

Curriculum Vitae
(Last updated May 2019)

Justin Parent

Florida International University
Department of Psychology
Center for Children & Families
11200 S.W. 8th Street, AHC1-236
Miami, FL 33199
Email: jparent@fiu.edu

Educational History

University of Vermont, Burlington, VT Ph.D. in Clinical and Developmental Psychology	2011 - 2017
Brown University Clinical Psychology Training Consortium Alpert Medical School of Brown University, Providence, RI APA-Approved Clinical Internship	2016 – 2017
University of Vermont, Burlington, VT B.A. in Psychology (with departmental honors in Psychology)	2008 – 2011

Academic Positions

Assistant Professor (Tenure-Track) Department of Psychology, Center for Children and Families Florida International University, Miami, FL	2017 – Present
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Awards and Honors

NIH/OBSSR's Early Stage Investigator Paper Competition Winner	2018
SRCD Student Travel Award	2017
APA Division 43 Student Research Award	2016
APA Student Travel Award	2016
The Child, Adolescent and Families Caucus Student Travel Award	2016
Oxford Mindfulness Centre Summer Scholarship	2015
APA Division 53 Student Achievement Award	2014
Heinz L. Ansbacher Award, University of Vermont	2011
Psi Chi Member, International Honor Society in Psychology	2011
McNair Scholar	2010

Professional Service Activities

Editorial Positions

Editorial Board	<i>Journal of Family Psychology</i> (2017 – current)
Editorial Board	<i>Journal of Abnormal Child Psychology</i> (2018 – current)
Editorial Board	<i>Mindfulness</i> (2019 – current)
Associate Editor	<i>Journal of Child and Family Studies</i> (2015 – 2019)
Associate Editor	<i>Mindfulness</i> (2017 – 2019)

Ad Hoc Journal Reviewing (past two years)

<i>Behavior Therapy</i>	<i>Journal of Consulting and Clinical Psychology</i>
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Total cost: \$1,805

Child and Adolescent Psychology Training and Research, Inc. 01/01/2015 – 12/30/2015

Comprehensive Multidimensional Assessment of Parenting III: Twelve-month Longitudinal Follow-up

Role: Principal Investigator (Faculty Sponsor: Rex Forehand, Ph.D.)

Total cost: \$5,395

Child and Adolescent Psychology Training and Research, Inc. 01/01/2015 – 12/30/2015

Improving Broadband & Technology-Specific Parenting Self-Efficacy: A Pilot Intervention to Reduce Child Screen Time.

Role: Co-Investigator (PI: Wesley Sanders; Faculty Sponsor: Rex Forehand, Ph.D.)

Total cost: \$5,454

UVM Psychology Department Competitive Award 03/01/2014 – 04/01/2015

Comprehensive Multidimensional Assessment of Parenting II: Four-month Longitudinal Follow-up

Role: Principal Investigator (Faculty Sponsor: Rex Forehand, Ph.D.)

Total cost: \$1,980

Child and Adolescent Psychology Training and Research, Inc. 05/01/2013 – 05/01/2014

Comprehensive Multidimensional Assessment of Parenting: Development and Initial Validation

Role: Principal Investigator (Faculty Sponsor: Rex Forehand, Ph.D.)

Total cost: \$5,580

McNair Scholars Program 06/01/2010 – 09/01/2010

Parent Mindfulness and Child Outcomes within the Context of Parent Depression and Parenting

Role: Principal Investigator (Faculty Sponsor: Rex Forehand, Ph.D.)

Total cost: \$1,350

Undergraduate Research Endeavors Competitive Awards 01/01/2009 – 01/01/2011

Evaluating the Specificity of Anxiety Sensitivity in Regard to Anxiety and Worry about Bodily Sensations among Adults with HIV/AIDS.

Role: Principal Investigator (Faculty Sponsor: Michael J. Zvolensky, Ph.D.)

Total cost: \$3,000

Scholarly Publications

In Press

53. Parent, J., *Dale, C., McKee, L. G., & Sullivan, A. D.W. (in press). The longitudinal influence of parental mindfulness on parenting and youth psychopathology. *Mindfulness*.

