

Jamie A. Spiegel, M.A., M.S.

Spiegel@psy.fsu.edu | (516) 967-2649

EDUCATION

- 2020 – Present **Postdoctoral Fellow**
Florida International University, Miami, FL
S.E.L.F-Regulation Lab, Paulo Graziano, Ph.D.
- 2016 – 2020 **Ph.D. in Clinical Psychology** (August 2020)
Florida State University, Tallahassee, FL
Major Professor: Christopher Lonigan, Ph.D.
- 2019 – 2020 **Pre-doctoral Clinical Internship**
O’Grady Clinical Psychology Resident
APA-accredited pre-doctoral clinical psychology internship
Cincinnati Children’s Hospital
Rotations: ADHD, Epilepsy, Mayerson, Sleep Disorders, & TKOC clinics
- 2013 – 2016 **Masters of Science in Clinical Psychology**
Florida State University, Tallahassee, FL
Major Professor: Christopher Lonigan, Ph.D.
- 2012 – 2013 **Masters of Arts in Psychology**
Stony Brook University, Stony Brook, NY
Major Professor: Harriet Watters, Ph.D.
- 2008 – 2012 **Bachelor of Arts in Psychology and Education**
Adelphi University, Garden City, NY
Honors Degree
Summa Cum Laude

PEER REVIEWED JOURNAL ARTICLES

1. Soto, E.F., Irwin, L.N., Chan, E.S.M., **Spiegel, J.A.**, & Kofler, M.J. (*under review*). Executive functions and writing skills in children with and without ADHD. *Journal of Abnormal Child Psychology*.
2. **Spiegel, J.A.**, Goodrich, J.M., Morris, B.M., Osborne, C.M., & Lonigan, C.J. (invited for resubmission at *Psychological Bulletin*). Relations between executive function skills and academic outcomes in elementary school children: A meta-analysis.
3. Singer, J., **Spiegel, J.A.**, Papa, A. (2020). Pre-Loss Grief in Family Members of COVID-19 Patients: Recommendations for Clinicians and Researchers. *Psychological Trauma: Theory, Research, Practice and Policy*.
4. Kofler, M.J., Singh, L.J., Soto, E.F., Chan, E.S.M., Miller, C.E., Harmon, S.L., & **Spiegel, J.A.** (2020). Working memory and short-term memory deficits in ADHD: A bifactor modeling approach. *Journal of Memory & Language. Neuropsychology*.
5. Kofler, M.J., Irwin, L.N., Sarver, D.E., Fosco, W.D., Miller, C.E., **Spiegel, J.A.**, & Becker, S.P. (2019). What cognitive processes are ‘sluggish’ in sluggish cognitive tempo?. *Journal of Consulting and Clinical Psychology*, 87(11), 1030.

6. Kofler, M.J., **Spiegel, J.A.**, Soto, E.F., Irwin, L.N., Wells, E.L., & Austin, K.E. (2019). Do working memory deficits underlie reading problems in attention-deficit/hyperactivity disorder (ADHD)? *Journal of Abnormal Child Psychology*, *47*, 433-446.
7. **Spiegel, J. A.**, & Lonigan, C. J. (2018). A head-to-toes approach to computerized testing of executive functioning in young children. *Early Childhood Research Quarterly*, *44*, 15-23.
8. Kofler, M. J., Harmon, S. L., Aduen, P. A., Day, T. N., Austin, K. E., **Spiegel, J. A.**, ... & Sarver, D. E. (2018). Neurocognitive and behavioral predictors of social problems in ADHD: A Bayesian framework. *Neuropsychology*, *32*, 344.
9. Kofler, M.J., **Spiegel, J.A.**, Austin, K., Irwin, L., Soto, E.F., & Sarver, D.E. (2017). Are episodic buffer processes intact in ADHD? Experimental evidence and linkage with hyperactive behavior. *Journal of Abnormal Child Psychology*, *46*, 1171-1185.
10. **Spiegel, J. A.**, Lonigan, C. J., & Phillips, B. M. (2017). Factor Structure and Utility of the Behavior Rating Inventory of Executive Function-Preschool Version. *Psychological Assessment*, *29*, 172.
11. Lonigan, C. J., **Spiegel, J. A.**, Goodrich, J. M., Morris, B. M., Osborne, C., Lerner, M., & Phillips, B. M. (2016). Does Preschool Self-Regulation Predict Later Behavior Problems in General or Specific Problem Behaviors? *Journal of Abnormal Child Psychology*, *45*, 1491-1502.
12. Kofler, M. J., Sarver, D. E., **Spiegel, J. A.**, Day, T. N., Harmon, S. L., & Wells, E. L. (2016). Heterogeneity in ADHD: Neurocognitive Predictors of Peer, Family, and Academic Functioning. *Child Neuropsychology*, *23*, 733-759.

