

# Shayl F. Griffith, PhD.

Department of Counseling, Recreation, and School Psychology • Florida International University • 11200  
SW 8<sup>th</sup> St, Miami, FL 33199  
305-348-9976 • [shagriff@fiu.edu](mailto:shagriff@fiu.edu)

## EDUCATION AND TRAINING

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- Ph.D. (Clinical Psychology) – University of Massachusetts Amherst, Amherst, MA** 2018  
*Dissertation: “Home Learning in the New Mobile Age: Parent-Child Interactions around Mobile Devices and their Relation to Early Academic Development”*  
Advisor: David H. Arnold
- Doctoral Internship (Child/Adolescent/Pediatric Track) - Rush University Medical Center, Chicago, IL** 2017-2018
- M.S. (Clinical Psychology) – University of Massachusetts Amherst, Amherst, MA** 2014
- B.A. (Psychology), *Highest Honors* – Clark University, Worcester, MA** 2012

## POSITIONS HELD

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- Assistant Professor** 2020-present  
Department of Counseling, Recreation, and School Psychology  
Florida International University, Miami, FL.
- Postdoctoral Associate** 2018-2020  
Department of Psychology  
Florida International University, Miami, FL

## INTERESTS AND SPECIALTY AREAS

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Early childhood, digital media use, parent-child interactions, prevention and intervention research, behavioral parent training, neurodevelopmental assessment

## LICENSURE/CERTIFICATION

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Licensed Psychologist, Florida (License # 10795)

## GRANTS AND FELLOWSHIPS

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- NAEd/Spencer Postdoctoral Research Fellowship** 2020-present  
Source: National Academy of Education/Spencer Foundation  
Role: Principal Investigator  
\$70,000
- Thrive by 5: Read to Learn Book Club Implementation** 2018-2020  
Source: The Children’s Trust  
Role: Co-Investigator (PI: Miami-Dade Family Learning Partnership, Inc.)  
\$2,915,000 (subcontract: \$92,500)

<b>NAed/Spencer Dissertation Research Fellowship</b> Source: National Academy of Education/Spencer Foundation Role: Principal Investigator \$27,500	2016-2017
<b>Center for Research on Families Graduate Research Fellowship</b> Source: University of Massachusetts Amherst Role: Principal Investigator \$10,000	2015-2016
<b>Graduate School Dissertation Research Grant</b> Source: University of Massachusetts Amherst Role: Principal Investigator \$1,000	2015

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## HONORS AND AWARDS

Graduate Travel Grant, University of Massachusetts Amherst  
 SRCD-Sponsored Pre-Conference Meetings - Graduate Student Travel Grant  
 Lee Gurel/John E. Bell Endowed Student/Faculty Achievement Award: Clark University, with Dr. Wendy S. Grolnick  
 Simon and Eve Colin Undergraduate Creativity Award for Research in Psychology: Clark University

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## PEER REVIEWED PUBLICATIONS

[Note: \* indicates author was a mentored student]

1. **Griffith, S.F.**, Maynard, D.M., & Bagner, D.M. (in press) Barbadian Teachers' Identification of Social-Emotional, Behavioral, and Learning Challenges in Young Children. *International Journal of School and Educational Psychology*.
2. **Griffith, S. F.**, Hagan, M. B.\*, Heymann, P.\*, Heflin, B. H.\*, Bagner, D.M. (2019). Apps as learning tools? A systematic review. *Pediatrics*, 144 (6). doi:10.1542/peds.2019-1579
3. **Griffith, S. F.**, Hanson, K. G., Rolon-Arroyo, B., Arnold, D. H. (2019). Promoting achievement in low-SES preschoolers with educational apps. *Journal of Children and Media*, 13 (3), 328-344. doi: [10.1080/17482798.2019.1613246](https://doi.org/10.1080/17482798.2019.1613246)
4. **Griffith, S.F.**, & Arnold, D.H. (2019). Home learning in the new mobile age: Parent-child interactions around mobile devices and their relation to early academic development. *Journal of Children and Media*, 13(1), 1-19. doi: 10.1080/17482798.2018.1489866
5. **Griffith, S. F.**, Harvey, E. A., Rolon-Arroyo, B., & Arnold, D. H. (2019). Neuropsychological predictors of ODD symptom dimensions in young children. *Journal of Clinical Child and Adolescent Psychology*, 48(1), 80-92. doi: 10.1080/15374416.2016.1266643.
6. Brown, H. R., Harvey, E. A., **Griffith, S. F.**, Arnold, D. H., & Halgin, R. P. (2017). Assent and dissent: Ethical considerations in psychological research with toddlers. *Ethics and Behavior*, 27(8), 651-664. doi: 10.1080/10508422.2016.1277356.
7. Breaux, R. P., **Griffith, S. F.**, & Harvey, E. A. (2016). Preschool neuropsychological measures as predictors of later attention deficit hyperactivity disorder. *Journal of Abnormal Child Psychology*, 44(8), 1455-1471. doi:10.1007/s10802-016-0140-1