2019

52. Han, Z.R., Ahemaitijiang, N., Yan, J., Hu, X., Parent, J., *Dale, C., *DiMarzio, K., & Singh, N.N. (2019). Parent mindfulness, parenting and child psychopathology in China. *Mindfulness*. doi: 12671-019-01111-z

51. Breslend, N. L., Parent, J., Forehand, R., Peisch, V., & Compas, B. E. (2019). Children of parents with a history of depression: The impact of a preventive intervention on child social problems through reductions in internalizing problems. *Development & Psychopathology*, 31, 219-231. doi: 10.1017/S0954579417001821

2018

50. Sanders, W., **Parent, J.**, Abaied, J. L., Forehand, R., Coyne, S., & Dyer, W. J. (2018). The impact of aggressive and prosocial media content on adolescent development: Moderation by adolescent psychophysiology. *Journal of the Adolescent Health, 63*, 459-465. doi: 10.1016/j.jadohealth.2018.05.019
49. McKee, L. G., **Parent, J.**, Zachary, C. R., & Forehand, R. (2018). Mindful parenting and emotion socialization practices: Concurrent and longitudinal associations. *Family Process, 57*, 752-766. doi: 10.1111/famp.12329
48. van Stolk-Cooke, C., Brown, A., Maheux, A., **Parent, J.**, Forehand, R., & Price, M. (2018). Crowdsourcing trauma: Psychopathology in a trauma-exposed sample recruited via Mechanical Turk. *Journal of Traumatic Stress, 31*, 549–557. doi: 10.1002/jts.22303
47. Sullivan, A., **Parent, J.**, Forehand, R., & Compas, B. (2018). Changes in observed parenting associated with decreases in interparental conflict following preventive intervention. *Behavior Research & Therapy, 106*, 64-70. doi: 10.1016/j.brat.2018.05.006
46. Sanders, W., **Parent, J.**, & Forehand, R. (2018). Parenting to reduce child screen time: A feasibility pilot study. *Journal of Developmental and Behavioral Pediatrics, 39*, 46-54. doi: 10.1097/DBP.0000000000000501

2017

45. **Parent, J.**, Parade, S. H., Laumann, L., Ridout, K. K., Yang, B., Marsit, C. J., Seifer, R., & Tyrka, A. R. (2017). Dynamic stress-related epigenetic regulation of the glucocorticoid receptor gene promoter during early development: The role of child maltreatment. *Development & Psychopathology, 29*, 1635-1648. doi:10.1017/S0954579417001298
44. Parade, S. H., **Parent, J.**, Rabemananjara, K., Seifer, R., Marsit, C. J., Yang, B., Zang, H., & Tyrka, A. R. (2017). Change in fkbp5 methylation over time among preschoolers with adversity. *Development & Psychopathology, 29*, 1627-1634. doi: 10.1017/S0954579417001286
43. Parade, S.H., Novick, A. M., **Parent, J.**, Seifer, R., Klaver, S., Marsit, C., Gobin, A. P., Yang, B., & Tyrka, A. R. (2017). Contextual stress and psychopathology alter methylation of the serotonin receptor HTR2A gene in preschoolers. *Development & Psychopathology, 29*, 1619 - 1626. doi: 10.1017/S0954579417001274
42. **Parent, J.**, Forehand, R., Pomerantz, H., Peisch, V., & Seehuus, M. (2017). Father participation in child psychopathology research. *Journal of Abnormal Child Psychology, 45*, 1259-1270. doi: 10.1007/s10802-016-0254-5
41. Forehand, R., **Parent, J.**, Peisch, V. D., Sonuga-Barke, E., Breslend, N. L., Long, N., & Abikoff, H. B. (2017). Does parent ADHD reduce the efficacy of parent training for preschool ADHD? A secondary analysis of a randomized controlled trial. *Behavior Research & Therapy, 97*, 163-169. doi: 10.1016/j.brat.2017.08.002
40. **Parent, J.**, & Forehand, R. (2017). The Multidimensional Assessment of Parenting Scale (MAPS): Development and psychometric properties. *Journal of Child and Family Studies, 26*, 2136-2151. doi: 10.1007/s10826-017-0741-5
39. **Parent, J.**, Peisch, V., Forehand, R., Golub, A., & Reid, M. (2017). Family transitions in cohabiting families: A longitudinal investigation of the role of parent depressive symptoms in youth problem behaviors. *Journal of Abnormal Child Psychology, 45*, 681-691. doi: 10.1007/s10802-016-0202-4

