



Viva **LA IKIGAI**

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FIU

Arts, Sciences
& Education

FLORIDA INTERNATIONAL UNIVERSITY

*Rocking Student Self-
Discovery and Purpose*



Set List

- 1. About FIU**
- 2. Pre-College Experience**
- 3. Potential Implications**
- 4. Looking Forward**
- 5. Showtime**
- 6. Ikigai Defined**
- 7. Power of Ikigai**
- 8. Ways to implement**

About FIU

- Miami's Public research university
- Hispanic -Serving Institution and Minority -Serving Institution
- Online and in -person
- 56,000 students



Pre-College Experience

Course Selection

Magnet Program

Funding

Engagement Opportunities



Potential Implications

From Application to Career

Almost two-thirds of students feel overwhelmed by the process of selecting a major (“New Survey: Student Confusion, 2019)

About 30% of undergraduates changed their major at least once, with 1 in 10 doing so more than once (US Department of Education).

Strong relationship between sense of purpose and degree commitment, persistence and completion.
(Sharma and Yukhymenko-Lescroart)



Looking Forward

Self-Discovery



Reflection



Engagement



Showtime

Instructions:

- Follow along with presentation
- Create list, the longer the better
- ZERO judgment

Ready?

Open your Tour Booklets



Your Greatest Hits

- **Activities**
- **Tasks**
- **Generalities**
- **Specifics**
- **Done? No!**
- **What about those do you love?**
- **Uncover characteristics, traits, etc.**



Your Skill Setlist



- **Tasks**
- **Activities**
- **School**
- **Work**
- **Awards**
- **Voluntold**

What the World's Listening For

- **Goods, services, etc.**
- **Institutions**
- **Communities**
- **Generalities**
- **Specifics**

Your Paid Gigs

A musician is seen from behind, wearing a black leather jacket and playing a guitar on a stage at night. The stage is lit with warm, yellowish light, and there is a large plume of smoke or fog in the background. In the foreground, a crowd of people is visible, looking towards the stage. The overall atmosphere is that of a live music performance.

- **Careers**
- **Jobs**
- **Review prior lists**

Perfection in Harmony



The Perfect Set List



Iki + gai

- Reason for being
- Purpose

☀ *What gets you up in the morning*

⚖ **Different opinions**

🕶 **Visual Framework**

Power of Ikigai

Experiences

Internships / Jobs /
Volunteering / Hobbies



Academics

Content / Assignments /
Projects / Impact /
Professional Development



Research

Informational Interviews /
Online Research /
Surveys





Ways to Implement

Pre-Admission

Advising

Workshops

Classroom

New Advisor Training



Leveraging Technology

Utilize AI technology:

- **Generate additional questions**
- **Input responses for:**
 - **patterns**
 - **aligned career or major options**
- **Suggested next steps**

Revisiting





Works Cited

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Thank You



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Questions

