



COUNSELOR EDUCATION PROGRAM CACREP VITAL STATISTICS & ANNUAL PROGRAM REPORT 2020-2021

The purpose of this annual report is to inform students, the public, and community stakeholders about student enrollment, student success, key findings, decisions, and modifications of the program in line with our program mission statement and objectives. The information below is based upon the 2020-2021 academic year, as required by the Council on Accreditation for Counseling & Related Educational Programs (CACREP).

FIU's Counselor Education program is comprised of three CACREP accredited tracks:

- Clinical Mental Health Counseling (Track coordinator: Dr. Isaac Burt)
 - Rehabilitation Counseling (Track coordinator: Dr. Valerie Dixon)
 - School Counseling (TBD)

Other administrative/service appointments include:

- Program Director, Dr. Valerie Dixon
- CACREP Liaison, Dr. Valerie Dixon
- Chi Sigma Iota (Delta Iota) Chapter Faculty Advisor, Dr. Christina McGrath-Fair
- Clinical Coordinator, Dr. Alena Prikhidko
- SARCA Faculty Advisor, Dr. Valerie Dixon
- Continuing Education Coordinator, Dr. Christina McGrath-Fair
- Comprehensive Exam Coordinator, Dr. Valerie Dixon

FACULTY DEMOGRAPHICS

During the 2020-2021 academic year, there has been some transition in the faculty. The core faculty during Fall 2020 were Drs. Isaac Burt, Maureen Kenny, Sandra Logan-McKibben, Valerie Dixon, Adriana McEachern, Christina McGrath-Fair (Visiting Clinical Assistant Professor) and Alena Prikhidko. Dr. Kenny transferred to FIU, Department of Psychology, Dr. McEachern retired and Dr. Logan-McKibben resigned at the conclusion of the Summer 2021 semester. Dr. Dixon has become the Program Director, Dr. Prikhidko has become the Clinical Coordinator, and Dr. Michelle Bradham-Coursar was hired as the Clinical Assistant Professor. The Fall 2021 semester faculty consistent of Drs. Dixon, Burt, Prikhidko, McGrath-Fair and Bradham-Coursar. Core faculty members include tenure- track/earning and clinical faculty lines. Each semester, adjunct faculty members serve the course needs of our students. In addition, we are excited to report that currently we have two open rank tenure-track faculty searches with the goal to hire a faculty with specialization in school counseling and another faculty with specialization in either mental health, school, or rehabilitation counseling. Currently, the search committee reviewed the applications and is working on scheduling interviews.

CORE FACULTY	Male	Female
African American/Black	1	2
American Indian/Native Alaskan	0	0
Asian American	0	0
Caucasian/White	0	2
Hispanic/Latino/Spanish American	0	0
Native Hawaiian/Pacific Islander	0	0
Multi-Racial	0	0
Other/Undisclosed	0	0

PROGRAM DEMOGRAPHICS

For this academic year, beginning Fall 2021 we received 130 applications to our CACREP-accredited Master's program in Counselor Education. Students enroll in a full-time cohort model, which ensures timely graduation in 2.5 to 3 years.

STUDENTS	Male	Female
African American/Black	2	12
American Indian/Native Alaskan	0	0
Asian American	1	0
Caucasian/White	1	13
Hispanic/Latino/Spanish American	1	51
Native Hawaiian/Pacific Islander	0	0
Multi-Racial	1	6
Other/Undisclosed	5	3

