



**Rehabilitation
&
Recreational Therapy
Program**

Student Handbook

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Introduction to the Program

Mission: The B.S. in Rehabilitation and Recreational Therapy program prepares students to become competent entry-level rehabilitation professionals and recreational therapists in the cognitive (knowledge), psychomotor (skills), and affective (behavior) domains.

Vision: To create leaders in the fields of Rehabilitation and Recreational Therapy who have the knowledge, skills, and passion to provide evidence-based services that protect, promote, and enhance the health, well-being, and quality of life of those they serve.

The Rehabilitation and Recreational Therapy (RRT) program prepares graduates to become Certified Therapeutic Recreation Specialists (CTRS) to provide recreation-based health treatment to people with injuries, illnesses, and/or disabilities. Recreational Therapists help people maintain or improve their physical, social, and mental health through recreation-based interventions such as therapeutic use of play and games, expressive arts, physical activity, sports interventions, and mind-body interventions, among others. Recreational Therapists work in a variety of settings, including physical medicine and rehabilitation hospitals, behavioral/mental health facilities, long-term care agencies, human service settings, parks and recreation departments, military service organizations, home health care, and community organizations. Graduates of our Rehabilitation track within the Rehabilitation and Recreational Therapy degree often enroll in graduate programs to pursue allied healthcare careers such as Physical Therapy, Occupational Therapy, and Athletic Training.

The RRT program is integral to the health-focused strategic objectives outlined in the FIU's 2030 Strategic Plan, particularly in the development of a cutting-edge academic health learning center, the establishment of health-clinical alliances, contributions to addressing health equity gaps, and the creation of innovations aimed at improving health outcomes. Our program aligns with FIU's commitment to becoming a leader in human health by preparing students to deliver non-pharmaceutical interventions that take a holistic approach to health. Our graduates are equipped with the knowledge and skills to collaborate within healthcare systems and with communities to design and implement innovative health solutions that improve population health and enhance the quality of life of individuals. The program prepares professionals who constitute a key part of the healthcare and human services workforce in the Greater Miami and South Florida regions.

Curriculum Tracks

Our program has two different curriculum tracks, with overlapping core courses. Use [this decision tree](#) to learn more or read below.

Rehabilitation Track

The Rehabilitation [Track](#) is suitable for students interested in graduate programs in other allied healthcare professions (such as Physical Therapy, Occupational Therapy, Counseling, and School Psychology). The courses in the rehabilitation track emphasize the broad spectrum of health care through treatment, education, and therapeutic services – all of which are instrumental to improving and maintaining physical, cognitive, emotional and social functioning, preventing secondary health conditions, and enhancing overall quality of life. This track provides 30 credits of electives that can be used for prerequisite courses for graduate programs.

Graduates of the Rehabilitation Track can meet the National Council for Therapeutic Recreation Certification (NCTRC) requirements to become a Certified Therapeutic Recreation Specialist (CTRS) after graduation if they gain Professional Experience that meets NCTRC's [guidelines](#). Professional Experience can be fulfilled by ONE of the following options:

- Completing 5,000 hours of paid work experience using the TR process
- Completing 1,500 hours of paid work experience supervised by a CTRS.
- Completing FIU's Professional RT Certificate – Clinical Experience Track

Students interested in pursuing this path after graduation are encouraged to contact tlporter@fiu.edu for guidance on meeting the professional experience requirement and preparing for the NCTRC exam.

Rehabilitation track - [curriculum sheet](#)

Number of credits required for completion of the program:

- 30 credits of required courses + 30 credits of advisor-approved electives

Criteria for successful completion of each segment of the curriculum and for graduation:

- 1) FIU cumulative GPA of 2.0 or better on a 4.0 scale
- 2) Completion of a minimum of 120 semester hours in acceptable coursework; minimum of 45 credits must be upper division
- 3) University Foreign Language (FLENT/FLEX), Global Learning, Summer Enrollment, and Civics requirements must be met
- 4) All program and University requirements must be met

Recreational Therapy Track

The Recreational Therapy (RT) [Track](#) prepares students to become a Certified Therapeutic Recreation Specialist (CTRS). Students in the RT track complete fieldwork placement and an academic internship. Graduates of the RT Track meet all the National Council for Therapeutic Recreation Certification (NCTRC)'s educational and professional experience [requirements](#) to become certified after completion of the degree.