38. Pomerantz, H., **Parent, J.**, Forehand, R., Breslend, N. L., & Winer, J. (2017). Pubertal timing and youth internalizing psychopathology: The role of relational aggression. *Journal of Child and Family Studies*, 26, 416-423. doi: 10.1007/s10826-016-0598-z

2016

37. Forehand, J., **Parent, J.**, Sonuga-Barke, E., Peisch, V., Long, N., & Abikoff, H. (2016). Which type of parent training works best for preschoolers with comorbid ADHD and ODD? A secondary analysis of a randomized controlled trial comparing generic and specialized programs *Journal of Abnormal Child Psychology*, 44, 1503-1513. doi: 10.1007/s10802-016-0138-8
36. Breslend, N. L., **Parent, J.**, Forehand, R., & Compas, B. (2016). Parental depressive symptoms and youth internalizing and externalizing problems: The moderating role of interparental conflict. *Journal of Family Violence*, 31, 823-831. doi:10.1007/s10896-016-9817-z
35. Sanders, W., **Parent, J.**, Forehand, R., & Breslend, N. L. (2016). The roles of general and technology-specific parenting in managing youth screen time. *Journal of Family Psychology*, 30, 641-646. doi: 10.1037/fam0000175
34. Peisch, V., Forehand, R., **Parent, J.**, Golub, A., Reid, M., & Price, M. (2016). Intimate partner violence in cohabiting families: Reports by multiple informants and associations with adolescent outcomes. *Journal of Family Violence*, 31, 747-757. doi: 10.1007/s10896-016-9808-0
33. Brassell, A., Rosenberg, E., **Parent, J.**, Rough, J., Fondacaro, K., & Seehuus, M. (2016). Parent's psychological flexibility: Relations with parenting and child psychosocial well-being. *Journal of Contextual and Behavioral Science*, 5, 111-120. doi: 10.1016/j.jcbs.2016.03.001
32. **Parent, J.**, Sanders, W., & Forehand, R. (2016). Youth screen time and behavioral health problems: The role of sleep duration and disturbances. *Journal of Developmental and Behavioral Pediatrics*, 37, 277-284. doi: 10.1097/DBP.0000000000000272
31. Winer, J. P., **Parent, J.**, Forehand, R., & Breslend, N. L. (2016). Interaction effects of psychosocial stress and early pubertal timing on adolescent depression and anxiety: Contextual amplification in family and peer environments. *Journal of Child and Family Studies*, 25, 1375-1384. doi:10.1007/s10826-015-0318-0
30. Forehand, R., **Parent, J.**, Reid, M., & Golub, A. (2016). Positive parenting by male cohabiting partners in low-income urban Black cohabiting stepfamilies: The roles of coparenting conflict and support. *Journal of Early Adolescence*, 36, 420-441. doi: 10.1177/0272431614566947
29. Sanders, W., **Parent, J.**, Forehand, R., Sullivan, A. D. W., & Jones, D. J. (2016). Parent perceptions and technology-related parenting: Associations with youth screen time. *Journal of Applied Developmental Psychology*, 44, 28-38. doi: 10.1016/j.appdev.2016.02.005
28. **Parent, J.**, McKee, L. G., Anton, M., Gonzalez, M., Jones, D. J., & Forehand, R. (2016). Mindfulness in parenting and coparenting. *Mindfulness*, 7, 504-513. doi: 10.1007/s12671-015-0485-5
27. **Parent, J.**, McKee, L. G., Rough, J. N., & Forehand, R. (2016). The association of parent mindfulness with parenting and youth psychopathology across three developmental stages. *Journal of Abnormal Child Psychology*, 44, 191-202. doi: 10.1007/s10802-015-9978-x. **Selected for featured review by the Greater Good Science Center at UC Berkeley - Top 10 Insights from the Science of a Meaningful Life in 2016.**