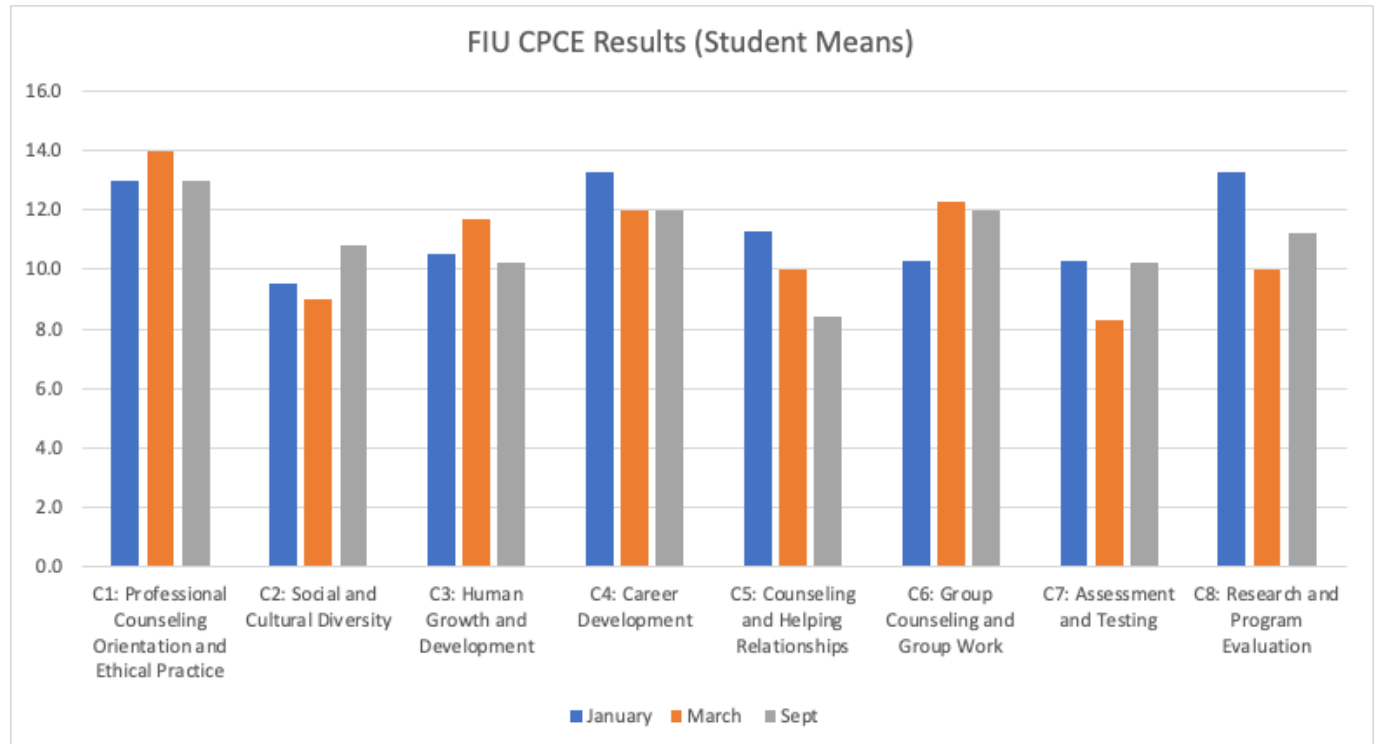
Clinical Mental Health Counseling Track (60 semester credits)

Our mission is to prepare competent clinical mental health counselors to significantly impact diverse individuals in a variety of settings (e.g., hospital, agencies, private practice). Our program trains counselors to meet the challenges involved in working in a multiethnic, multicultural, and urban environment. The second part of our mission is to provide both educational experiences that emphasize multiculturalism in practice and theory as well as opportunities for professional and personal growth. Finally, it is our intent to produce ethical and responsible clinical mental health counselors who function to help others achieve positive personal change.

Currently, we have 52 students enrolled in the CMHC track. In the past year, we have had a total of 15 graduates. The CPCE is a graduation requirement for all CMHC students. This exam is no longer administered three times a year on campus. Currently, students are provided authorization to take the exam once they are registered for practicum courses. The updated testing administration process includes students registering with CCE: Go to the CPCE registration link and fill out the required information (https://www.cce@global.org/Registration/CPCE_APB_Welcome), complete this registration at least 7 business days (not calendar) before testing to allow sufficient processing time. Once students complete the registration, they will receive an "Authorization to Test" email from Pearson within 7 business days. Students can test up to 3 times within the 6-month eligibility period if their eligibility will

not expire before the test date. Eligibility period extensions can be granted by the exit exam coordinator on a case-by-case basis.

The results of these three administrations for 2020-2021 are:



The passing rate for the CPCE is 100%.

Rehabilitation Counseling Track (60 semester credits)

Our mission is to prepare competent rehabilitation counselors to fulfill the national critical shortage of diverse and trained professionals who can provide vocational and rehabilitation counseling and services to individuals with physical and mental disabilities in a variety of settings (e.g., vocational rehabilitation agencies, private and forensic vocational rehabilitation services, rehabilitation centers, veteran hospitals, treatment centers, assisted living facilities). Secondly, to provide educational experiences that emphasize multiculturalism in practice and theory as well as opportunities for professional and personal growth. Thirdly, to produce ethical and responsible rehabilitation counselors who assist clients with physical, intellectual, and emotional disabilities reach their vocational and independent goals.