POSTER PRESENTATIONS

- Spiegel, J.A.**, & Lonigan, C.J. (2019, March). *The relation of executive function skills to externalizing behaviors: A meta-analytic review*. Poster presented at the biannual meeting for the Society for Research in Child Development (SRCD), Baltimore, MD.
- Spiegel, J.A.**, & Lonigan, C.J. (2018, November). *Relations between executive function skills and academic outcomes in elementary school children: A meta-analysis*. Poster presented at the annual Learning Disorder Consortium, Houston, TX.
- Morris, B.M., **Spiegel, J.A.**, & Lonigan, C.J. (2017, April). *Does growth in working memory predict growth in reading achievement*. Poster presented at the biannual meeting for the Society for Research in Child Development (SRCD), Austin, TX.
- Osborne, C.M., **Spiegel, J. A.**, & Lonigan, C.J. (2017, April). *General and specific defiant behaviors and their relation to literacy ability in boys and girls*. Poster presented at the biannual meeting for the Society for Research in Child Development (SRCD), Austin, TX.
- Spiegel, J.A.**, & Lonigan, C.J. (2017, April). *Does inattention matter equally for all children? Examining inattention and literacy skills across the spectrum of reading ability*. Poster presented at the biannual meeting for the Society for Research in Child Development (SRCD), Austin, Tx.

- Aduen, P.A., Kofler, M.J., Sarver, D.E., Day, T., **Spiegel, J.A.**, & Harmon, S. (2017, April). *Characterization and cognitive predictors of social skills deficits in children with ADHD*. Poster presented at the biannual meeting for the Society for Research in Child Development (SRCD), Austin, Tx.
- Spiegel, J.A.**, Lerner, M.D., & Lonigan, C.J. (2016, July). *Do differential relations exist between inhibitory control and working memory and preschool literacy-related abilities?* Poster presented at the annual meeting of the Society for the Scientific Study of Reading, Puerto, Portugal.
- Spiegel, J.A.**, & Lonigan, C.J. (2016, February). *Head-to-Toes approach to computerized testing of executive functioning*. Poster presented at the annual meeting of the Pacific Coast Research Conference, San Diego, CA.
- Spiegel, J.A.**, Lonigan, C.J., & Phillips, B.M. (2015, July). *Does preschool children's self-regulation moderate the effects of classroom instruction on early literacy skills?* Poster presented at the annual meeting of the Society for the Scientific Study of Reading, Hapuna Beach, HI.
- Spiegel, J. A.**, & Lonigan, C.J. (2015, April). *Performance-based vs. teacher report measures of executive function in predicting literacy outcomes*. Poster presented at Graduate Research Day at Florida State University.
- Spiegel, J. A.**, & Lonigan, C.J. (2015, March). *Performance-based vs. teacher report measures of executive function in predicting literacy outcomes*. Poster presented at the biennial meeting of the Society for Research in Child Development, Philadelphia, PA.
- Tuppett, Y., **Spiegel, J.A.**, & Waters, H. (2014, March). *Secure base scripts in an at-risk sample: Comparisons to typical development and correlates with adjustment*. Poster presented at the biennial meeting of the Society for Research on Adolescence, Austin, TX.
- Spiegel J.**, & Fiori K. (2012, April). *Facebook usage, attachment style, and intimacy within peer relationships*. Poster presented at Adelphi University Research Conference, Garden City NY.

