word limits for this portion of the Questionnaire. Write responses in complete sentences. ***You may only document (in total hours) the time already completed.***

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Exp #** | **Title Of Activity and Position** | **Starting Date:** | **Ending Date:** | **# Hrs/Wk** | **Total Hours** |
|  |  |  |  |  |  |
| **CLEAR and DETAILED Explanation of what you did, with who, and where** |
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| **Exp #** | **Title Of Activity and Position** | **Starting Date:** | **Ending Date:** | **# Hrs/Wk** | **Total Hours** |
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| **CLEAR and DETAILED Explanation of what you did, with who, and where** |
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| --- | --- | --- | --- | --- | --- |
| **Exp #** | **Title Of Activity and Position** | **Starting Date:** | **Ending Date:** | **# Hrs/Wk** | **Total Hours** |
|  |  |  |  |  |  |
| **CLEAR and DETAILED Explanation of what you did, with who, and where** |
|  |

*Example:*

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| ***Exp #*** | ***Title Of Activity and Position*** | ***Starting Date:*** | ***Ending Date:*** | ***# Hrs/Wk*** | ***Total Hours*** |
| ***1*** | *Vice President of AMSA* | *08/2021* | *09/2022* | *10 hrs/wk* | *520* |
| ***CLEAR and DETAILED Explanation of what you did, with who, and where*** |
| *I was elected Vice President of AMSA during my sophomore year. In this position, I worked with the AMSA E-board to coordinate events, including Relay for Life, the Physician Luncheon, canning events for fundraising, and mission trips to Jamaica. I also aided in marketing events across the FIU campus and completed managerial duties for the club with the president. Collaborating with the executive board, assisting in monthly meetings, and helping with fundraising events allowed me to master working in a team. Coordinating efforts with club members refined my leadership skills.*  |

**ALL Shadowing Activities since graduating High School:**

**BE COMPLETE!** List activities in chronological order with the ***most recent***activity first.

Add/Remove rows to the table and expand as needed! Write responses in complete sentences. ***You may only document (in total hours) the time already completed.***

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| --- | --- | --- | --- | --- | --- |
| **Exp #** | **Title Of Activity and Position** | **Starting Date:** | **Ending Date:** | **# Hrs/Wk** | **Total Hours** |
|  |  |  |  |  |  |
| **CLEAR and DETAILED Explanation of what you did, with who, and where** |
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| --- | --- | --- | --- | --- | --- |
| **Exp #** | **Title Of Activity and Position** | **Starting Date:** | **Ending Date:** | **# Hrs/Wk** | **Total Hours** |
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| **CLEAR and DETAILED Explanation of what you did, with who, and where** |
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| **Exp #** | **Title Of Activity and Position** | **Starting Date:** | **Ending Date:** | **# Hrs/Wk** | **Total Hours** |
|  |  |  |  |  |  |
| **CLEAR and DETAILED Explanation of what you did, with who, and where** |
|  |

*Example:*

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| ***Exp #*** | ***Title Of Activity and Position*** | ***Starting Date:*** | ***Ending Date:*** | ***# Hrs/Wk*** | ***Total Hours*** |
| *1* | *Shadow of (specialty) Dr. Y* | *08/2020* | *09/2022* | *7 hrs/wk* | *150* |
| ***CLEAR and DETAILED Explanation of what you did, with who, and where*** |
| *I observed Dr. Y as he treated patients of all ages with varying symptoms and differing backgrounds. I learned more about general medical practice. He taught me medical facts as I observed him performing thorough physical exams. I observed him taking his time listening to patients' stories and inquiring about their non-medical issues He most importantly taught me how to gain a thorough history from each patient and its importance in arriving to a correct diagnosis.* |

**ALL research involvement Since Graduating High School**

**BE COMPLETE!** List activities in chronological order with the ***most recent***activity first.

Add/Remove rows to the table and expand as needed! ***You may only document (in total hours) the time already completed.***

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| --- | --- | --- | --- | --- | --- |
| **Exp #** | **Title Of Activity and Position** | **Starting Date:** | **Ending Date:** | **# Hrs/Wk** | **Total Hours** |
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| **CLEAR and DETAILED Explanation of what you did, with who, and where** |
|  |
| **Exp #** | **Title Of Activity and Position** | **Starting Date:** | **Ending Date:** | **# Hrs/Wk** | **Total Hours** |
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| **CLEAR and DETAILED Explanation of what you did, with who, and where** |
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| --- | --- | --- | --- | --- | --- |
| **Exp #** | **Title Of Activity and Position** | **Starting Date:** | **Ending Date:** | **# Hrs/Wk** | **Total Hours** |
|  |  |  |  |  |  |
| **CLEAR and DETAILED Explanation of what you did, with who, and where** |
|  |