Currently, we have 18 students in enrolled in the RC track. In the past year, we have had a total of 3 graduates in 2020-2021 academic year. The CRC is a graduation requirement for all RC students. Thus, the passing rate is 100%. The job placement rate for Rehabilitation Counseling graduates is 100%.

School Counseling Track (57 semester credits)

Our mission is to prepare competent professional school counselors to significantly impact diverse individuals in a variety of settings (e.g., K-12) through the implementation of a data-driven comprehensive school counseling program. Our program trains counselors to meet

the challenges involved in working in a multiethnic, multicultural, and urban school environment. The second part of our mission is to provide both educational experiences that emphasize multiculturalism in practice and theory as well as opportunities for professional and personal growth. Finally, it is our intent to produce ethical and responsible school counselors who facilitate learning, development, and achieve positive change for students within urban, diverse school settings.

Currently, we have 26 students enrolled in the SC track. In the past year, we have had a total of 6 graduates during the 2020-2021 academic year. Successfully passing the following Florida Teacher Certification Exams (FTCE) exams: General Education exam, Professional Education exam, and the Subject Area Exam in Guidance and Counseling, is a graduation requirement of all SC students: Thus, the passing rate is 100%. The job placement rate for School Counseling graduates is 100%.

MAJOR PROGRAM ACTIVITIES

This year, the program faculty updated program objectives and began to use online program Tevera to assess student data informing the program development. All new student files will be maintained electronically. Hard copy student files were phased out over in Summer 2021. All students use Tevera during their practicum and internship courses/experiences.

In an effort to increase student success and graduation rates, and maintain structured course schedule, the faculty decided to reduce the program admissions from two times per year, to once per year in the Fall. The cohort model, implemented in 2018 showed its effectiveness, we continue to use it requiring students to enroll in 3 courses per semester for fall and spring semesters, and a minimum of 2 courses for summer terms. The faculty is constantly working on adding new site placements for the Field Experiences and revising the current list of placements, so that we can better ensure quality experiences and appropriate supervision. Additionally, faculty ensures that all supervisors have received appropriate training or possess supervisory credentialing by the state of Florida. In the Spring 2021 semester, the faculty will hold a training meeting for on-site supervisors (for CMHC & RC tracks) to discuss supervisory issues and the counseling faculty's expectations of students' field experiences.

Each fall semester, all faculty convene to review student dispositions and academic progress of each student in the Clinical Mental Health Counseling track; while each spring semester, faculty reviews all students enrolled in the Rehabilitation Counseling and School Counseling tracks. The counselor education student dispositions are listed in the table below.

<i>FIU Counselor Education Student Dispositions</i>	
W	Willingness to be committed to the counseling profession
O	Open to feedback & change
R	Responsible, respectful, & ethical
L	Lifelong learner through professional development
D	Dedicated to self-reflection
S	Self-efficacy in counseling knowledge & skills
A	Authentic and genuine with self & others
H	Honest & forthright
E	Empathic
A	Advocate for social justice & equality
D	Development towards a professional counseling identity

In sum, we are excited to report a total of 24 graduates during this academic year, with 96 currently enrolled, across all three specializations. Moreover, among the three tracks, our students have provided more than 26,000 hours of counseling service to the community.

Faculty Achievements

Dr. Isaac Burt

Publications

Meade, N.A., Branco, S., **Burt, I.**, White, R., Hanks, A. (In press). Cultural appropriation, appreciation, and adaption: A rejoinder to Greenleaf. *Journal of Counseling and Development*.

