

Department of Counseling, Recreation and School Psychology
B.S in Rehabilitation and Recreational Therapy: Recreational Therapy Track

Program Description

The Bachelor of Science in Rehabilitation and Recreational Therapy is designed to prepare students to become competent entry-level rehabilitation professionals and recreational therapists in the cognitive (knowledge), psychomotor (skills) and affective (behavior) learning domains. The recreational therapy track prepares students to be eligible for certification as a Certified Therapeutic Recreation Specialist (CTRS) via the academic path and work as a recreational therapist right after graduation. The curriculum in the recreational therapy track emphasizes the role of recreational therapy in the health care team through treatment, education, and the provision of recreation and leisure-based interventions – all of which are instrumental to improving and maintaining physical, cognitive, emotional, & social functioning, preventing secondary health conditions, and enhancing quality of life.

Course Requirements: 57 credits of required courses + 3 credits of electives

PREREQUISITES		
Course:		Credit Hours:
DEP 2000	Human Growth Development	3
Transfer: BSC 2086 & lab OR FIU: PET 3325C/L OR ZOO 3731/L	Human Anatomy (or combination course of Human Anatomy and Physiology)	4
Transfer: BSC 2086 OR FIU: APK 3110 OR HSC 3549 OR PCB 2099/L OR PCB 3702/L	Physiology (or combination course of Human Anatomy and Physiology)	3-4

PROGRAM OF STUDY		
Course:		Credit Hours:
First Semester (15 credits):		
LEI3400	Conditions and Diagnoses in Recreational Therapy (<i>co-requisite:</i> LEI3703)	3
LEI 3703	Introduction to Recreational Therapy (<i>co-requisite:</i> LEI3400)	3
LEI 3707	Inclusive Recreation Services (Global Learning)	3
HSC3537	Medical Terminology	3
LEI3001	Leisure and Recreation in America	3
Second Semester (15 credits):		
CLP4146	Psychopathology (Previously "Abnormal Psychology". Do not re-enroll if already taken as Abnormal Psychology.)	3
LEI4711	Client Assessment, Documentation, & Evaluation in RT (<i>prerequisite:</i> LEI 3703)	3
LEI 4724	Recreational Therapy Facilitation Techniques (<i>prerequisite:</i> LEI3703)	3
SDS4403	Facilitative Communication and Helping Skills	3
LEI3723L	Recreational Therapy Facilitation Techniques and Modalities Lab (topic 1)	1
LEI3723L	Recreational Therapy Facilitation Techniques and Modalities Lab (topic 2)	1
LEI3723L	Recreational Therapy Facilitation Techniques and Modalities Lab (topic 3)	1
Third Semester (15 credits):		
LEI4705	Program Planning in Recreational Therapy (<i>prerequisite:</i> LEI3703)	3
LEI4712	Evaluation and Evidence-Based Practice in Recreational Therapy (<i>prerequisite:</i> LEI3703)	3
LEI4940	Internship I (320 hours total = 160 hours x 2 sites, 27 hours per week minimum) (<i>prerequisite:</i> LEI 3703) (<i>requires completion of orientation and paperwork the semester before enrolling</i>) (GPA: 2.5)	6
Elective	Advisor-approved elective (consider taking GL Foundations course; see advisor for GL requirements)	3
Fourth Semester (15 credits)		
LEI4941	Internship II (CTRS supervised; 560 hours, 14 consecutive weeks x 40 hours/week) (<i>prerequisite: all above courses completed</i>) (<i>requires completion of orientation and paperwork the semester before</i>) (GPA: 2.5)	12
LEI4720	Trends, Issues, and Managerial Aspects of Recreational Therapy (pre-requisite LEI 3703)	3

Graduation Requirements

- 1) FIU cumulative GPA of 2.5 or better on a 4.0 scale; all program and university requirements must be met
- 2) Completion of a minimum of 120 semester hours in acceptable coursework; minimum of 45 credits must be upper division
- 3) University Foreign Language (FLENT/FLEX), Summer Enrollment, and Civics requirements must be met

Notes

- 1) If CLP 4146 and/or HSC 3537 was taken as a transfer 1000/2000 level course, student will need to take an additional elective. Student must complete three different topics to satisfy Recreational Therapy Labs.

For more information about the program, contact: Tania Santiago-Perez, M.S., CTRS Email: tsantiag@fiu.edu Office: ZEB 336-A; Phone: 305-348-3220	For more information about internships, contact: Lauren Ortega, M.S., CTRS E-mail: lalfonso@fiu.edu Office: ZEB 335A
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