*Example:*

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| ***Exp #*** | ***Title Of Activity and Position*** | ***Starting Date:*** | ***Ending Date:*** | ***# Hrs/Wk*** | ***Total Hours*** |
| *1* | *Research Assistant for the STAND Community Program* | *12/2021* | *Present* | *12 hrs/wk* | *192* |
| ***CLEAR and DETAILED Explanation of what you did, with who, and where*** |
| *In December of 2021 I became a research assistant for the STAND Community Program at the Florida International University Center for Children and Families. This program is led by Dr. Margaret Sibley and it is a treatment study for adolescents with ADHD and their families. Its purpose is to teach teens diagnosed with ADHD and their families to work together to reinforce the success of academic goals. The academic performance of the adolescents participating in the study is monitored over time to assess the success of the therapy sessions. As a research assistant my duties include data collection, data analysis, and data entry as well as assisting the clinicians during the intake sessions with new families. I also participate in the weekly therapy sessions with the children and their parents. Throughout the course of my time doing research with the STAND Program, I have been able to assess a correlation between the families implementing the strategies taught during the therapy and the children’s academic performance. The more involved both the parent and the child are in the program, the greater the academic improvement of the student. This experience has allowed me to fully understand the impact that research has in our society, and it has inspired me to continue to be involved in more research projects during my medical training and professional career.*  |

**Employment History Since Graduating High School**

**BE COMPLETE!** List activities in chronological order with the ***most recent***activity first.

Add/Remove rows to the table and expand as needed! ***You may only document (in total hours) the time already completed.***

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| --- | --- | --- | --- | --- | --- |
| **Exp #** | **Title Of Activity and Position** | **Starting Date:** | **Ending Date:** | **# Hrs/Wk** | **Total Hours** |
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| **CLEAR and DETAILED Explanation of what you did, with who, and where** |
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| **Exp #** | **Title Of Activity and Position** | **Starting Date:** | **Ending Date:** | **# Hrs/Wk** | **Total Hours** |
|  |  |  |  |  |  |
| **CLEAR and DETAILED Explanation of what you did, with who, and where** |
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| **Exp #** | **Title Of Activity and Position** | **Starting Date:** | **Ending Date:** | **# Hrs/Wk** | **Total Hours** |
|  |  |  |  |  |  |
| **CLEAR and DETAILED Explanation of what you did, with who, and where** |
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*Example:*

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| ***Exp #*** | ***Title Of Activity and Position*** | ***Starting Date:*** | ***Ending Date:*** | ***# Hrs/Wk*** | ***Total Hours*** |
| *1* | *Graduate Assistant for the Office of Pre-Health Professions Advising at FIU* | *06/2023* | *Present* | *25 hrs/wk* | *1000* |
| ***CLEAR and DETAILED Explanation of what you did, with who, and where*** |
| *The main purpose of the office is to guide students through the professional school application process. At the office I perform clerical work, prepare workshops, represent the office at events, organize Committee Interviews, and provide advice to students.**I have learned the responsibility that comes with dealing with confidential files. It is rewarding to be able to teach others what I have learned from going through the process myself and it is my way to give back to the community that supported me throughout my journey.* |

**Questions Related to Personal Interests**

**To what clubs/honor societies do you belong?** \*Be sure to indicate if you were an elected officer! \*

*(Example: Alpha Epsilon Delta (08/19 – 4/23); Elected Vice President in 2020 and served as Secretary in 2019.)*

**What are your hobbies? List non-job, non-academic activities (as opposed to community service work) during the last 2 years.**

**Please describe any domestic and/or international travel experiences.**

**What have you read for pleasure recently? List a selection of books (non-academic) read during the last year.** *DO NOT include books read for your courses. (Example: Game of Thrones by George R.R. Martin)*

**Questions Related to Supplemental Applications**

Secondary/Supplemental Applications are a key part of the application process for many pre-health professions, and it can get quite overwhelming for most applicants to promptly turn in all applications with well-thought, sensible answers that need to fit a word count.

The following are some of the most asked prompts in supplemental applications that will help you gather ideas and practice your writing ahead of time. Keep your responses within the word OR character counts. ***This section is optional for all non-Pre-Medical and non-Pre-Dental applicants.***

1. **Describe a situation where you had to overcome adversity; include lessons learned and how you think it will affect your career as a future physician.** (250 words)

1. **Please describe your most meaningful leadership positions** (1000 characters)

1. **At the University of X, we are committed to building a superb educational community with students of diverse talents, experiences, opinions, and backgrounds. What would you as an individual bring to our medical school community?** (300 words)

1. **What has been your most meaningful experience or achievement and why?** (2000 characters)

1. **Have you taken or are you planning to take time off between college graduation and medical school matriculation? If yes, please elaborate on why you are taking this time off and describe your activities/plans in this period.** (800 characters)

**Questions Related to the Health Professions – Please be BRIEF**

1. **Of all your personal qualities, which ONE do you feel is the most significant in making you a good       ? (Physician or Dentist)** *Do not choose compassion or empathy.*

1. **Of all your personal qualities, which ONE do you feel requires the most improvement? Why?**

1. **Is there anything in your personal background that you would like the Committee to know about?** *(i.e., economic, health, or other hardships or special circumstances)*

**4. If you are not accepted to the professional school for which you are applying, which career would you choose to enter? We recognize that it is likely that you would reapply if not admitted. However, what other options have you considered? Why?** *(A well thought out and plausible answer is expected for this question.)*

**5. Write a chronological outline of your experiences since graduating from high school. Include major personal events of significance to your career plans, in addition to your academic history. This will help the PPAEC to incorporate these events into the Committee letter.
*Look back through this form you have just completed to be sure that this outline incorporates all the items you have included in other categories.***

*Example:*

* *June 2019-Graduated from High School*
* *August 2019-Entered Florida International University (FIU)*
* *December 2019-Made the FIU Dean’s List*