Burt, I. & Gonzalez, T. (2021). Flow state as an existential tool to increase optimal experience and life enjoyment. *Journal of Humanistic Counseling*, 60, 197-214. <https://doi.org/10.1002/johc.12165>

Burt, I., & Jenkins, K. (2021). Challenging cultural and systemic institutional norms that impede effective therapeutic relationships. *Journal of Multicultural Counseling and Development*, 49, 196-198. <https://doi.org/10.1002/jmcd.12224>

Burt, I., Pham, A., & Hyun, J. (2021). Reexamining Asian-American masculinity and the model minority myth through a school-based counseling group. *Professional School Counseling*, 25 (1c), 1-11. <https://doi.org/10.1177/2156759X211040032>

Pham, A.V., Goforth, A.N., Aguilar, L.N., **Burt, I.**, Bastian, R., & Diaków, D. (2021). Dismantling systemic inequities in school psychology: Cultural humility as a foundational approach to social justice. *School Psychology Review*. Advance online publication. <https://doi.org/10.1080/2372966X.2021.1941245>

Burt, I. (2020). I get money: A therapeutic financial literacy group for Black teenagers. *The*

Journal for Specialists in Group Work, 45(2), 165-181. <https://doi.org/10.1080/01933922.2020.1740845>

Book Chapter

Burt, I., Yellowhair, J., & Ivey, A. (2021). Clinical skills from a multicultural perspective: Counseling Native/Indigenous populations. In S.K. Butler & J. Filmore (Eds.), *Introduction into 21st century counseling*. San Diego, CA. Cognella.

Non-Peer Reviewed Publications

White, R., Hanks, A., Branco, S., Meade, N., & **Burt, I.** (2020). A collective voice: Indigenous resilience and a call for advocacy. *Counseling Today*. Retrieved from: <https://ct.counseling.org/2020/02/a-collective-voice-indigenous-resilience-and-a-call-for-advocacy/>

Presentations at Conferences

Hines, E., Moore, J.L., Butler, S.K., Shillingford-Butler, A., Smith, V., Appling, B., Robinson, S., **Burt, I.**, & Challenger, C. (2021, October). Males of color and school counseling: Major considerations and best practices. Presentation presented at the *Association for Counselor Education and Supervision Conference* in Atlanta, GA.

Burt, I. & Gonzalez, T. (2021, April). Using the neuroscience idea of flow state with multiculturalism to increase wellness. Presentation presented at the American Counseling Association Conference in Orlando, FL.

Mitchell, M., **Burt, I.**, Martinez, M., Band, M. (2020, March). Cross-cultural mentoring: A multicultural model for inclusion in the 21st Century. Presentation accepted at the *American Counseling Association Conference* in San Diego, CA. (**Conference cancelled due to COVID-19**).

Grants

Burt, I., Jefferson, J., Reid, M., Caraballo, A., & Fletcher, T., (2020). *Strong and powerful: Unity and collaboration between HBCUs and HSIs*. Department of Counseling, Recreation, and School Psychology (CRSP) Collaborative Projects on Equity, Diversity, & Social Justice seed grant (Collaboration between the departments of CRSP, Engineering, Psychology, and Public Policy & Administration). Principal Investigator. 2020-2021. \$8,000, awarded.

Burt, I., Dixon(Russell), V.E, & Jones, G. (2020). *Making it rain: A therapeutic financial literacy group for Black/African American teenagers*. Department of Counseling, Recreation, and School Psychology (CRSP) Collaborative Projects on Equity, Diversity, & Social Justice seed grant. Principal Investigator. 2020-2021. \$4,000, awarded.

Funded Fellowships

Burt, I. (2019). ADVANCE Faculty Fellowship. (2019-2020).

National Professional Service

- 2021-Present Co-chair for ACA 2021-2022 Black Male Experience Task Force Committee
- 2020-Present Associate Editor, *Journal of Multicultural Counseling and Development*
- 2018-2021 Editorial board member, *Journal of Multicultural Counseling and Development* (Second Term)
- 2018-2021 Editorial board member, *Journal for Specialists in Group Work*
- 2019-Present Advisory Board member for ACA-endorsed Council of State Governments (CSG) to develop an occupational licensure compact (National licensure)
- 2014-2020 Vice President for Native American Concerns Group for the Association for Multicultural Counseling and Development (AMCD)

Dr. Valerie Dixon

Published Book:

Talley, W., **Dixon (Russell), V.E.D.**, and Flowers, C. R. (2021). Multicultural issues in rehabilitation and allied health. Aspen Professional Services: Linn Creek, MO.

Funded Research:

Dixon, V. E. (PI). (2020-2025). *Training "A.B.L.E" Rehabilitation Counselors at Florida International University*. Department of Education RSA Long-term training grant.
Funded amount: 900,000.00

National Conference Presentations:

Dunlap, P., & **Dixon (Russell), V.E.D.** (2021). Modern Slavery: The intersection of disability and human trafficking. 2020 American Counseling Association (ACA) Conference and Expo. Virtual.