Recreational Therapy is a fast-growing profession. According to the U.S Department of Labor's Occupational Outlook Handbook, employment of recreational therapists is projected to grow 7 percent from 2018 to 2028, faster than average for all occupations. The increase in the number of aging adults is generating recreational therapy jobs nationwide, and especially in Florida, the state with the highest percentage of persons ages 65 and over.

Recreational Therapy track - [curriculum sheet](#)

Number of credits required for completion of the program:

- 57 credits of required courses + 3 credits of electives

Criteria for successful completion of each segment of the curriculum and for graduation:

- 1) FIU cumulative GPA of 2.5 or better on a 4.0 scale; all program and university requirements must be met
- 2) Students must get a 'C' or better in all program specific courses in order to get credit applied towards completion of degree requirements.
- 3) Completion of a minimum of 120 semester hours in acceptable coursework; minimum of 45 credits must be upper division
- 4) University Foreign Language (FLENT/FLEX), Global Learning, Summer Enrollment, and Civics requirements must be met
- 5) All program and University requirements must be met

Program Goals

PG1: Students will demonstrate competence in the selection, administration, interpretation, and documentation of client assessment.

PG2: Students will demonstrate competence in the development of an individualized treatment plan.

PG3: Students will demonstrate competence in the facilitation and implementation of various activities under a specific modality.

PG4: Students will demonstrate competence in the systematic evaluation of a program.

PG5: Students will demonstrate competence in theories, philosophical orientations, and models relevant to the field of Recreational Therapy.

PG6: Students will demonstrate competence in the use of facilitation techniques and modalities appropriate to various populations.

PG7: Students will demonstrate competence in management strategies, including diversity focused and cross-cultural skills.

PG8: Students will demonstrate competence in knowledge of patient/client medical conditions and diagnoses within Recreational Therapy and Rehabilitation settings

PG9: Students will integrate theory and practice in health, habilitation, treatment, wellness, prevention and evidence-based practice in Recreational Therapy and Rehabilitation through internship experiences.

Accreditation

Institutional Accreditation

Florida International University is accredited by the Southern Association of Colleges and Schools Commission on Colleges (SACSCOC) to award associate, baccalaureate, master's, educational specialist, and doctorate degrees. Florida International University also may offer credentials such as certificates and diplomas at approved degree levels. Questions about the accreditation of Florida International University may be directed in writing to the Southern Association of Colleges and Schools Commission on Colleges at 1866 Southern Lane, Decatur, GA 30033-4097, by calling (404) 679-4500, or by using information available on SACSCOC's website (www.sacscoc.org).

The University maintains the standards specified by SACSCOC "Principles of Accreditation" and notifies SACSCOC of any substantive changes.

Every ten years a university's accreditation must be reaffirmed. FIU was first accredited in 1974, and reaffirmed in 1980, 1990, 2000, 2010, and 2021. The next reaffirmation is 2031.

For information about the SACSCOC or the accreditation process, visit the [SACSCOC website](#).

Program level Accreditation

The Committee on Accreditation for Recreational Therapy Education (CARTE), under the auspices of the Commission on Accreditation of Allied Health Education Programs (CAAHEP), promotes and advances the quality of educational programs for recreational therapy.

The purpose of CARTE is to promote the highest levels of professional competence of recreational therapists through the:

- development and promotion of professional preparation standards.
- encouragement of excellence in educational program development.
- accreditation of recreational therapy professional preparation programs.

The FIU Rehabilitation and Recreational Therapy will be submitting their self-study for accreditation with the CARTE in the Summer of 2025, with a site visit from CARTE representatives planned for Fall 2025.

All course outcomes and major assignments have been aligned with the CARTE standards described below, and relevant course content has been outlined in curriculum maps and matrices.

See below for the CARTE/CAAHEP Curriculum Competencies for an Educational Program in Recreational Therapy.

