

**TENURE AND PROMOTION CURRICULUM VITAE**  
**Of Alena Prikhidko, Ph.D.**  
**Department of Counseling, Recreation and School Psychology**  
**School of Education & Human Development**  
**College of Arts, Sciences, & Education**  
 11200 S.W. 8th Street, ZEB 245B  
 Miami, FL 33199  
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**EDUCATION**

Degree	Institution	Field	Dates
Ph.D.	University of Florida	Counseling and Counselor Education	2014-2018
Candidate of Psychological Science	Lomonosov Moscow State University	Social Psychology	2006
M.S.	Lomonosov Moscow State University	Social Psychology	1996-2001

**FULL-TIME ACADEMIC EXPERIENCE**

Rank	Institution	Field	Dates
Assistant Professor	Florida International University, School of Education and Human Development	Counseling and Counselor Education	2018 - present
Assistant Professor,	Russian State University for the Humanities	Social Psychology	2005 - 2014

**PART-TIME ACADEMIC EXPERIENCE**

Rank	Institution	Field	Dates
Lecturer, Teaching Assistant	University of Florida, College of Education	Counseling and Counselor Education	2014 - 2018
Research Assistant	University of Florida, College of	Counseling and Counselor Education	2016 - 2018

	Education		
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### NON- ACADEMIC EXPERIENCE

Place of Employment	Title	Dates
Emotion Regulation Counseling LLC	Licensed Marriage and Family Therapist	2019-present
University of Florida, SHANDS Hospital	Counseling Intern	2016-2017

### PUBLICATIONS IN DISCIPLINE

#### Books

N/A

#### Peer-Reviewed Publications (\* student-co-author)

- Prikhidko, A.,** Long, H., Pathirana, M. (2022)\*. A Qualitative exploration of maternal anxiety: Implications for helping professionals. *Maternal and Child Health Journal*, 26. 2444-2453. <https://doi.org/10.1007/s10995-022-03546-8>. [2021 Impact Factor: 2.319; 5-year Impact Factor: 2.936; 2015 SJR Score: 0.823; h-index: 90; The overall rank of Maternal and Child Health Journal is 5511, acceptance rate 20%] [Cited by: 1]
- Lin, G.-X., Mikolajczak, M., Keller, H., Akgun, E., Arikan, G., Aunola, K., Barham, E., Besson, E., Blanchard, M. A., Boujut, E., Brianda, M. E., Brytek-Matera, A., César, F., Chen, B.-B., Dorard, G., dos Santos Elias, L. C., Dunsmuir, S., Egorova, N., Escobar, M. J., ... Roskam, I. (2023). Parenting Culture(s): Ideal-Parent Beliefs Across 37 Countries. *Journal of Cross-Cultural Psychology*, 54(1), 4–24. <https://doi.org/10.1177/00220221221123043>
- Roskam, I., Aguiar, J., Akgun, E., Arena, A.F., Arikan, G., Kaisa Aunola, K., ... Mikolajczak, M. (2023). Three reasons why parental burnout is more prevalent in individualistic countries: A mediation study in 36 countries. *Social Psychiatry and Psychiatric Epidemiology*. Published online. <https://doi.org/10.1007/s00127-023-02487-z>. [2021 Impact Factor: 4.519; 5-year Impact Factor: 5.528; 2023 SJR Score: 1.682; h-index: 128; The overall rank of Social Psychiatry and Psychiatric Epidemiology journal is 1722, acceptance rate journal is not sharing] [Cited by: 1]
- Swank, J., M., Weaver, J.L., **Prikhidko, A.** (2022). Children and adolescents' lived experiences during