ORAL PRESENTATIONS

- Spiegel, J.A.**, Goodrich, J.M., Morris, B.M., Osborne, C.M., & Lonigan, C.J. (2018, April). *Relations between executive functions and academic outcomes in elementary school: A meta-analysis*. Presentation given at the annual Graduate Research Day, Tallahassee, FL.
- Allan, D., Lerner, M., Farrington, A., **Spiegel, J.A.**, & Lonigan, C.J. (2015, March). *Longitudinal associations between executive functioning skills in preschool and later internalizing symptoms: A multi-method study*. Presentation given at the biennial meeting of the Society for Research in Child Development, Philadelphia, PA.
- Lonigan, C.J., **Spiegel, J.A.**, Goodrich, J.M., Morris, B.M., Osborne, C.M., Lerner, M.D., & Phillips, B.M. (2017, April). *Does preschool self-regulation predict later behavior problems in general or specific problem behaviors?* Presentation given at the biennial meeting of the Society for Research In Child Development, Austin, TX.

RESEARCH EXPERIENCE

- 2018 – 2020 **Primary Investigator: Dimensionality of Memory in Elementary School**
Christopher Lonigan Lab, Department of Clinical Psychology, Florida
Center for Reading Research, Florida State University
- 2016 – 2017 **Graduate Research Assistant**
Christopher Lonigan Lab, Department of Clinical Psychology, Florida
Center for Reading Research, Florida State University
- 2013 – 2016 **Pre-Doctoral Interdisciplinary Training (PIRT) Program Fellow**
Florida State University
- 2014 – 2015 **Primary Investigator: A head-to-toes approach to computerized testing
of executive functioning**
Christopher Lonigan Lab, Department of Clinical Psychology, Florida
Center for Reading Research, Florida State University
- 2012 – 2013 **Graduate Research Assistant**
Harriet Waters Lab
Department of Psychology, Stony Brook University

CLINICAL EXPERIENCE

- 2019 – 2020 **Center for ADHD**
Cincinnati Children’s Hospital Medical Center
Cincinnati, OH
- Provided assessment, diagnosis, and therapeutic services (individual and group based) for children and adolescents with ADHD and other comorbid disorders.
 - Completed ADOS training
- July –
December 2019 **Mayerson Clinic Trauma and Neglect**
Cincinnati Children’s Hospital Medical Center
Cincinnati, OH
- Completed PCIT training led by Erica Pearl Messer, Psy.D. (PCIT Level 2 Trainer). Working towards meeting requirements for PCIT certification.
 - Completed online TF-CBT training through MUSC.
 - Co-led PCIT and TF-CBT sessions for youths with disruptive behavior disorders who have experienced trauma and/or neglect.
- July –
December 2019 **Epilepsy Clinic**
Cincinnati Children’s Hospital Medical Center
Cincinnati, OH
- Worked as part of an interdisciplinary medical team within the new onset and advanced seizure clinics with pediatric nurse practitioners, neurologists, registered nurses, social workers, and psychologists.
 - Provided brief assessment and intervention to address psychological concerns of children and adolescents with Epilepsy diagnoses attending follow-up medication monitoring appointments.

- January –
July 2020
- TKOC – In-school Community Consultation for Children with Autism
Cincinnati Children’s Hospital Medical Center**
Cincinnati, OH
- Participate in school-based consultation for children with Autism Spectrum Disorder.
- January –
July 2020
- Sleep Disorders Clinic
Cincinnati Children’s Hospital Medical Center**
Cincinnati, OH
- Conduct clinical assessments of sleep difficulties
 - Provision of clinical feedback and recommendations to families
 - Conduct consultative services through CPAP clinic
- 2014 – 2019
- Clinician at Children’s Learning Clinic (CLC)**
Tallahassee, FL
- Conducted neuropsychological examinations for children between the ages of eight and thirteen
- 2017 – 2018
- Clinician at the Apalachee Center**
Tallahassee, FL
- Individual therapy with children, adolescents, families, and adults through the outpatient and FACT (intensive outpatient) programs
 - Individual therapy and group therapy on crisis hospital units for children, adolescents, and adults
 - Psycho-educational and psycho-diagnostic assessments for outpatient, CAT program (intensive outpatient for children and adolescents), and inpatient clients
- 2014 – 2018
Summers
- Therapy Group Co-Leader at the Multidisciplinary Center Florida State University**
Tallahassee, FL
- Migrant education program (summer 2015 and 2016)
 - Provided psychoeducation and promoted social skills and emotion recognition in children migrant workers. These children’s native language was Spanish.
 - Summer therapy program (summer 2017 and 2018)
 - Utilized the *We Thinkers!* manual with a group of preschool-age children diagnosed with Autism Spectrum Disorder.
 - Utilized the *Zones of Regulation* manualized treatment supplemented with a token economy with a group of early elementary school-age children.
- 2014 – 2016
- Clinician at Florida State Psychology Clinic**
Tallahassee, FL
- Provided assessment, diagnosis, and therapeutic services (individual and group based) for children, adolescents and adults.
 - Conducted suicide risk assessments and risk check-ins, and provided crisis management via emergency phone line on a rotating basis