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8. Tichovolsky, M. H., **Griffith, S. F.**, Rolon-Arroyo, B. Arnold, D. H., Harvey, E. A. (2016). A longitudinal study of fathers' and young children's depressive symptoms: Three growth-modeling approaches. *Journal of Clinical Child and Adolescent Psychology*, Advance online publication. doi: 10.1080/15374416.2016.1212357.
  9. **Griffith, S. F.**, Arnold, D. H., Voegler-Lee, M. E., & Kupersmidt, J. B. (2016) Individual characteristics, family factors, and classroom experiences as predictors of low-income kindergarteners' social skills. *Journal of Educational and Developmental Psychology*, 6 (1), 59-76. doi: 10.5539/jedp.v6n1p59.
  10. Marshall, N. A., Arnold, D. H., Rolon-Arroyo, B., **Griffith, S. F.** (2015). The association between relational aggression and internalizing symptoms: A review and meta-analysis. *Journal of Social and Clinical Psychology*, 34 (2), 135-160. doi:10.1521/jscp.2015.34.2.135.
  11. **Griffith, S. F.**, & Grolnick, W. S. (2014). Parenting in Caribbean families: A look at parental control, structure and autonomy support. *Journal of Black Psychology*, 40 (2), 160-190. doi: 10.1177/0095798412475085.

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#### PROFESSIONAL PRESENTATIONS

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1. Maynard, D.M., & Griffith, S.F. (2019). Early-Childhood Teachers' Screening and Referral Practices for Emotional-behavioural and Learning Challenges in Barbados. Fourteenth Annual Caribbean Child Research Conference (CRC), Bridgetown, Barbados.
2. **Griffith, S. F.**, & Arnold, D. H. (2017). Parent-child interactions during joint use of educational apps. The Biennial Meeting of the Society for Research on Child Development, Austin, TX.
3. **Griffith, S. F.**, Hanson, K. G., Rolon-Arroyo, B., Arnold, D. H (2017). Educational apps improve preliteracy and emergent math skills in low-income preschoolers. The Biennial Meeting of the Society for Research on Child Development, Austin, TX.
4. **Griffith, S. F.**, Harvey, E. A., Rolon-Arroyo, B., & Arnold, D. H. (2016). Neuropsychological functions as predictors of angry/irritable and argumentative/defiant Symptoms of ODD in young children. The Association of Behavioral and Cognitive Therapies Annual Convention, New York, NY.
5. **Griffith, S. F.**, Arnold, D. H., Voegler-Lee, M. E., & Kupersmidt, J. B. (2015). Preschool Classroom-, Family-, and Child-Level Predictors of Low-SES Kindergarteners' Social Skills. The Association for Psychological Science Annual Convention, New York, NY.
6. Flamm, E. S., Grolnick W. S., & **Griffith, S. F.** (2012). Adolescent adjustment in the context of life change: The supportive role of parental structure provision. The Biennial Meeting of the Society for Research on Adolescents, Vancouver, BC.
7. **Griffith, S. F.**, Grolnick W. S, Raftery, J. N, & Flamm, E. S. (2011). The role of parental involvement, structure, and autonomy support in the lives of children-at-risk. Annual Meeting of the New England Psychological Association, Fairfield, CT.

## **RESEARCH EXPERIENCE**

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### **Florida International University, Miami, FL**

2018-2020

*Postdoctoral Associate*

#### Early Childhood Behavior Lab | 2018-present

Conduct independent research and mentor graduate students in completion of research. Contribute to NIH-funded projects in the lab investigating internet-delivered Parent-Child Interaction Therapy (NICHD R01HD084497) and mental health early intervention services (NIMH R34MH110541). Partner with Miami-Dade Family Learning Partnership, Inc. to develop and evaluate caregiver guides on educational media use for families participating in a book club program, with funding from The Children's Trust.

*Postdoctoral Mentor: Daniel M. Bagner, PhD.*

### **University of Massachusetts Amherst, Amherst, MA**

2012-2017

*Graduate Student Researcher*

#### The Early Learning Project | 2014-2017

*Dissertation: "Home Learning in the New Mobile Age: Parent-Child Interactions around Mobile Devices and their Relation to Early Academic Development"*

Conducted a randomized controlled study with low-SES families investigating the potential of apps for mobile devices to promote pre-literacy and pre-math skills, and academic interest in preschoolers. Directed the coding of videotaped parent-child interactions, including training and supervising a team of undergraduate coders.

*Advisor/Dissertation Chair: David H. Arnold, Ph.D.*

#### The Early Behavior Development Lab (NIMH R01MH060132) | 2014-2017

Conducted data analysis using LISREL and SPSS and manuscript preparation for a 4-year longitudinal study of the development of disruptive behaviors from preschool to school age, resulting in one first author publication and two second-author publications.

