Bachelor of Science in Physical Education: Sports & Fitness Studies

Program Overview:

The Bachelor of Science degree in Physical Education: Sport and Fitness Studies Track prepares individuals for positions in physical activity and fitness settings. These areas typically include but are not limited to coaching, directing fitness activities, administering youth and senior activity programs, and serving special needs populations. The core program emphasizes the development of the knowledge, skills and dispositions of students to succeed in physical activity and exercise settings that are non-school based.

NOTE: This program does not result in teacher certification. It is also located exclusively at the Biscayne Bay Campus.

Recommended Courses:
PEM 2101  Foundations of Fitness
DEP 2000  Human Growth Development

Additional Requirement: Maintain a 2.5 GPA.

Careers/Job Opportunities:
- Adapted Physical Education Specialist
- Personal Trainer
- Coach
- Health Educator
- Athletic Trainer

Advising Contact:
Center for Advising & Student Success
MMC: ZEB 210 | (305) 348-2978
BBC: AC1 300 | (305) 919-5859

Helpful Links:
Department Website: http://education.fiu.edu
CASE Advising Website: http://caseadvising.fiu.edu
MyMajor Website: http://mymajor.fiu.edu

College Requirements:
- All majors in the college must complete 45 credits of upper division prior to graduation. Upper division courses are 3000/4000 level courses, major courses and outside electives can count towards this requirement.
- No 1 and 2-credit physical activity courses can be counted towards the 120 credits needed for graduation.