

Department of Counseling, Recreation and School Psychology
B.S. in Rehabilitation and Recreational Therapy: Rehabilitation Track

Program Description

The Rehabilitation Track is suitable for students interested in graduate programs in other allied healthcare professions (such as Physical Therapy, Occupational Therapy, Counseling, and School Psychology). The courses in the rehabilitation track emphasize the broad spectrum of health care through treatment, education, and therapeutic services – all of which are instrumental to improving and maintaining physical, cognitive, emotional and social functioning, preventing secondary health conditions, and enhancing overall quality of life. This track provides 30 credits of electives that can be used for prerequisite courses for graduate programs. Graduates of the Rehabilitation Track can meet the [National Council for Therapeutic Recreation Certification](#) (NCTRC) requirements to become a Certified Therapeutic Recreation Specialist (CTRS) after graduation if they gain Professional Experience that meets NCTRC's guidelines.

Course Requirements: 30 credits of required courses + 30 credits of advisor-approved electives

Prerequisites

Course:		Credit Hours:
DEP 2000	Human Growth Development	3
BSC 2085 & lab or equivalent	Human Anatomy and lab (or combination course of Human Anatomy and Physiology with lab)	4
BSC 2086 & lab or equivalent	Physiology (or combination course of Human Anatomy and Physiology with lab)	4

Program of Study

Course:		Credit Hours:
First Semester (12 credits):		
LEI3400	Diagnoses and Conditions in Recreational Therapy (<i>co-requisite:</i> LEI3703)	3
LEI 3703	Introduction to Recreational Therapy (<i>co-requisite:</i> LEI3400)	3
LEI 3707	Inclusive Recreation Services (Global Learning)	3
HSC3537	Medical Terminology	3
Second Semester (12 credits):		
CLP4146	Psychopathology (previously known as "Abnormal Psychology". Do not re-enroll if already taken as Abnormal Psychology.)	3
LEI4705	Program Planning in Recreational Therapy (<i>prerequisite:</i> LEI3703)	3
LEI4711	Assessment and Documentation in Recreational Therapy (<i>prerequisite:</i> LEI3703)	3
SDS4403	Facilitative Communication and Helping Skills	3
Third Semester (12 credits):		
LEI4712	Evaluation and Evidence-Based Practice in Recreational Therapy (<i>prerequisite:</i> LEI4711)	3
LEI4724	Recreational Therapy Modalities and Techniques (<i>prerequisite:</i> LEI3703)	3
Electives	Electives (consider taking global learning foundations class; see advisor for GL requirement)	6
Other:		
Advisor-approved electives, minor or certificate to reach 120 total credits.		24

Graduation Requirements

- 1) FIU cumulative GPA of 2.0 or better on a 4.0 scale
- 2) Completion of a minimum of 120 semester hours in acceptable coursework; minimum of 45 credits must be upper division
- 3) University Foreign Language (FLENT/FLEX), Global Learning, Summer Enrollment, and Civics requirements must be met
- 4) All program and University requirements must be met

Notes

- 1) If CLP 4146 and/or HSC 3537 was taken as a transfer 1000/2000 level course, student will need to take an additional elective.
- 2) Students must get a 'C' or better in all program specific courses in order to get credit applied towards completion of degree requirements.

For more information about the program, contact:

Emily Messina, PhD, CTRS
Program Director, Rehabilitation and Recreational Therapy
Email: emessina@fiu.edu