- the COVID-19 pandemic. *The Family Journal*, 30(2), 184-190.  
<https://doi.org/10.1177/10664807211052303>. [2023 Impact Factor: 1.3; 2023 SJR Score: 0.292; h-index: 27; The overall rank of The Family Journal is 1722, acceptance rate 50%] [Cited by: 1]
- Roskam, I., Gallée, L., Aguiar, J., Akgun, E., Arena, A., Arikan, G., ... Mikolajczak, M. (2022). Gender equality and maternal burnout : a 40-country study. *Journal of Cross-Cultural Psychology*, 53(2), 151-178. <https://doi.org/10.1177/002202212111072813> [2023 Impact Factor: 2.577; 5-year impact factor:3.506; 2023 SJR Score: 1.134; h-index: 117; The overall rank of Journal of Cross-Cultural Psychology is 3339, acceptance rate 13.2%] [Cited by: 15]
- Kenny, M., **Prikhidko, A.** (2022). Mothers' attitudes toward child sexual abuse prevention in schools: A preliminary examination. *Journal of Child and Adolescent Trauma*, 15(2), 297-306.  
<https://doi.org/10.1007/s40653-021-00361-1> [2023 Impact Factor: 1.5; 3-year impact factor: 2.1; 2023 SJR Score: 0.601; h-index: 25; The overall rank of Journal of Child and Adolescent Trauma is 6916, acceptance rate journal is not sharing] [Cited by: 4]
- Jacob, C., & **Prikhidko, A.** (2022). Exploring emotion regulation in counselors' management of attraction to clients. *Journal of Creativity in Mental Health*, 17(3), 278-291.  
<https://doi.org/10.1080/15401383.2020.1856015> [2023 Impact Factor: 1.4; SJR Score: 0.298; h-index: 23; The overall rank of Journal of Creativity in Mental health is 16727, acceptance rate 38%] [Cited by: 2]
- Roskam, I., Aguiar, J., Akgun, E., Arikan, G., Artavia, M., Avalosse, H.... Mikolajczak, M. (2021). Parental burnout around the globe: A 40-country study. *Affective Science*, 2(1), 58-79.  
<https://doi.org/10.1007/s42761-020-00028-4> [2023 Impact Factor: 2; h-index: 6; acceptance rate not available] [Cited by: 148]
- Long, H., **Prikhidko, A.**, Bendeck, A.C., Yumusak, S. (2021).\* Measurement invariance of Intensive Parenting Attitudes questionnaire across gender and race. *Journal of Family Psychology*, 35(7), 1027–1032. <https://doi.org/10.1037/fam0000889> [2023 Impact Factor: 2.56; 2023 SJR Score: 1.069; h-index: 135; The overall rank of Journal of Family Psychology is 3764, acceptance rate 28%] [Cited by: 4]
- Prikhidko, A.**, & Kenny, M. (2021). Examination of parents' attitude toward and efforts to discuss child sexual abuse prevention with their children. *Child and Youth Services Review*, 121, 105810.  
<https://doi.org/10.1016/j.childyouth.2020.105810> [2023 Impact Factor: 3.71; 2023 SJR Score: 0.974; h-index: 107; The overall rank of Child and Youth Services Review is 4392, acceptance

rate 17%] [Cited by: 19]

- Prikhidko, A.,** Long, H., & Wheaton, M. G. (2020). The effect of concerns about COVID-19 on anxiety, stress, parental burnout, and emotion regulation: The role of susceptibility to digital emotion contagion. *Frontiers in Public Health*, 8, 894. <https://doi.org/10.3389/fpubh.2020.567250> [2023 Impact Factor: 5.18; 2023 SJR Score: 1.125; h-index: 80; The overall rank of Frontiers in Public Health is 3459, acceptance rate journal is not sharing] [Cited by: 86]
- Prikhidko, A.,** & Swank, J. (2020). Exhausted parents experience of anger: The relationship between anger and burnout. *The Family Journal*, 28(3), 283-289. <https://doi.org/10.1177/1066480720933543> [2023 Impact Factor: 1.3; 2023 SJR Score: 0.292; h-index: 27; The overall rank of The Family Journal is 1722, acceptance rate 50%] [Cited by: 12]
- Wheaton, M., **Prikhidko, A.,** Messner, G.R. (2020)\*. Is fear of COVID-19 contagious? The effects of emotion contagion and social media use on anxiety in response to the coronavirus pandemic. *Frontiers in Psychology*, 11. <https://doi.org/10.3389/fpsyg.2020.567379> [2023 Impact Factor: 4.232; 2023 SJR Score: 0.947; h-index: 133; The overall rank of Frontiers in Psychology is 5069, acceptance rate 35%] [Cited by: 130]
- Prikhidko, A.,** Su, Y.-W., Housckeshnet, A., & Swank, J.(2020). Emotion regulation for counselors-in-training: A Grounded Theory. *Counselor Education and Supervision*, 59(2), 96-111. <https://doi.org/10.1002/ceas.121169> [2023 Impact Factor: 1.83; 2023 SJR Score: 0.458; h-index: 45; The overall rank of Counselor Education and Supervision is 11145, acceptance rate 12%] [Cited by: 12]
- Prikhidko, A.,** & Swank, J.M. (2019). Examining parent anger and emotion regulation in the context of intensive parenting. *The Family Journal*, 27(4), 366-372. <https://doi.org/10.1177/1066480719855371> [2023 Impact Factor: 1.3; 2023 SJR Score: 0.292; h-index: 27; The overall rank of The Family Journal is 1722, acceptance rate 50%] [Cited by: 14]
- Behar-Horenstein, L. S., Feng, X., **Prikhidko, A.,** Su, Y., Kuang, H., & Fillingim, R. B. (2019). Assessing mentor academy program effectiveness using mixed methods. *Mentoring & Tutoring: Partnership in Learning*, 27(1), 109-125. <https://doi.org/10.1080/13611267.2019.1586305> [2023 Impact Factor: 1.131; 2023 SJR Score: 0.397; h-index: 41; The overall rank of Mentoring & Tutoring: Partnership in Learning is 12556, acceptance rate not available] [Cited by: 10]