Dixon (Russell), V.E.D., Balva, D., Bradham-Cousar, M., and Sacco-Bene, C. (2020). Equality: Disability and Racial Health Disparities. Florida Counseling and American Rehabilitation Counseling Association. Virtual

Chapter in Book:

Dixon (Russell), V.E., Lewis, A.N. Jr., Ford-Johnson, L. (2021). Health disparities in racial-

ethnic minority groups: Implications for rehabilitation and allied health professionals. In Talley, W., Russell, V.E.D., Flowers, C. R. (Eds.). *Multicultural Issues in Rehabilitation and Allied Health (2nd Ed.)*.

Dr. Christina McGrath-Fair

Publications

McGrath Fair, C. (2021) Building competency regarding sexual minoritized communities. *Association of Counseling Sexology & Sexual Wellness Newsletter*, 6(1), p. 6-9.

Grant

Williams, C., Greene-Rooks, J., Taylor, J., Parker, L., **McGrath Fair, C.**, & Fachilla, F. (2020). *Counseling Student Census*, IRB Submission.
Funding for this research was provided by a grant from the Southern Association for Counselor Education and Supervision (www.saces.org)- 2021

Invited Presentations

McGrath Fair, C. (2021). *Florida Boundaries & Ethics 3-hour CE*, Presentation for FCA Convention Pre-convention, Virtual.

McGrath Fair, C. (2021). *Money & Motivations*, Florida Counseling Association Leadership Development Institute, Virtual.

McGrath Fair, C. (2021). *Introduction to the Enneagram*, Florida Counseling Association Leadership Development Institute, Virtual.

McGrath Fair, C. & DeMonte, L. (2021). *Creating a Gender Inclusive Classroom and Syllabus*, Southern Association for Counselor Educators & Supervisors Webinar Series, Virtual.

McGrath Fair, C. (2021). *Laws & Rules 3-hour CE*, Presentation for the Gulf Coast Mental Health Association, Virtual.

Presentations

Taylor, J., **McGrath Fair, C.**, Parker-Barnes, L., Greene-Rooks, J., Fachilla, F., & Miller, C. (2021). *Exploring class privilege and classism in counselor training programs*, Content Session at ACES Biannual Conference, Hyatt Regency, Atlanta, GA.

McGrath Fair, C., Machado, M., & Shure, L. (2021). *Mentor Relationships in Social Justice Counseling*, Presentation at the Florida Counseling Association Convention, Virtual.

Pollard-Kosidowski, B. L., Machado, M., **McGrath Fair, C.**, De Monte, L., Guth, L. J., & Choudhuri, D.D. (2021) *Lighting trails of hope: Grassroots social justice and advocacy in Counseling*, ASGW-sponsored presentation for the American Counseling Association Conference, Virtual.

Machado, M. & McGrath Fair, C. (2020). *Ethics, Mental Health, & Justice: Supporting Clients at the Margins*, Presentation at the Florida Counseling Association Convention, Virtual.

Award

2021 Florida Counseling Association Member of the Year

Leadership & Service

Counseling for Social Justice Mentorship Committee Co-Chair
 Florida Counseling Association Foundation Board Member
 Florida Association for Lesbian, Gay, Bisexual, & Transgender Issues in Counseling President
 Society for Sexual, Affectional, Intersex, and Gender Expansive Identities Conference Committee
 School of Education and Human Development Equity in Education Collective Committee

Dr. Alena Prikhidko

Publications

Swank, J. M., Weaver, J. L., & Prikhidko, A. (2021). Children and Adolescents' Lived Experiences During the COVID-19 Pandemic. *The Family Journal*. <https://doi.org/10.1177/10664807211052303>

International Investigation of Parental Burnout (IIPB) Consortium. (2021). Parental Burnout Around the Globe: A 40-country study. *Affective Science*, 2(1), 58-79

Kenny, M., Prikhidko, A. (2021). Mothers' Attitudes Toward Child Sexual Abuse Prevention in Schools. *Journal of Child and Adolescent Trauma*, <https://doi.org/10.1007/s40653-021-00361-1>