Curriculum Competencies for an Educational Program in Recreational Therapy
(CARTE / CAAHEP, 2017)

- Foundations of Professional Practice: Integrate an understanding of history, service models, theory/philosophy, ethics, credentials, professional conduct, evidence-based practice and professional development with recreational therapy (RT) practice.
- Individualized Patient/Client Assessment: Develop competence to individually screen, assess and systematically collect comprehensive and accurate data about patients/clients in an efficient and effective manner and to analyze the data collected to determine the course of actions subsequent to an individualized treatment/ program plan.
- Planning Treatment/Programs: Develop competence in the planning and development of individualized treatment plans that identify functional outcome goals, modalities, facilitation techniques and interventions based on assessment data collected and evidence regarding the diagnosis and treatment of specific medical, psychiatric and other disabling conditions.
- Implementing Treatment/Programs: Develop competence to implement the individualized treatment/program plan using appropriate evidence-based treatment interventions and programs to restore, remediate, or rehabilitate patient/client functioning as well as to reduce or eliminate the limitations to participation in life activities resulting from medical, psychiatric or other disabling conditions.
- Treatment Modalities: Acquire specific modality/skills and facilitation techniques used as treatment interventions in recreational therapy practice.
- Evaluating Treatment/Programs: Systematically conduct evaluation and research to determine the effectiveness of treatment interventions and programs used to reach patient/client outcomes.
- Managing Recreational Therapy Practice: Develop the basic competencies to manage their practice. Additional competencies are needed to manage a department and/or additional staff.

Program Policies (stated in all program course syllabi)

Academic Integrity

You are expected to be honest in all academic work, consistent with the academic integrity policy as outlined in the Code of Student Conduct and any additional syllabus language. All work is to be appropriately cited when it is borrowed, directly or indirectly, from another source. Unauthorized and/or unacknowledged collaboration on any work, or the presentation of someone else's work, is plagiarism. Content generated by an Artificial Intelligence third-party service or site (AI-generated content) without proper attribution or authorization is another form of plagiarism. If you are unsure about whether something may be plagiarism or another form of academic dishonesty, please reach out to me to discuss it as soon as possible.

All students are expected to adhere to a standard of academic conduct, which demonstrates respect for themselves, their fellow students, and the educational mission of the University.

All students are deemed by the University to understand that if they are found responsible for academic misconduct, they will be subject to the Academic Misconduct procedures and sanctions, as outlined in the Student Conduct and Honor Code.

Academic Misconduct includes:

Cheating

- The unauthorized use of any materials, information, study aids or assistance from another person on any academic assignment or exercise, unless explicitly authorized by the course Instructor (THIS INCLUDES WHATS APP group chats and other digital mediums).
- Assisting another student in the unauthorized use of any materials, information, study aids, unless explicitly authorized by the instructor.
- The unauthorized use of a substitute, *including any forms of Artificial Intelligence (AI)*, to complete any academic assignment or completing an academic assignment for someone else, either paid or unpaid.

Plagiarism

- The deliberate use and appropriation of another's work without any indication of the source and the representation of such work as the student's own, including work generated from any form of Artificial Intelligence (AI).
- Assisting another student in the deliberate use and appropriation of another's work without any indication of the source and the representation of such work as the student's own.

Commercial Use

- The selling of course material to another person, Student, and/or uploading course material to a third-party vendor without authorization or without the express written permission of the University and the Instructor. Course materials include but are not limited to class notes, Instructor's PowerPoints, tests, quizzes, labs, instruction sheets, homework, study guides, assignments, and handouts.

Falsification

- Statement of any untruth, either spoken or written, regarding any circumstances relative to academic work (e.g., inaccurately reporting service-learning hours; lying when confronted regarding an academic integrity violation)

Multiple submissions

- Submitting substantial portions of the same academic work for credit more than once without authorization from the faculty member.

Violation assistance

- Knowingly helping or attempting to help someone in an act that constitutes an academic integrity violation (e.g., allowing others to copy answers during the exam, sharing your assignment with another student).

Violation attempts

- Attempting any act that if completed would constitute an academic integrity violation (e.g., asking colleagues for help on assignments that are to be completed independently).

Accessibility and Accommodation

The Disability Resource Center collaborates with students, faculty, staff, and community members to create diverse learning environments that are usable, equitable, inclusive, and sustainable. The DRC provides FIU students with disabilities the necessary support to successfully complete their education and participate in activities available to all students. If you have a diagnosed disability and plan to utilize academic accommodations, please contact the Center at 305-348-3532 or visit them at the Graham Center GC 190.