- Prikhidko, A., & Swank, J. M.** (2018). Motherhood experiences and expectations: A qualitative exploration of mothers of toddlers. *The Family Journal*, 26 (3), 278-284. <https://doi.org/10.1177/1066480718795116> [2023 Impact Factor: 1.3; 2023 SJR Score: 0.292; h-index: 27; The overall rank of The Family Journal is 1722, acceptance rate 50%] [Cited by: 1]
- Prikhidko, A., & Haynes, C.** (2018). Balancing graduate school and mothering: Is there a choice? *International Journal of Doctoral Studies*, 13, 313-326. <https://doi.org/10.28945/4109> [2023 Impact Factor: 1.96; 2023 SJR Score: 0.588; h-index: 31; The overall rank of International Journal of Doctoral Studies is 8769, acceptance rate 34%] [Cited by: 20]
- Prikhidko, A., & Swank, J. M.** (2018). Emotion regulation for counselors. *Journal of Counseling and Development*, 96(2), 206-213. <https://doi.org/10.1002/jcad.12193> [2023 Impact Factor: 2.98; 2023 SJR Score: 0.746; h-index: 86; The overall rank of Journal of Counseling and Development is 6554, acceptance rate 10%] [Cited by: 34]
- Behar-Horenstein, L., **Prikhidko, A.**, Kolb, H.R. (2018). Advancing the practice of CRCs: Why professional development matters. *Therapeutic Innovation & Regulatory Science*, 52(6), 708-717. <https://doi.org/10.1177/2168479017750128> [2023 Impact Factor: 1.44; 2023 SJR Score: 0.387; h-index: 48; The overall rank of Therapeutic Innovation & Regulatory Science is 12810, acceptance rate not available] [Cited by: 8]
- Behar-Horenstein, L., & **Prikhidko, A.** (2017). Exploring mentoring in the context of team science. *Mentoring and Tutoring: Partnership in Learning*, 25(4), 430-454. <https://doi.org/10.1080/13611267.2017.1403579> [2023 Impact Factor: 1.131; 2023 SJR Score: 0.397; h-index: 41; The overall rank of Mentoring & Tutoring: Partnership in Learning is 12556, acceptance rate not available] [Cited by: 13]
- Behar-Horenstein, L. S., Potter, J. E., **Prikhidko, A.**, Swords, S., Sonstein, S., & Kolb, H. R. (2017). Training Impact on Novice and Experienced Research Coordinators. *The Qualitative Report*, 22(12), 3118-3138. Epub 2017 Dec 3. PMID: 29308457; PMCID: PMC5752151. <https://nsuworks.nova.edu/tqr/vol22/iss12/3/> [2023 Impact Factor: 1.32; 2023 SJR Score: 0.380; h-index: 48; The overall rank of Qualitative Report is 12973, acceptance rate not available] [Cited by: 11]
- Swank, J. M., Cheung, C., **Prikhidko, A.**, & Su, Y.-W. (2017). Nature-based child-centered group play

therapy and behavioral concerns: A single-case design. *International Journal of Play Therapy*, 26(1), 47–57. <https://doi.org/10.1037/pla0000031> [2023 Impact Factor: 1.02; 2023 SJR Score: 0.300; h-index: 30; The overall rank of International Journal of Play Therapy is 15128, acceptance rate not available] [Cited by: 30]