Long, H., Prikhidko, A., Bendeck, A.C., Yumusak, S. (2021). Measurement invariance of Intensive Parenting Attitudes questionnaire across gender and race. *Journal of Family Psychology*. Advance online publication. <https://doi.org/10.1037/fam0000889>

Prikhidko, A., & Kenny, M. (2021). Examination of parents' attitude toward and efforts to discuss child sexual abuse prevention with their children. *Child and Youth Services Review*, 121, 105810. <https://doi.org/10.1016/j.chilyouth.2020.105810>

Prikhidko, A., Long, H., & Wheaton, M. G. (2020). The effect of concerns about COVID-19 on anxiety, stress, parental burnout, and emotion regulation: The role of susceptibility to digital emotion contagion. *Frontiers in Public Health*, 8, 894. <https://doi.org/10.3389/fpubh.2020.567250>

Swank, J., Jo, L., & Prikhidko, A. (2020). Children and adolescents' lived experiences during COVID-19. Revised and Resubmitted. *Journal of Children and Adolescents*.

Prikhidko, A., & Swank, J. (2020). Exhausted parents experience of anger: The relationship between anger and burnout. *The Family Journal*, 28(3), 283-289.

<https://doi.org/10.1177/1066480720933543>

Wheaton, M., & **Prikhidko, A.** (2020). Is fear of COVID-19 contagious? The effects of emotion contagion and social media use on anxiety in response to the coronavirus pandemic. *Frontiers in Psychology, 11*. <https://doi.org/10.3389/fpsyg.2020.567379>

Jacob, C., & **Prikhidko, A.** (2020). Exploring emotion regulation in counselors' management of attraction to clients. *Journal of Creativity in Mental Health*, 1-14. Advance Online Publication. <https://doi.org/10.1080/15401383.2020.1856015>

Prikhidko, A., Su, Y.-W., Housckeshnet, A., & Swank, J.(2020). Emotion regulation for counselors-in-training: A Grounded Theory. *Counselor Education and Supervision, 59*(2), 96-111. <https://doi.org/10.1002/ceas.121169>

Book Chapter

Prikhidko, A. (2020). Domestic Violence in Russia: Marriage and Family Counseling Approach. *International Handbook on Marriage and Family Therapy*. Guilford Press

Conference Presentations

Prikhidko, A., Long, H., Wheaton, M. (2021). The Effect of Covid-19 on Parental Burnout: Digital Emotion Contagion. International Conference on Parental Burnout

Michelle Bradham-Cousar

Publications

Sears, R., Reichgelt, J., McHale, J., Gallardo, G., Reese, G., Dutton, T., Akiwumi, F., Thompson-Dorsey, D., **Bradham-Cousar, M.** Edmond, J., & Blackshear, J., (2021). *Examination of Historical and Modern-Day Impact of Structural Racism on the Lives of Black People in the City of St. Petersburg, Florida*. Report prepared for the City of St. Petersburg, Florida for Mayor Rick Kriseman.

Conference and Webinar Presentations

Moore, L., Gabbidon, K., **Bradham-Cousar, M.**, & Johnson-Austin, S., (October, 2021). *Supporting SISTSS Presentence in the Academe via C10*. Education for Justice Conference, Tampa, FL.

Bradham-Cousar, M. (2021). *Careers in Rehabilitation*. Albany State University, Albany, GA.

Dixon(Russell), V.E.D, **Bradham-Cousar, M.**, Balva, D., & Sacco-Bene, C., (December, 2020). *Equality? Disability and Racial Health Disparities*. American Rehabilitation Counseling Association, Alexandria, VA.

Butler-Guyton, C., **Bradham-Cousar, M.**, Balva, D., Perjessy, C., Martensen, C.N., Super, J., Butler, S.K., & Smith, S. (October, 2020). *Ethics in Leadership*. Florida Counseling Association,

Orlando, FL.

Guest Reviewer for Refereed Journal

Journal of Applied Rehabilitation Counseling

Service and Community Engagement

American Counseling Association, By-laws Committee Co-Chair (2021-2022)

American Counseling Association Southern Region Past-Chair (2021-2022)

Grants Funded

2021 Albany State University, Rehabilitation Service (\$1000)

As the only public, CACREP-accredited institution serving the greater Miami-Dade area, we are committed to promoting excellence in counseling and serving the academic and mental health needs in our community.

Sincerely,

Valerie E Dixon

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