

In Person – Guidelines for Contact Hours

Contact Hours per Credit
Updated October 9, 2018

Regular Fall/Spring Session	Instruction Mode	# of Credits	Per Term		Per Week (approx.)	
Regular – 16 week	Face to Face	1 Credit	13 hrs 20 min or 800 min		50 min	
Regular – 16 week	Face to Face	3 Credits	40 hrs or 2400 min		2 hrs 30 min or 150 min	
Regular – 16 week	Face to Face	4 Credits	53 hrs 20 min or 3200 min		3 hrs 20 min or 200 min	
Regular – 16 week	Face to Face	5 Credits	66 hrs 40 min or 4000 min		4 hrs 10 min or 250 min	
Summer A/B Session	Instruction Mode	# of Credits	Per Term MW or TR 2x Per Week	Per Term MWTR 4x per week	MW or TR 2x Per Week (approx.)	MWTR 4x per week (approx.)
Summer A/B – 6 week semesters	Face to Face	1 Credit	13 hrs 20 min or 800 min	12 hrs 40 min or 760 min	2 hrs 20 min or 140 min	2 hrs and 10 min or 130 min
Summer A/B – 6 week semesters	Face to Face	3 Credits	40 hrs or 2400 min	38 hrs or 2280 min	6 hrs 40 min or 400 min	6 hrs and 20 min or 380 min
Summer A/B – 6 week semesters	Face to Face	4 Credits	53 hrs 20 min or 3200 min	50 hrs 40 min or 3040 min	9 hrs or 540 min	8 hrs 30 min or 510 min
Summer A/B – 6 week semesters	Face to Face	5 Credits	66 hrs 40 min or 4000 min	63 hrs 20 min or 3800 min	11 hrs 20 min or 680 min	10 hrs and 40 min or 640 min
Summer C Session	Instruction Mode	# of Credits	Per Term		MW or TR Per Week (approx.)	
Summer C – 12 week semesters	Face to Face	1 Credit	12 hrs 40 min or 760 min		1 hr 5 min or 65 min	
Summer C – 12 week semesters	Face to Face	3 Credits	38 hrs or 2280 min		3 hrs 10 min or 190 min	
Summer C – 12 week semesters	Face to Face	4 Credits	50 hrs 40 min or 3040 min		4 hrs 15 min or 255 min	
Summer C – 12 week semesters	Face to Face	5 Credits	63 hrs 20 min or 3800 min		5 hrs 20 min or 320 min	
Fall & Spring A/B Session	Instruction Mode	# of Credits	Per Term		Per Week (approx.)	
*NEW Fall/Spring A/B - 7 weeks	Face to Face	1 Credit	13 hrs 20 min or 800 min		1 hr 55 min or 115 min	
*NEW Fall/Spring A/B - 7 weeks	Face to Face	3 Credits	40 hrs or 2400 min		5 hrs 40 min or 340 min	
*NEW Fall/Spring A/B - 7 weeks	Face to Face	4 Credits	53 hrs 20 min or 3200 min		7 hrs 40 min or 460 min	
*NEW Fall/Spring A/B - 7 weeks	Face to Face	5 Credits	66 hrs 40 min or 4000 min		9 hrs 40 min or 580 min	