**Prihidko A.I.** (2009). Emotional socialization: content and mechanisms. *Psikhologicheskie Issledovaniya*, 4(6), p. 4. <http://psystudy.ru> (in Russian, abstr. in English) [published in Russian journal, metrics not available]

**Prihidko A.**, Goulevitch O., & Klimova E. (2011). Intergroup emotions in students game. *Journal Psihologicheskogo Obshestva im. L.S.Vygotskogo*, 1, 56-72. [published in Russian journal, metrics not available]

Goulevitch O., & **Prihidko A.** (2010). The influence of election justice on the relation to supporters of political parties. *Voprosy Psihologii*, 1, 34-43. [published in Russian journal, metrics not available]

**Prihidko A.**, & Goulevitch O. (2010). Intergroup emotions in conditions of political competition. [electronic resource] *Psikhologicheskie Issledovaniya. Electron. Scient. Journal*, 1(9). URL: <http://psystudy.ru>. 0421000116/0006 [published in Russian journal, metrics not available]

**Prihidko A.** (2009). Intergroup emotions: Trends of research. *Psychology. Journal of the High School of Economics*, 6(4), 103–116. [2023 Impact Factor: 0.52; 2023 SJR Score: 0.208; h-index: 7; The overall rank of Psychology. Journal of the High School of Economics is 18800, acceptance rate not available] [Cited by: 9]

**Prihidko A.** (2009). Sociopsychological aspects of the adaptation of Russian scientists to social change. *Social Sciences*, 40(1), 91-101. [published in Russian journal, metrics not available]

**Prihidko A.** (2009). The problem of emotions in social psychology. *Voprosy Psihologii*, 1, 141-150. [published in Russian journal, metrics not available]

**Prihidko A.** (2009). Downshifting as social-psychologic phenomenon [electronic document].

*Psikhologicheskie issledovaniya*, 1(1). URL: <http://psystudy.ru>. ] [published in Russian journal, metrics not available] [Cited by: 37]

**Prihidko A.** (2008). Social-psychological aspects of social changes adaptation among Russian scientists. *Voprosy Psihologii*, 1, 101-110. [published in Russian journal, metrics not a

**Prihidko A.** (2007). The problem of emotional relationship between lecturer and student.

*Proceedings of International Conference «Psychology of Contact: Training of Humaneness»*, 102- 104. [published in Russian journal, metrics not available]

**Prikhidko A.** (2007). Infantilization of society as social-psychologic phenomenon. *Proceedings of IV Meeting of Russian Psychological Society*, 3, 103. [published in Russian journal, metrics not available]

Yurevitch A., Capenko I., & **Prikhidko A.** (2004) How do our scientists earn a salary? *Naukovedenie*, 1(21), 55-75. [published in Russian journal, metrics not available]

**Prikhidko, A.** (2001). Cognitive factors of coping behavior among people without employment. *Psychological Journal*, 2, 109-112. [published in Russian journal, metrics not available].

### **Chapters in Books**

Trello, A., **Prikhidko, A.** (under review). Chapter 9: Ethnicity, National Identity, and Ethnocentrism. Multicultural Counseling Textbook.

**Prikhidko, A.** (2020). Domestic Violence in Russia: Marriage and Family Counseling Approach. *International Handbook on Marriage and Family Therapy*. Guilford Press

**Prikhidko A.** Social emotions. In O. A. Goulevitch (Ed.), *Contemporary social psychology handbook*. Moscow, Russia: Isdatelstvo HSE. *Emotional intelligence: From models to measurement* (pp. 79- 89). Moscow, Russia: Institute of Psychology RAS.

**Prikhidko A.** (2008). Particular qualities of adaptational and coping problems: Theoretical approach and research practice. In Belinskaya E.V. *Interinstitutional book* (pp. 46-63). Moscow, Russia: Psychological-Social Institute Publishing House.

**Prikhidko A.** (2007). Emotions as a component of social relations. In Kravcova E.E. *Social psychology: Relevant problems of research* (pp. 52-73). Moscow, Russia: Vygotskii Fund.

### **PRESENTED PAPERS AND LECTURES**

Swank, J., Jo, L., W., **Prikhidko, A.** (2022). Strategies for Engaging Children and Adolescents as Qualitative Research Participants. *AARC*, Saint Louis, Missouri

**Prikhidko, A.,** Long, H. (2022). Development and validation of Maternal Anxiety Scale. *AARC*, Saint Louis, Missouri

**Prikhidko, A.,** Long, H., Wheaton, M. (2021). The Effect of Covid-19 on Parental Burnout: Digital Emotion Contagion. International Conference on Parental Burnout.