For additional assistance please contact [FIU's Disability Resource Center](#).

Please visit accessibility.fiu.edu for additional information about accessibility at FIU.

Panthers Care & Counseling and Psychological Services (CAPS)

If you are looking for help for yourself or a fellow classmate, Panthers Care encourages you to express any concerns you may come across as it relates to any personal behavior concerns or worries you have, for the classmate's well-being or yours; you are encouraged to share your concerns with [FIU's Panthers Care website](#).

[Counseling and Psychological Services \(CAPS\)](#) offers free and confidential help for anxiety, depression, stress, and other concerns that life brings. Professional counselors are available for same-day appointments. Don't wait to call (305) 348-2277 to set up a time to talk or visit the online self-help portal.

Emergency Preparedness Instructions and continuity of instruction in the event of catastrophe

FIU Communications and FIU News provide emergency updates to the University community via email, phone call, text messages, and social media announcements and the department of Counseling, Recreation & School Psychology has a Continuity of Operations Plan (COOP), which undergoes annual updates. In the event of an emergency, please check <https://dem.fiu.edu/index.html> for institutional announcements, please check the Rehab/RT program Canvas page <https://fiu.instructure.com/courses/172024/announcements> for program announcements, and please check your course Canvas page for course specific announcements.

Academic Grievances

What are academic grievances?

These definitions and procedures address grievances by FIU students in which the complaint or controversy alleges:

- Arbitrary and capricious awarding of grades
- Unprofessional conduct by a professor that affects adversely either the student's ability to satisfy academic expectations, whether in the classroom, a field setting, a laboratory or other setting, or the student's actual performance
- Inappropriate or inadequate academic advising concerning requirements not published in official university documents
- Arbitrary dismissal from an undergraduate course or program except as described below
- Irregularities in the implementation of policies or procedures in grievance hearings at the college or school level

How to report

Charges of academic grievance may be brought against a faculty member, committee, or department chair by a student.

The student must meet with the faculty member, chair, or dean in order to settle the grievance informally via open and transparent processes of communication. After all means of informal resolution have been exhausted, the student can proceed to file a formal academic grievance with the Faculty Fellow for Academic Integrity.

[Undergraduate Academic Grievance Policy \(Compliance\)](#)

[Undergraduate Formal Academic Grievance Form](#)

[Informal Academic Grievance Procedure Flowchart](#)

[Formal Academic Grievance Procedure Flowchart](#)

To view the full university policy, guidelines, and procedures for academic grievances, please refer to the [Student Handbook](#).

Student Conduct and Honor Code

Being a contributing Student also comes with responsibility to adhere to the Student Conduct and Honor Code. The ultimate responsibility for knowing University requirements and regulations rests with the student, regardless of institutional or program affiliation. Nothing in this Regulation should be interpreted to abridge the right of any member of the University community of rights granted under the United States or Florida Constitution and/or any other applicable law including, but not limited to, the freedom of expression protected by the First Amendment. (Code, pg.1).

Each Student shall be responsible for their conduct from the time that they have been notified of admission through the actual awarding of a degree, including the academic year and during periods between terms of actual enrollment. The Code shall apply to a Student's conduct even if the Student withdraws from the University or is academically dismissed, while a conduct matter is pending, or if the conduct is not discovered until after a Student has withdrawn, been academically dismissed, or a degree has been awarded. (Code, pg. 1)

[Download the NEW Student Conduct and Honor Code \(Effective June 10, 2024\)](#)

Student Information

Admissions policies and practices

- <https://www.fiu.edu/about/index.html>

Policies on advanced placement

- <https://transfer.fiu.edu/transfer-101/credit-options/credit-by-exam-tables/>

Transfer of credits

- <https://transfer.fiu.edu/>

Credits for experiential learning

- <https://dasa.fiu.edu/all-departments/advising/co-curricular-and-experiential-learning-transcript/>

Tuition/fees and other costs required to complete the program

- In person - <https://admissions.fiu.edu/cost-and-aid/>
- Online - <https://fiuonline.fiu.edu/programs/online-undergraduate-degrees/bachelor-of-science-in-rehabilitation-and-recreational-therapy-recreational-therapy-track.php>

Policies and processes for withdrawal and for refunds of tuition/fees

- <https://onestop.fiu.edu/registration/class-registration/drop-or-withdraw-from-classes/>

