

## Bachelor of Science in Physical Education: Sports & Fitness Studies



### Program Overview:

The Bachelor of Science degree in Physical Education: Sport and Fitness Studies Track prepares individuals for positions in physical activity and fitness settings. These areas typically include but are not limited to coaching, directing fitness activities, administering youth and senior activity programs, and serving special needs populations. The core program emphasizes the development of the knowledge, skills and dispositions of students to succeed in physical activity and exercise settings that are non-school based.

*NOTE: This program does not result in teacher certification. It is also located exclusively at the Biscayne Bay Campus.*

### Recommended Courses:

PEM 2101 Foundations of Fitness

DEP 2000 Human Growth Development

**Additional Requirement:** Maintain a 2.5 GPA.

### Careers/Job Opportunities:

- Adapted Physical Education Specialist
- Personal Trainer
- Coach
- Health Educator
- Athletic Trainer

### Advising Contact:

Center for Advising & Student Success

MMC: ZEB 210 | (305) 348-2978

BBC: AC1 300 | (305) 919-5859

### Helpful Links:

**Department Website:** <http://education.fiu.edu>

**CASE Advising Website:** <http://caseadvising.fiu.edu>

**MyMajor Website:** <http://mymajor.fiu.edu>

### College Requirements:

- All majors in the college must complete 45 credits of upper division prior to graduation. Upper division courses are 3000/4000 level courses, major courses and outside electives can count towards this requirement.
- No 1 and 2-credit physical activity courses can be counted towards the 120 credits needed for graduation.