

**Department of Counseling, Recreation and School Psychology**  
**B.S in Rehabilitation and Recreational Therapy: Recreational Therapy Track**

**Program Description**

The Bachelor of Science in Rehabilitation and Recreational Therapy is designed to prepare students to become competent entry-level rehabilitation professionals and recreational therapists in the cognitive (knowledge), psychomotor (skills) and affective (behavior) learning domains. The recreational therapy track prepares students to be eligible for certification as a Certified Therapeutic Recreation Specialist (CTRS) via the academic path and work as a recreational therapist right after graduation. The curriculum in the recreational therapy track emphasizes the role of recreational therapy in the health care team through treatment, education, and the provision of recreation and leisure-based interventions – all of which are instrumental to improving and maintaining physical, cognitive, emotional, & social functioning, preventing secondary health conditions, and enhancing quality of life.

**Course Requirements:** 57 credits of required courses + 3 credits of electives

PREREQUISITES		
Course:		Credit Hours:
DEP 2000	Human Growth Development	3
<b>Transfer:</b> BSC 2085 & lab <b>FIU:</b> PET 3325/L, ZOO 3731/L, BSC 2085/L	Human Anatomy (or combination course of Human Anatomy and Physiology)	4
<b>Transfer:</b> BSC 2086 <b>FIU:</b> APK 3110, HSC 3549, PCB 2099/L, PCB 3702/L, BSC 2086/L	Physiology (or combination course of Human Anatomy and Physiology)	3-4

PROGRAM OF STUDY		
Course:		Credit Hours:
<b>First Semester (15 credits):</b>		
LEI3400	Conditions and Diagnoses in Recreational Therapy ( <i>co-requisite:</i> LEI3703)	3
LEI 3703	Introduction to Recreational Therapy ( <i>co-requisite:</i> LEI3400)	3
LEI 3707	Inclusive Recreation Services (Global Learning)	3
HSC3537	Medical Terminology	3
LEI3001	Leisure and Recreation in America	3
<b>Second Semester (15 credits):</b>		
CLP4146	Psychopathology (Previously "Abnormal Psychology". Do not re-enroll if already taken as Abnormal Psychology.)	3
LEI4711	Assessment and Documentation in Recreational Therapy ( <i>prerequisite:</i> LEI 3703)	3
LEI 4705	Program Planning in Recreational Therapy ( <i>prerequisite:</i> LEI3703)	3
SDS4403	Facilitative Communication and Helping Skills	3
LEI3723L	Recreational Therapy Facilitation Techniques and Modalities Lab (topic 1)	1
LEI3723L	Recreational Therapy Facilitation Techniques and Modalities Lab (topic 2)	1
LEI3723L	Recreational Therapy Facilitation Techniques and Modalities Lab (topic 3)	1
<b>Third Semester (15 credits):</b>		
LEI4724	Recreational Therapy Modalities & Techniques ( <i>prerequisite:</i> LEI3703)	3
LEI4712	Evaluation and Evidence-Based Practice in Recreational Therapy ( <i>prerequisite:</i> LEI 4711)	3
LEI4940	Fieldwork in Rehabilitation and Recreational Therapy (320 hours total = 160 hours x 2 sites, 27 hours per week minimum) ( <i>prerequisite:</i> LEI 3703 & LEI 4705) ( <i>requires completion of orientation and paperwork the semester before enrolling</i> ) (GPA: 2.5)	6
Elective	Advisor-approved elective (consider taking GL Foundations course; see advisor for GL requirements)	3
<b>Fourth Semester (15 credits)</b>		
LEI4941	Recreational Therapy Internship (must meet NCTRC requirements: CTRS supervised, minimum 560-hours for 14 consecutive weeks) ( <i>prerequisite:</i> LEI4940) ( <i>requires completion of orientation and paperwork the semester before</i> ) (GPA: 2.5)	12
LEI4720	Management & Supervision in Recreational Therapy	3

**Graduation Requirements**

- 1) FIU cumulative GPA of 2.5 or better on a 4.0 scale; all program and university requirements must be met
- 2) Completion of a minimum of 120 semester hours in acceptable coursework; minimum of 45 credits must be upper division
- 3) University Foreign Language (FLENT/FLEX), Global Learning, Summer Enrollment, and Civics requirements must be met

**Notes**

- 1) If CLP 4146 and/or HSC 3537 was taken as a transfer 1000/2000 level course, student will need to take an additional elective. Student must complete three different topics to satisfy Recreational Therapy Labs.
- 2) Students must get a 'C' or better in all program specific courses in order to get credit applied towards completion of degree requirements.

<p><b>For more information about the program, contact:</b> Emily Messina, PhD, CTRS Email: <a href="mailto:emessina@fiu.edu">emessina@fiu.edu</a> Office: ZEB 333; Phone: 305-348-3391</p>	<p><b>For more information about internships, contact:</b> Lauren Ortega, M.S., CTRS E-mail: <a href="mailto:laortega@fiu.edu">laortega@fiu.edu</a> Office: ZEB 335A</p>
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