**Prikhidko, A.** (2019). *Using YouTube with Tweens*. ACC, Clearwater, Florida.

Blueford, J., **Prikhidko, A.** (2017). *Personal Counseling for Counselors In Training*. ACES,

Chicago, Illinois

- Prikhidko, A.** (2017). *Panel of Volunteers at the Pulse Tragedy in Orlando*. Traumatization Symposium of the Florida Counseling Association in Orlando, FL
- Prikhidko, A.,** Blueford, J. (2017). *Personal Counseling for Counselors-in-Training: Wellness or Professionalism?* Presentation presented at the American Counseling Association conference in San Francisco, CA
- Prikhidko, A.** (2016). *Expressive writing as an emotion regulation strategy*. Presentation presented at the Florida Counseling Association conference in Orlando, FL
- Prikhidko, A.,** Su, Yi-Wen (2016). *Emotion regulation for counselors-in-training: Grounded theory approach*. Presentation accepted for the Southern Association for Counselor Education and Supervision conference in New Orleans, LA
- Prikhidko, A.,** Cheung, C. (2016). *Emotion regulation for mothers of young children: Psychoeducation on coping with anger and guilt toward children*. Presentation presented at the International Association of Marriage and Family Counselors (IAMFC) world conference in New Orleans, LA
- Prikhidko, A.** (2016). *Cognitive dissonance in balancing graduate school and caregiving: how do parents cope?* Presentation accepted for the 2016 College of Education Research Symposium in Gainesville, FL
- Prikhidko, A.** (2016). *Emotion regulation workshop for counselors*. Presentation presented at the Association for Specialists in Group Work conference in Washington, DC
- Prikhidko, A.** (2015). *Emotion regulation for novice counselors: What to do if you feel anxiety and/or anger toward your clients*. Presentation presented at the 8th annual UCF Counseling Conference in Orlando, FL
- Prikhidko, A.** (2015). *Emotion regulation in transition to older adulthood*. Presentation presented at the Association for Adult Development and Aging annual conference in New York, NY
- Prikhidko, A.** (2015). *Emotion regulation for novice counselors*. Presentation presented at the Florida Counseling Association conference in Orlando, FL

## WORK IN PROGRESS

### Papers submitted to journals for consideration (list Journal and date of submission)

- Prikhidko, A.,** Galvez, D. (). Examination of Russian mothers' attitudes toward child sexual abuse prevention.
- Long, H., **Prikhidko, A.** (submitted on May 4, 2023). Direct and indirect relationships between intensive parenting attitudes, emotion regulation, and parental anger. *Journal of Child and Family Studies*.

### Papers in Progress

- Prikhidko, A.,** Long, H., Pathirana, M., & Galvez, D. (in progress). Phenomenology of emotion regulation among mothers who experience guilt.



**Prihidko, A., Long, H.** (in progress). Development and Validation of Maternal Anxiety Scale (MAS)

### **Research in Progress**

**Prihidko, A., Kushnerenko, D.** (2023). Emotional experiences and regulation of envy in college students.

**Prihidko, A., Long, H.** (2018-2023). Development of maternal anxiety scale.

**Prihidko, A., Long, H.** (2018 -2023). Development of maternal guilt scale.

**Prihidko, A., Long, H.** (2019-2023). Cross-cultural comparison of parenting attitudes and emotion regulation.

### **FUNDED RESEARCH**

**Prihidko A. (PI), & Goulevitch, O.** *The influence of individual dispositions on emotions intensity in conditions of intergroup competition.* Russian Humanitarian Scientific Fund. Funded. RUB 150,000. (equivalent to \$5,000) (5/10/2008-5/10/2009).

Marcinkovskaya T (PI), Belinskaya E., & **Prihidko A.** *Socialization: Constants and transformations.* Russian Humanitarian Scientific Fund. Funded. RUB 500,000 (equivalent to \$16,600) (6/12/2008-6/12/2009).

**Prihidko A.(PI)** *Dispositional envy questionnaire development.* Russian State University for the Humanities. Funded. RUB 50,000 (equivalent to \$1700) (5/8/2010-5/8/2011)

### **PROPOSALS SUBMITTED BUT NOT FUNDED**

**Prihidko, A. (PI).** (2021). CAREER: Emotion Regulation of Math Anxiety in Elementary School Teachers. CAREER NSF (not funded).