Student Resources

- [Rehabilitation and Recreational Therapy LibGuide](#)
- [CASE Advising](#)
- [CASE Center for Excellence in Writing](#)
- [FIU Career and Talent Development](#)
- [FIU Financial Services](#)
- [FIU Student Handbook](#)
- [FIU Registration](#)
- [FIU Academic Calendar](#)
- [FIU Counseling and Psychological Services](#)
- [FIU IT Assistance](#)
- [FIU Bookstore](#)
- [FIU Campus Maps](#)
- [FIU Disability Resource Center](#)
- [FIU Advising](#)
- [FIU Center for Academic Success](#)
- [FIU Panthers Care Resource Navigator](#)
- [FIU Current Student General Resources](#)

NCTRC Overview

National Council for Therapeutic Recreation Certification (NCTRC) is the premier credentialing organization for the profession of Therapeutic Recreation.

Our program's Recreational Therapy Track prepares students to be eligible for certification as a Certified Therapeutic Recreation Specialist (CTRS) via NCTRC's [academic path](#), to work as a recreational therapist right after graduation.

Our program's Rehabilitation Track will meet the National Council for Therapeutic Recreation Certification (NCTRC) academic requirements for the Certified Therapeutic Recreation Specialist (CTRS) credential via the [equivalency path](#), which requires 1,500 hours of paid post-graduation work experience using the RT process under the supervision of a CTRS.

For more information on NCTRC, please visit their website at [NCTRC](#).

Resources on the NCTRC Website

NCTRC offers publications, forms, and various resources pertaining to the NCTRC credentialing program. NCTRC has a few key documents under [Resources](#) on the website.

These include Internship Resources:

- [Agency Internship Supervisor Resource Guide](#)
- [Student Internship Guide](#)
- [Student Internship Resource Guide](#)

Other Resources:

- [CTRS[®] Resource Guide](#) (formally New CTRS Packet)

ATRA Overview

The American Therapeutic Recreation Association (ATRA) is the national membership organization representing the interests and needs of recreational therapists.

ATRA's Mission is to empower the more than 10,000 recreational therapists that connect through ATRA as members or recipients of ATRA services and resources.

ATRA publishes our professional [Code of Ethics](#) as well as our professional [Standards of Practice](#).

For more information on ATRA, please visit their website - [American Therapeutic Recreation Association \(atra-online.com\)](http://AmericanTherapeuticRecreationAssociation.com)

LEI 4940 (Fieldwork in RRT) General Information

Fieldwork Description

LEI 4940 (Fieldwork in Rehabilitation & Recreational Therapy) provides students with the opportunity to gain introductory hands-on experience at an approved healthcare agency. Students have a couple of options of how to complete their fieldwork placement(s). RT track students are required to complete 6 credits of LEI 4940 (=320 contact hours) and Rehab track students are NOT required to complete fieldwork, but can elect to complete either 3 credits (160 contact hours) or 6 credits (320 contact hours of fieldwork).

Fieldwork Structure

Fieldwork can either be completed at two different agencies, or at a single agency. If the student elects to complete two different rotations, then s/he would complete a total of 160 hours at each site. Each 160-hour rotation is completed during a 4-7 week period during the semester; either during the first half ('Term A') or the semester, or the second half, ('Term B') of the semester. Students have the option to complete both rotations in a single semester OR they can complete the rotations in different semester. For each 160-hour rotation, the student will enroll in 3 credits of LEI 4940. Alternatively, students have the option to complete their full 320-hour rotations at a single agency. In this situation, the student would complete the 320 hours over the course of one regular semester, and would subsequently be enrolled in 6 credits of LEI 4940.

Rehab Track students can choose to complete either 160 hours or 320 hours of LEI 4940 as an elective. These students have the option to complete fieldwork at any type of allied health facility which can be especially beneficial for students pursuing graduate degrees in other therapeutic disciplines.

Fieldwork Sites

FIU has a list of agencies who have accepted RRT students in the past. FIU requires an affiliation agreement with every agency that accepts a student for fieldwork. The affiliation agreement is a legal contract that has to be approved by both the agency and FIU's legal counsel. It is important to note that students are responsible for finding and securing fieldwork and

internship placements. Students are not guaranteed to complete rotations in their preferred location, city, or setting.