*Principal Investigator: Elizabeth A. Harvey, Ph.D.*

#### Building Bridges Project (NICHD R01HD046126, collaboration with University of North Carolina at Chapel Hill) | 2012-2013

Completed a master's thesis on the predictors of social skill development in a sample of low-income kindergarteners using data from a longitudinal randomized controlled study of the Building Bridges program, a preschool program designed to increase kindergarten readiness by accelerating the development of language and emergent literacy, mathematics, and behavioral skills in preschoolers.

*Principal Investigators: David H. Arnold, PhD., and Janis B. Kupersmidt, PhD*

## **CLINICAL EXPERIENCE**

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### **Center for Children and Families, Florida International University, Miami, FL**

2018-2020

*Postdoctoral Associate*

Early Childhood Neurodevelopmental Clinic; FIU Summer Academy

Coordinated clinic services and provided supervision to doctoral students conducting neurodevelopmental assessments for children under age 5; Conducted intake assessments to determine eligibility for a therapeutic summer camp

### **Queen Elizabeth Hospital, Bridgetown, Barbados**

Summer 2018

*Clinician*

Pediatric Psychology Clinic

Conducted psychoeducational and developmental assessments for children referred to the Pediatric Outpatient Department for cognitive, social, or behavioral concerns.

**Rush University Medical Center, Chicago, IL** 2017-2018  
*Psychology Doctoral Intern, Child/Adolescent/Pediatric Track*  
 Pediatric Neurodevelopmental Evaluation Service; Neonatal Intensive Care Unit and High-Risk Infant Follow Up Clinic; Rush Therapeutic Day School; Pediatric Inpatient Consultation/Liaison and Psychosocial Oncology Service; Outpatient Clinics  
 Provided assessment, psychotherapy, and consultation/liaison services in inpatient and outpatient hospital settings for children and families.

**Baystate Children’s Hospital, Springfield, MA** 2015-2016  
*Psychology Extern*  
 Developmental and Behavioral Pediatrics Clinic  
 Provided neurodevelopmental evaluations and parent consultation for developmental delays and disabilities, behavior disorders, and learning disorders in children primarily under age 8.

**Psychological Services Center, University of Massachusetts Amherst, Amherst, MA** 2013-2017  
*Clinician; Student Supervisor*  
 ADHD Assessment Clinic; Neuropsychological Assessment Clinic; Child Therapy Team  
 Provided outpatient therapy and assessment for children and families. Provided student supervision to clinical doctoral students conducting neuropsychological assessments for children and adults presenting with difficulties with attention and concentration.

**ADDITIONAL CLINICAL TRAINING**

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**Autism Diagnostic Observation Schedule-2nd Edition - Training for Clinicians (Modules 1-4, plus Toddler Module)** December 2017  
 Facilitator: Valeria Nanclares-Nogues, Psy.D., Certified Independent Trainer (ADI/ADOS)

**TEACHING EXPERINCE**

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**Department of Continuing and Professional Education, University of Massachusetts Amherst, Amherst, MA** 2014-2017  
*Course Instructor*, Introductory Psychology (online)  
 Instructor-of-record for 7 accelerated summer and winter course sessions, and 1 regular semester session between Summer 2014 and Summer 2017.

**Department of Psychological and Brain Sciences, University of Massachusetts Amherst, Amherst, MA**  
*Graduate Teaching Assistant:*

Graduate Inferential Statistics I and II	Fall 2014- Spring 2016
Abnormal Psychology	Fall 2014
Methods of Inquiry in Psychology	Spring 2013-Spring 2014
Introductory Psychology	Fall 2012

**Power up for College Success, University of Massachusetts Amherst**

<i>Coordinator</i>	Summer 2015
<i>Assistant Coordinator</i>	Summer 2014
<i>Instructor</i>	Summer 2013

Course instructor and coordinator for college-prep summer program for incoming first-year students.

## **PROFESSIONAL ACTIVITIES**

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2015-present

### **Ad Hoc Reviewer**

*Pediatrics*

*Journal of Clinical Child and Adolescent Psychology*

*Journal of Black Psychology*

*Education and Treatment of Children*

*Computers and Education*

*Infant Behavior and Development*

**Clinical Division Diversity Committee**, Florida International University

2018-2020

*Committee Member*

**Graduate Studies Committee**, University of Massachusetts Amherst

2013-2016

*Graduate Student Representative*

**Developmental Science Retreat Committee**, University of Massachusetts

2013

Amherst

*Committee Member*

## **MEDIA COVERAGE**

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US News and World Report, WebMD: "Can apps make your kids smarter?", December 23, 2019

Reuters Health, Yahoo News: "Apps may help kids learn ABCs and 123s", December 23, 2019

Infectious Diseases in Children (Healio.com): "Apps show teaching potential for math, early academic skills", December 23, 2019