26. **Parent, J.,** McKee, L. G., & Forehand, R. (2016). Seesaw discipline: The interactive effect of harsh and lax discipline on youth psychological adjustment. *Journal of Child and Family Studies, 25*, 396-406. doi: 10.1007/s10826-015-0244-1

2015

25. Forehand, R., **Parent, J.,** Golub, A., & Reid, M. (2015). Male cohabiting partners as primary coparents in low-income black stepfamilies. *Journal of Child and Family Studies, 24*, 2874-2880. doi 10.1007/s10826-014-0091-5
24. Forehand, R., **Parent, J.,** Lafko, N., Golub, A., & Reid, M. (2015). Involvement in childrearing and firm control parenting by male cohabiting partners in Black low-income stepfamilies: Forecasting adolescent problem behaviors. *Behavior Modification, 39*, 654-669. doi: 10.1177/0145445515587088
23. Jones, D. J., Anton, M., Gonzalez, M., Honeycutt, A., Khavjou, O., Forehand, R., & **Parent, J.** (2015). Incorporating mobile phone technologies to expand evidence-based care. *Cognitive and Behavioral Practice, 22*, 281-290. doi: 10.1016/j.cbpra.2014.06.002
22. Ho, S., Rohan, K. J., Tager, F. A., **Parent, J.,** & McKinley, P. S. (2015). A longitudinal study of depression, fatigue, and sleep disturbances in women with breast cancer. *Journal of Pain & Symptom Management, 49*, 707-715. doi: 10.1016/j.jpainsymman.2014.09.009. **Selected for featured review in *Breast Diseases: A Year Book Quarterly* (2015), 26**, 203-204.

2014

21. Forehand, R., Lafko, N., **Parent, J.,** & Burt, K. B. (2014). Is parenting the mediator of change in behavioral parent training for children's externalizing problems? *Clinical Psychology Review, 34*, 608-819. doi: 10.1016/j.cpr.2014.10.001
20. **Parent, J.,** Clifton, J., Forehand, R., Reid, M., Golub, A., & Pichler, E. R. (2014). Parental mindfulness and dyadic relationship quality in Black cohabiting stepfamilies: Associations with parenting experienced by adolescents. *Couple and Family Psychology: Research & Practice, 3*, 67-82. doi: 10.1037/cfp0000020
19. Forehand, R., **Parent, J.,** Golub, A., & Reid, M. (2014). Correlates of male cohabitating partner's involvement in childrearing tasks in low-income urban Black families. *Journal of Family Psychology, 28*, 336-345. doi: 10.1037/a0036369
18. McKee, L. G., **Parent, J.,** Forehand, R., Rakow, A., Watson, K. H., Dunbar, J. P., Hardcastle, E., & Compas, B. E. (2014). Reducing youth internalizing symptoms: Effects of a preventative intervention on parental guilt induction and youth cognitive style. *Development & Psychopathology, 26*, 319-332. doi: 10.1017/S0954579413001016
17. Gonzalez, M., Jones, D. J., & **Parent, J.** (2014). Coparenting experiences in African American families: An examination of single mothers and their non-marital coparents. *Family Process, 53*, 33-54. doi: 10.1111/famp.12063
16. **Parent, J.,** Forehand, R., Watson, K. H., Dunbar, J. P., Seehuus, M., & Compas, B. E. (2014). Parent and adolescent report of parenting when a parent has a history of depression: Associations with observations of parenting. *Journal of Abnormal Child Psychology, 42*, 173-183. doi: 10.1007/s10802-013-9777-1.
15. Jones, D. J., Forehand, R., Cuellar, J., **Parent, J.,** Honeycutt, A., Khavou, O., Gonzalez, M., & Anton, M. (2014). Technology-enhanced program for child disruptive behavior disorders: Development and pilot randomized control trial. *Journal of Clinical Child and Adolescent*