- [FIU Affiliated Fieldwork Sites](#)

Required Fieldwork Paperwork

Students who want to complete fieldwork placements must submit required paperwork during the set deadline the prior semester. Fieldwork can be completed during any semester (Fall, Spring or Summer) and deadlines are as follows:

- Fall Rotations: Paperwork due July 15th
- Spring Rotations: Paperwork due December 1st
- Summer Rotations: Paperwork due April 15th

The paperwork that must be submitted to the clinical coordinator includes:

- [Appendix C](#) (one for each rotation if completing both rotations in the Fall)
- Student liability insurance (www.hpso.com)
- Any agency required paperwork (i.e., background check, immunizations, CPR, etc.)

Contact Information

Students can contact the RRT Clinical Coordinator with any questions about fieldwork

Tonia Porter: tlporter@fiu.edu

LEI 4941 (RT Internship) General Information

Internship Description

The RT Internship is completed by students enrolled in the Recreational Therapy Track in their final semester of the degree program. This internship follows the National Council for Therapeutic Recreation Certification (NCTRC) guidelines. Students must be accepted to an approved internship agency under the supervision of a full-time Certified Therapeutic Recreation Specialist (CTRS) who has been working at the agency for a minimum of one year.

Internship Structure

The RT internship requires students to complete a 560-hour internship over a minimum of 14 consecutive weeks under the supervision of a CTRS. This internship is completed during the final semester of the degree program.

Internship Sites

FIU has a list of agencies who have accepted RT students in the past: [FIU Affiliated Fieldwork Sites](#) FIU requires an affiliation agreement with every agency that accepts a student for fieldwork. The affiliation agreement is a legal contract that has to be approved by both the agency and FIU's legal counsel. It is important to note that students are responsible for finding and securing fieldwork and internship placements. Students are not guaranteed to complete rotations in their preferred location, city, or setting.

Required Internship Paperwork

Students who want to complete their RT Internship must submit required paperwork during the set deadline the prior semester. Internships can be completed during any semester (Fall, Spring or Summer) and deadlines are as follows:

- Fall Rotations: Paperwork due July 15th
- Spring Rotations: Paperwork due December 1st
- Summer Rotations: Paperwork due April 15th

The paperwork that must be submitted to the clinical coordinator includes:

- [Appendix C](#) (one for each rotation if completing both rotations in the Fall)
- Student liability insurance (www.hpsso.com)
- [Advisor Approval Form \(Appendix N\)](#)
- Any agency required paperwork (i.e., background check, immunizations, CPR, etc.)

Contact Information

Students can contact the RRT Clinical Coordinator with any questions about fieldwork

Tonia Porter: tlporter@fiu.edu

Changing Tracks: Rehabilitation Track to Recreational Therapy Track

Please see this graphic for a detailed explanation of the differences between tracks - https://case.fiu.edu/crsp/students/undergraduate/bs-in-rehabilitation-and-recreational-therapy/_assets/rehabilitation-and-recreational-therapy-track-options-accessible.pdf

Students wishing to change tracks from the Rehabilitation Track to the Recreational Therapy Track, must contact the program director emessina@fiu.edu with a statement asking to change tracks and include their PID.

The following additional 27 credits must be taken as an RT track student.

- LEI 3001 Leisure and Recreation in America (3 credits)
- LEI 3723L Recreational Therapy Facilitation Techniques and Modalities Lab (1 credit)*
- LEI 3723L Recreational Therapy Facilitation Techniques and Modalities Lab (1 credit)*
- LEI 3723L Recreational Therapy Facilitation Techniques and Modalities Lab (1 credit)*
- LEI 4720 Management and Supervision in Recreational Therapy (3 credits)
- LEI 4940 Fieldwork in Rehabilitation and Recreational Therapy (6 credits)
- LEI 4941 Recreational Therapy Internship (12 credits)

*Each lab must be a different topic.

Please note:

You may have already taken some of these as electives within the Rehab track.

RT track students only take 3 credits of electives (vs. 30 credits of electives in the Rehab track)

If you are past 90 credits, changing tracks may not be possible due to FIU excess credit policies and FIU time to graduation requirements, please consult your advisor.