TEACHING, SUPERVISION, & MENTORSHIP

Teaching:

- Summer 2019
Spring 2019
Fall 2018
Summer 2016
- Instructor – Abnormal Child Psychology (CLP 4134)**
Florida State University
- 2014 – Fall 2019
- Instructor – Directed Individualized Studies**
Florida State University
- Designed and taught a laboratory course in which students were instructed on designing and conducting research. Course included hands on didactics and trainings on the administration of research protocols, journal club style discussions of research articles, and supervision of undergraduate research assistants while they interacted with study participants.
- March 9, 2018
April 22, 2016
- Guest Lecturer – Staffing on Specific Learning Disorders and Response to Intervention**
Florida State University Psychology Clinic
- Hour long clinical staffing provided to graduate level clinicians on the diagnosis of Specific Learning Disorders and Response to Intervention (RtI) system.
- Summer 2017
- Instructor – Introduction to Conducting Literature and Meta-Analytic Reviews**
Florida State University
- Conducted a six-week (once weekly) statistics workshop for undergraduate students.

Clinical Supervision:

- 2016 – 2018
- Peer Supervisor at the Florida State Psychology Clinic**
- Participated in the peer supervision course offered by Drs. Kofler and Kemper at FSU
 - Supervised beginning level graduate student therapists in conducting Parent Strategies group following Barkley's manual for Parent Training.
 - Supervised the completion of psychoeducational evaluations conducted by beginning graduate level therapists.
 - All peer supervision was conducted under the umbrella supervision of a licensed Ph.D. level therapist

Mentorship:

Spring 2019 & Spring 2018 Supervised the completion of undergraduate level research studies culminating in presentations at FSU Undergraduate Research Day:

Fulla, A., Barry, J., Radda, A., **Spiegel, J.A.**, & Lonigan, C.J. (2018, April). *The Relations Between Executive Functioning and Reading Skills in Children with ADHD: A Meta-Analysis*. Poster presented at FSU Department of Psychology Undergraduate Research Day, Tallahassee, FL.

Hetzel-Ebben, H., Bauermeister, N., **Spiegel, J.A.** (2018, March). *The Relations Between Executive Functioning and Reading Skills in Children with ADHD: A Meta-Analysis*. Poster presented at FSU Undergraduate Research Day, Tallahassee, FL.

Bauermeister, N., Hetzel-Ebben, H., **Spiegel, J.A.** (2018, April). *The Relations Between Executive Functioning and Reading Skills in Children with ADHD: A Meta-Analysis*. Poster presented at FSU Department of Psychology Undergraduate Research Day, Tallahassee, FL.

Spring 2019

Fall 2018

Fall 2016

Spring 2016

Fall 2015

Spring 2014

Applying for Graduate School and Research Positions

Florida State University

- Recruited a panel of discussants to meet with undergraduates interested in applying to graduate school. The goal of the workshop was to encourage interdisciplinary discussions of career options relation to the social sciences and to encourage students of diverse background to continue within the social sciences.

RESEARCH-RELATED HONORS AND REWARDS

2018

Russell and Eugenia Morcom Graduate Research Development Excellence Award

2017

Society for Research in Child Development Travel Award

2013 - 2016

Predocctoral Interdisciplinary Research Training Fellowship

2014, 2016

Graduate Research Development Award

MEMBERSHIPS

Member of Society for Research in Child Development, 2015 – 2018

Member of Society for the Scientific Study of Reading, 2015 – 2016

Member of Society for Research in Educational Effectiveness, 2013 – 2015