Psychology, 43, 88-101. doi: 10.1080/15374416.2013.822308

2013

14. Wright, A., **Parent, J.**, Forehand, R., Edwards, M. C., Conners-Burrow, N. A., & Long, N. (2013). The relation of parent and child gender to parental tolerance of child disruptive behaviors. *Journal of Child and Family Studies*, 22, 779-785. doi: 10.1007/s10826-012-9632-y
13. **Parent, J.**, Jones, D. J., Forehand, R., Cuellar, J., & Shoulberg, E. (2013). The role of coparents in African American single-mother families: The indirect effect of coparent identity on youth psychosocial adjustment. *Journal of Family Psychology*, 27, 252-262. doi: 10.1037/a0031477
12. Jones, D.J., Forehand, R., Cuellar, J., Kincaid, C., **Parent, J.**, Fenton, N., & Goodrum, N. (2013). Harnessing innovative technologies to advance children's mental health: Behavioral parent training as an example. *Clinical Psychology Review*, 33, 241-252. doi:10.1016/j.cpr.2012.11.003
11. Forehand, R., Jones, D. J., & **Parent, J.** (2013). Behavioral parenting interventions for child disruptive behaviors and anxiety: What's different and what's the same? *Clinical Psychology Review*, 33, 133-145. doi:10.1016/j.cpr.2012.10.010

2012

10. Goodrum, N. M., Jones, D. J., Kincaid, C. Y., Cuellar, J., & **Parent, J.** (2012). Youth externalizing problems in African American single mother families: A culturally-relevant model. *Couple & Family Psychology: Research & Practice*, 1, 294-305. doi:10.1037/a0029421
9. Gonzalez, A., Zvolensky, M. J., Grover, K. W., & **Parent, J.** (2012). The role of anxiety sensitivity and mindful attention in anxiety and worry about bodily sensations among adults living with HIV/AIDS. *Behavior Therapy*, 43, 768-778. doi: 10.1016/j.beth.2012.04.001
8. Forehand, R., Thigpen, J. C., **Parent, J.**, Hardcastle, E. J., Bettis, A., & Compas, B. E. (2012). The role of parent depressive symptoms in positive and negative parenting in a preventive intervention. *Journal of Family Psychology*, 26, 532-541. doi 10.1037/a0028406
7. Capron, D. W., Gonzalez, A., **Parent, J.**, Zvolensky, M. J., & Schmidt, N. B. (2012). Suicidal ideation and anxiety sensitivity in adults with HIV. *AIDS Patient Care and STDs*, 26, 298-303. doi: 0.1089/apc.2011.0429
6. Gonzalez A., Zvolensky, M. J., **Parent, J.**, Grover, K. W., & Hickey, M. (2012). HIV symptom distress and anxiety sensitivity in relation to panic, social anxiety, and depressive symptom among HIV-positive adults. *AIDS Patient Care and STDs*, 26, 156-164. doi: 10.1089/apc.2011.0309

2011

5. Forehand, R., **Parent, J.**, Linnea, K., Merchant, M. J., Long, N., & Jones, D. J. (2011). Why do parents seek help when their children's behavior is within normative levels? *Journal of Psychopathology and Behavioral Assessment*, 33, 438-445. doi:10.1007/s10862-011-9254-5
4. **Parent, J.**, Forehand, R., Merchant, M. J., Edwards, M. C., Conners-Burrow, N. A., Long, N., & Jones, D. J. (2011). The relation of harsh and permissive discipline with child disruptive behaviors: In an at-risk sample does child gender make a difference? *Journal of Family Violence*. 26, 527-533. doi:10.1007/s10896-011-9388-y
3. **Parent, J.**, Forehand, R., Merchant, M.J., Long, N., & Jones, J. (2011). Predictors of outcome of a parenting group curriculum: A pilot study. *Behavior Modification*, 35, 370-388. doi:10.1177/0145445511405185

2. Forehand, R., Merchant, M.J., **Parent, J.**, Long, N., Linnea, K., & Sulman Baer, J. (2011). An examination of a group curriculum for parents of young oppositional children. *Behavior Modification, 35*, 235-251. doi:10.1177/0145445510393731

2010

1. **Parent, J.**, Garai, E., Forehand, R., Roland, E., Champion, J. E., Haker, K., Hardcastle, E. J., & Compas, B. E. (2010). Parent mindfulness and child outcome: The roles of parent depressive symptoms and parenting. *Mindfulness, 1*, 254-264. doi:10.1007/s12671-010-0034-1