Relevant electives for Rehabilitation and Recreational Therapy majors

*Rehabilitation track students should look to fill **pre-requisites** for their respective graduate program **first**.

Course	# of credits	Description	Notes*
LEI 3723L Recreational Therapy Facilitation Techniques and Modalities Lab	1	Provides in-depth, "hands-on" experience in the area of RT facilitation technique implementation. May be repeated with different content.	Elective only for Rehab track (required course for RT track)
LEI 4940 Fieldwork in Rehabilitation and Recreational Therapy	3-6	This course provides students with the opportunity to shadow professionals in allied health fields and gain practical experience implementing the therapeutic process with clients.	Elective only for Rehab track (required course for RT track)
LEI 3001 Leisure and Recreation in America	3	An introduction to the fundamental concepts of leisure and recreation and their roles in American culture. The class will be structured around a lecture-discussion format.	Elective only for Rehab track (required course for RT track)
LEI 4720 Management & Supervision in Recreational Therapy	3	Centers on competencies for management and clinical supervision. Topics include leadership, healthcare systems, budgeting, reimbursement, marketing, quality improvement, risk and resource management.	Elective only for Rehab track (required course for RT track)
CLP 4134 Childhood Psychopathology	3	Various forms of abnormal behavior in infancy, childhood, and adolescence are examined within the context of traditional and contemporary psychological theory. Problems of differential diagnosis and forms of remediation are discussed.	Can not take the place of required course CLP 4146 Psychopathology

CLP 4314 Psychology of Health and Illness	3	Course provides an overview of the field of health psychology and behavioral medicine with an emphasis on psychological, social, cultural, and global factors affecting health and health care/policy.	
ENC 3213 Professional and Technical Writing	3	Principles and practices of effective workplace writing. Students learn audience analysis in order to become more effective writers. Genres include memos, business letters, proposals, and reports. Written work meets the state composition requirement.	
SPC 1017 Fundamentals of Speech Communication	3	The study of speech communication fundamentals-interpersonal skills; critical listening; small group problem-solving; verbal and nonverbal communication; persuasion; and public speaking.	Caution! 1000 level class, will not count toward 45 upper division credit requirement
SPC 2608 Public Speaking	3	Study of the principles of ethical and effective public speaking, with practice in the construction and delivery of original speeches before an audience.	Caution! 2000 level class, will not count toward 45 upper division credit requirement
AMH 3314 Public Health & Medicine in U.S. History	3	Explores the central themes and questions pertaining to the history of medicine, public health, and health care in the United States.	Counts as FIU Global Learning
CLP 4314 Psychology of Health and Illness	3	Course provides an overview of the field of health psychology and behavioral medicine with an emphasis on psychological, social, cultural, and global factors affecting health and health care/policy.	Counts as FIU Global Learning

IDS 3183 Health Without Borders	3	This is an undergraduate course to orient students; regardless of their major field of studies, with a global perspective of the interrelatedness of factors affecting health that transcends borders.	Counts as FIU Global Learning
LAH 4722 Health, Medicine and Disease in Latin American Social History	3	Examines social/cultural history of medicine to illustrate larger trends, power relations/inequalities, and intersections of state and society. Themes include: citizenship, internationalization, gender, race, and ethnicity.	Counts as FIU Global Learning
MAR 4712 Health and Fitness Marketing	3	Analyze, design, and implement marketing strategies unique to promoting health, fitness, and positive behavioral change for organizations, educational systems, industries, and society as a whole.	Counts as FIU Global Learning
SOP 4731 Global Psychology	3	Examination of cultural contexts informing human behavior and psychological well internationally. Students will examine psychology research through direct application to global phenomena.	Counts as FIU Global Learning
SYG 2000 Introduction to Sociology	3	This course introduces the sociological perspective and method, and the basic areas of sociological interest such as socialization, sex roles, social groups, race and ethnic relations, deviance and social control, social stratification, and urban life.	Counts as FIU Global Learning
WST 4703 Health Disparities: Gender, Race, and Class	3	This course explores race, gender and health from interdisciplinary	Counts as FIU Global Learning