**Prihidko, A.(PI), Wheaton, M.** (2020). The Impact of COVID-19 on Parental Emotions and Burnout: The Role of Digital Emotion Contagion and Emotion Regulation. APA Foundation (not funded).

**Prihidko, A. (PI), Richmond, N.** (2020). COVID-19 Impact on Digital Emotion Regulation Among Parents on Social Media. FIU Interdisciplinary Collaborative Research in the Humanities. (not funded).

**Prihidko, A. (PI), Long, H., Kenny, M., Dou, R., Graziano, P.** (2020). STEM Teachers Emotion Regulation in the Context of Burnout. Spencer Foundation (not funded)

**Prihidko A. (PI).** STEM Teachers Emotion Regulation in the Context of Burnout. CAREER NSF (not funded)

**Prihidko A.(PI), Wheaton, M. (2020).** The Impact of COVID-19 on Parental Emotions and Burnout: The Role of Digital Emotion Contagion and Emotion Regulation. NSF Rapid LOI (not accepted).

**Prihidko, A. (PI)** (2019). *TEACH-ER (Teacher emotion regulation).* Braitmayer Foundation (not funded)

- Prikhidko, A. (PI)** (2019). *TEACH-ER (Teacher emotion regulation)*. Caplan Foundation (not funded)
- Prikhidko, A. (PI), Kenny, M.C.** (2018). *Parenting EXPRESS (Emotional Expression, Abuse Prevention and Safety Skills)*. Caplan Foundation (not funded)
- Prikhidko, A. (PI)** (2018). *Domestic violence, ambivalent sexism and awareness of privilege and oppression in modern Russia*. Huggenheim Foundation. (not funded).

### **PROFESSIONAL HONORS, PRIZES, FELLOWSHIPS**

- 2016 CSI Beta Chapter Outstanding Doctoral Student Award
- 2017 Florida Counseling Association (FCA) Member of the Year 2017 Award
- 2017 University of Florida, College of Education Outstanding Doctoral Student Award
- 2017 University of Florida, Alec Courtelis Award (2<sup>nd</sup> place among all UF International Students)
- 2021 FIU College of Arts, Sciences and Education Award for Research
- 2023 FIU College of Arts, Sciences and Education Award for Research

### **OFFICES HELD IN PROFESSIONAL SOCIETIES**

AARC Social Media Committee Co-chair – 2020 – present

### **OTHER PROFESSIONAL ACTIVITIES AND PUBLIC SERVICE**

#### **Internal Service**

Clinical Coordinator Counselor Education Program – 2020-present  
 CRESM Merit Committee – 2020-present  
 Department Chair Search Committee - 2020  
 Faculty Search: Clinical Assistant Professor – 2019  
 Faculty Search: Clinical Assistant Professor Rehabilitation Counseling – 2020  
 Website Liason – 2018-present  
 Website for Dr. Maureen Kenny – 2018

#### **External Service**

Peer Reviewer – *Journal of Counseling and Development; International Journal of Advancement in Counseling, Journal of Affective Disorders, Community, Work and Family* – 2019-present  
 AARC Social Media Committee Co-chair – 2020 – present  
 Volunteer in Trauma Resolution Center – 2018-2019  
 Volunteer at Alachua Crisis Center (National Suicide Hotline) – 2017-2018

**Professional training**

Training: Emotional-Focused Therapy, Moscow Family Therapy Center, 2013  
 Training: Divorce Counseling, Moscow Family Therapy Center, 2013  
 Training: Family therapy: Fundamental Ideas and Technics, Moscow Family Therapy Center (2011)  
 Training: Anxiety Disorders in Children and Adolescents, PESI, 2015  
 Training: Intensive Trauma Treatment Course, PESI, 2015  
 Seminar: Qualitative Analysis and Coding Text-Based Data, Educational Department, CTSI, UF  
 Training: LDI Florida Counseling Association, Tampa, Summer 2016  
 Training: Crisis Phone Counselor, Gainesville, Summer 2016  
 Training: LDI American Counseling Association, Washington, Summer 2016  
 Training: Advocate for Domestic Violence, Peaceful Paths, Summer, 2016  
 Training: Theraplay Level 1 Training, Theraplay Institute, 2017  
 Training: DBT Foundational, 2018-2019,  
 Behavioral Tech Training: DBT for Families, 2019,  
 Dr. Alan Fruzzetti  
 Training: Traumatic Incident Reduction, May 2019, Trauma Resolution Center, Miami  
 Training: Eye Movement Desensitization and Reprocessing (2021)