Submitted Manuscripts

3. Clifton, J., Pichler, E., **Parent, J.**, Seehuus, M., & Forehand, R. (revise & resubmit). Emotional responding. [*Journal of Clinical Psychology*].
2. Clifton, J., **Parent, J.**, Worrall G., Seehuus M., Domar A., & Forehand, R. (under review). An internet-based mind/body intervention to mitigate distress in women experiencing infertility: A randomized pilot trial. [*Plos One*].
1. Peisch, V., *Dale, C., **Parent, J.**, & Burt, K. (revise & Resubmit). Parent socialization of coping and child emotion regulation abilities: A longitudinal examination. [*Family Process*].

Manuscripts in Preparation

5. Loisel, R., **Parent, J.**, Forehand, R., Thissen, D., & Jones, D. J. (2018, November). Multidimensional assessment of parenting scale (MAPS): Item-response theory analysis.
4. **Parent, J.**, *DiMarzio, K., Peisch, V., & McKee, L. (in preparation). Mindfulness in coparenting: A prospective longitudinal process model.
3. *DiMarzio, K., **Parent, J.**, Forehand, R., Champion, J., & Compas, B. E. (in preparation). Parental depression and child role-confusion: The roles of parenting and coparenting conflict.
2. *Acosta, J., *Dale, C.F., *DiMarzio, K. & **Parent, J.** (in preparation). Youth sleep problems and parenting behaviors: The roles of warmth, behavioral control, and emotion socialization.
1. *Dale, C., **Parent, J.**, Forehand, R., Sonuga-Barke, E., Abikoff, H. (in preparation). Behavioral parent training for preschool ADHD: The influence of child and parental factors on change in parenting practices.

Conference Presentations

2019

61. *Acosta, J., *Dale, C.F., *DiMarzio, K. & **Parent, J.** (2019, March). Youth sleep problems and parenting behaviors: The roles of warmth, behavioral control, and emotion socialization. Poster presented at the International Convention of Psychological Science, Paris, France.
60. *Dale, C., Shapero, B.G., **Parent, J.**, & Hirshfeld-Becker, D. (2019, March). The impact of parenting practices on children's need-threat perceptions after social ostracism. Poster presented at the International Convention of Psychological Science, Paris, France.
59. *Acosta, J., *Dale, C.F., & **Parent, J.** (2019, March). Longitudinal association between child sleep problems and parenting practices: The role of child developmental stage. Poster presented at the Society for Research in Child Development Biennial Meeting, Baltimore, MD.

58. *Dale, C.F., *Acosta, J., McGregor, E., & **Parent, J.** (2019, March). The longitudinal association between youth screen time and behavioral problems: The role of sleep disturbances. Poster presented at the Society for Research in Child Development Biennial Meeting, Baltimore, MD.

2018

57. *Dale, C., **Parent, J.**, Forehand, R., Sonuga-Barke, E., & Abikoff, H. (2018, November). Behavioral parent training for preschool ADHD: The influence of child and parental factors on change in parenting and child outcomes. Poster presented at the 52nd annual meeting of the Association for Behavioral and Cognitive Therapies, Washington, DC.
56. Peisch, V., *Dale, C., **Parent, J.**, & Burt, K. (2018, November). Parent socialization of coping and child emotion regulation abilities: A longitudinal examination. Poster presented at the 52nd annual meeting of the Association for Behavioral and Cognitive Therapies, Washington, DC.
55. Loiselle, R., **Parent, J.**, Forehand, R., Thissen, D., & Jones, D. J. (2018, November). Using crowdsourcing technology to refine and evaluate parenting measures. Poster presented at the 52nd annual meeting of the Association for Behavioral and Cognitive Therapies, Washington, DC.
54. Clifton, J., **Parent, J.**, Worrall G., Seehus M., Domar A. (2018, October). A Randomized Pilot Trial Update: An Internet-Based Mind/Body Intervention to Mitigate Distress in Women Experiencing Infertility. Poster presented at the 73rd American Society for Reproductive Medicine Scientific Congress, Denver, CO.
53. *Dale, C., **Parent, J.**, Forehand, R., Sonuga-Barke, E., & Abikoff, H. (2018, February). Behavioral parent training for preschool ADHD: The influence of child, parental, and family factors on change in parenting practices. Poster presented at the 2018 Miami International Child & Adolescent Mental Health Conference (MICAMH), Miami, FL.