		perspectives. Topics include the social determinants of health, reproductive health, eating disorders and mental wellness.	
LBS 3480 Introduction to Conflict Resolution	3	This course examines the nature and elements of conflict and conflict resolution skills to manage in everyday life. Students will draw on their own experiences and case studies to learn the principles of conflict and the techniques for productive conflict management.	Counts as FIU Global Learning
PEM 2101 Foundations of Fitness	3	Concepts related to the evaluation, development, and maintenance of fitness, including principles of training, weight control and stress reduction.	Caution! 2000 level class, will not count toward 45 upper division credit requirement. Verify graduation requirement with advisor.
PET 4251 Sociology of Sport	3	Basic principles of the sociological bases of sport will be presented and discussed	
APK 4125 Fitness Assessment & Exercise Prescription	3	Knowledge and skills to evaluate one's fitness level and to design exercise and health enhancement programs for healthy individuals.	
APK 4136 Exercise Programming	3	This course will concentrate on cognitive reasoning for selection of exercise tests and appropriate exercise prescription as a result of data interpretation and a needs analysis.	
APK 4400 Sport Psychology	3	Concepts related to the psychological aspects surrounding sport performance will be discussed.	

COM 4022 Health Communication	3	This course will review health communication through an examination of theoretical frameworks, communication techniques, and technologies that promote the health of individuals and communities.	
HSA 3111 Introduction to Health Services Systems	3	Students examine the history and current functions of health and social services delivery systems in the United States. Focus is on the components, their interaction and internal/external controls.	
ANT 3462 Medical Anthropology	3	Anthropological approaches to the study of health and disease. Emphasis on cultural systems approach to the study of illness and health care	
SYO 3400 Health and Medicine in Society	3	Presents an overview of the social facets of health/illness, healthcare approaches, and healthcare policies in local and global perspective	
SPC 3301 Interpersonal Communication	3	Through an awareness of self-concept students explore the role communication plays in maintaining healthy relationships in areas such as: romantic relationships, friendships, families and colleagues	
REL 3020 Meditation and Spiritual Development	3	An examination of the varieties of meditation, meditation and health, meditation in religious traditions	
PHC 3101 Introduction to Public Health	3	This course examines principles of public health practice, with emphasis on history, philosophy, scope,	

		law and regulations, and recent trends of public health.	
MUY 2000 Introduction to Music Therapy	1	A survey of the field of music as therapy. History of the profession, different approaches to practicing music therapy, and populations served will be addressed	
DAN 2100 Dance Appreciation	3	An overview of dance from a variety of cultural and traditional perspectives. Through film, lecture, and movement, this course explores the diverse ways in which we organize and interpret our life experience as human beings through dance.	
DAN 3714 Dance Kinesiology	3	Concert dance is the referent model for studying and analyzing human movement. Anatomy, physiology and individual differences considered.	Prerequisite: Permission of the instructor
SPC 445 Communication for Effective Leadership	3	Leadership is given to those who speak well, inspire change, and motivate others. Leadership communication empowers students to become effective leaders ready to engage a global world.	
ASL 1010 American Sign Language I	3	A linguistic foundation in ASL, including a cognitive understanding of basic linguistic principles of the language, expressive (signing) ability and receptive processing of sign language.	Caution! 1000 level class, will not count toward 45 upper division credit requirement

*Some courses may have pre-requisites outside of our program.

Graduate Programs

Students in our [Rehabilitation track](#) are able to use the 24 elective credits to meet pre-requisite requirements for graduate programs.

Please refer to the specific program for more information on their application requirements.

Some graduate programs at FIU that students in our Rehabilitation track commonly apply to are listed below:

- [Physical Therapy | Nicole Wertheim College of Nursing & Health Sciences | Florida International University \(fiu.edu\)](#)
- [Occupational Therapy | Nicole Wertheim College of Nursing & Health Sciences | Florida International University \(fiu.edu\)](#)
- [Communication Sciences & Disorders | Nicole Wertheim College of Nursing & Health Sciences | Florida International University \(fiu.edu\)](#)
- [Athletic Training | Nicole Wertheim College of Nursing & Health Sciences | Florida International University \(fiu.edu\)](#)
- [EdS in School Psychology | College of Arts, Sciences & Education | Florida International University \(fiu.edu\)](#)
- [Counselor Education | College of Arts, Sciences & Education | Florida International University \(fiu.edu\)](#)
- [MS in Recreation and Sport Management | College of Arts, Sciences & Education | Florida International University \(fiu.edu\)](#)