**Clinical experience**

May 2001-June 2014 Private Counseling Practice, Moscow, Russia,  
 Facilitated group, individual, and family therapy  
 August 2016 Internship in Counseling at the CMS, Shands Hospital  
 August 2017  
 August 2016-August 2017 Crisis Phone Counselor, Alachua Crisis  
 Center November 2018-December 2018 Dialectical-Behavioral Therapy  
 provider, Mimo  
 Psychotherapy Group, Miami, Florida

May 2019-Present                      Emotional Regulation  
 Counseling LLC August 2018 – December 2019                      Trauma  
 Resolution Center, Miami

**Professional licensure and certification**

*Licensed Marriage and Family Therapist (MFT 4082)*

*Certified EMDR clinician*

Crisis Consultant Alachua County Crisis Center

**TEACHING EXPERIENCE**

**Courses Taught or Co-  
taught**

**Florida International  
University**

**MHS 6630: Counseling Research and Program Evaluation**

Designed to educate students about quantitative, qualitative and mixed methods research and program evaluation in counseling field.

*Spring 2019, Fall 2019, Spring 2020, Fall 2020, Spring 2021, Spring 2022, Spring 2023*

**MHS 6411: Counseling and Consultation in Community Settings**

Designed to educate students about evidence-based practices in community counseling  
*Summer 2019, Spring 2019, Fall 2019, Spring 2020, Fall 2020, Fall 2021*

**MHS 6427: Adult Psychopathology**

Designed to educate students about mental health disorders

*Summer 2022, Fall 2022*

**MHS6800: Practicum in Counseling**

Designed to provide supervision to students who start their practicum in Mental Health counseling.

**Psychological Institute of Russian Academy of  
Education Ethics in Psychological Counseling**

Online course designed for Russian counselors to give the foundational knowledge of ethical decision making and guidelines

*Spring 2017, Summer 2017*

**University of Florida**

**EDF 3110: Human Growth and Development**

Designed to give students foundational knowledge on the human growth and development in terms social and psychological aspect of developmental process.

*Fall 2015*

**SDS 4410: Interpersonal Communication Skills**

Designed to give students foundational information about interpersonal communication skills, which includes an overview of the various theories of communication, and strategies and methods to enhance one's communication competence.

*Fall 2014, Spring 2015, Fall 2015, Spring 2016, Summer 2016*

**Russian State University for the Humanities, Moscow,**

**Russia Socio-Psychological Training**

Designed to enhance students' ability to (a) comprehend communicational skills, (b) develop basic group counseling skills, and (c) apply this knowledge to teach this course

*Fall 2005, 2006, 2007, 2008, 2009, 2010, 2011, 2012, 2013, 2014*

*Spring 2005, 2006, 2007, 2008, 2009, 2010, 2011, 2012, 2013, 2014*

**Social Psychology of Emotions**

Designed to give students an introduction to the role emotions play in social communication, perception, and interaction, along with giving them the opportunity to improve their own emotional regulation skills through specific assignments. The course is designed to help graduate students focus on the knowledge base, skills, theories, research, models, and critical issues of social psychology of emotions and emotional regulation.

*Fall 2005, 2006, 2007, 2008, 2009, 2010, 2011, 2012, 2013, 2014*

*Spring 2005, 2006, 2007, 2008, 2009, 2010, 2011, 2012, 2013, 2014*

### **Seminars in Social Psychology**

Practicum designed to explore basic social-psychological concepts in the active learning environment, giving students an opportunity to present their views on social psychological phenomena.

### **Institute for Business and Politics, Moscow, Russia Social Psychology**

Course of lectures designed to give students from different psychological specializations general understanding of basic social psychology phenomena: psychology of big and small groups, social psychology of personality, social cognition, social perception.

*Fall 2003, 2004, 2005*

*Spring 2003, 2004, 2005*

### **Socio-Psychological Training**

Designed to enhance students' ability to (a) comprehend communicational skills, (b) develop basic group counseling skills, and (c) apply this knowledge to teach this course

*Fall 2003, 2004, 2005*

### **Social Psychology of Mass Communication**

Lecture Course designed to establish an understanding of the influence of mass communication and social media on human socialization.