2017

52. **Parent, J.**, Pomerantz, H., McKee, L. G., & Forehand, R. (2017, April). The impact of parental mindfulness on family health and child well-being: A focus on mechanisms. Invited paper presented at the Biennial Mindfulness Research Conference: Mindful Families, Schools, and Communities, Seattle, WA
51. **Parent, J.** (2017, April). Epigenetics and developmental psychopathology. Chaired symposium presented at the Society for Research on Child Development Biennial Meeting, Austin, TX.
50. **Parent, J.**, Parade, S. H., Ridout, K. K., Seifer, R., Marsit, C. J., & Tyrka, A. R. (2017, April). Modeling change in children's internalizing and methylation of glucocorticoid receptor gene *nr3c1*: The role of child maltreatment. Paper presented at the Society for Research on Child Development Biennial Meeting, Austin, TX
49. Parade, S. H., **Parent, J.**, Ridout, K. K., Seifer, R., Marsit, C. J., & Tyrka, A. R. (2017, April). Longitudinal change in methylation of *fkbp5* among preschoolers with adversity. Paper presented at the Society for Research on Child Development Biennial Meeting, Austin, TX
48. **Parent, J.**, McKee, L., & Forehand, R. (2017, April). Mindfulness in coparenting: A prospective longitudinal process model. Paper presented at the Society for Research on Child Development Biennial Meeting, Austin, TX
47. Breslend, N. L., **Parent, J.**, Forehand, R., Peisch, V., & Compas, B. E. (2017, April). Children of parents with a history of depressed parents: The impact of a preventive intervention on child social problems through reductions in internalizing problems. Poster presented at the Society for Research on Child Development Biennial Meeting, Austin, TX.

46. Peisch, V., **Parent, J.**, Forehand, R., Breslend, N. L., Sonuga-Barke, E., & Abikoff, H. (2017, April). Do parent ADHD symptoms matter? A secondary analysis of a randomized controlled trial of behavioral parent training. Poster presented at the Society for Research on Child Development Biennial Meeting, Austin, TX.
45. Peisch, V. D., Pomerantz, H., & **Parent, J.** (2017, April). Reliability of parent-reported parenting questionnaires: A review. Poster presented at the Society for Research on Child Development Biennial Meeting, Austin, TX.
44. **Parent, J.**, Laumann, L., Parade, S. H., Ridout, K. K., Seifer, R., Marsit, C. J., & Tyrka, A. R. (2017, April). Modeling change in children's internalizing and methylation of glucocorticoid receptor gene nr3c1: The role of child maltreatment. Poster presented at the Brown University Mind Brain Research Day, Providence, RI.

2016

43. **Parent, J.**, & Forehand, R. (2016, November). A continuous cycle of action and reaction: Short-term longitudinal spillover across family systems. Paper presented at the National Council on Family Relations 78th Annual Conference, Minneapolis, MN.
42. Sanders, W., **Parent, J.**, Abaied, J., Forehand, R., Coyne, S., & Dyer, J. (2016). The impact of aggressive and prosocial media content on adolescent development: Moderation by adolescent psychophysiology. Paper presented at the Society for Research in Child Development, Special Topics Meeting: Technology and Media in Children's Development, Irvine, CA.
41. Clifton, J., **Parent, J.**, Worrall, G., Seehuus, M., Evans, M., Forehand, R., & Domar, A. (October, 2016). An internet-based mind/body intervention to mitigate distress in women experiencing infertility: A randomized pilot trial. Poster presented at the 72nd American Society for Reproductive Medicine Scientific Congress, Salt Lake City, UT.
40. Winer, J. P., **Parent, J.**, & Forehand, R. (2016, October). Interactive effects of psychosocial stress and early pubertal timing on youth depression and anxiety: Contextual amplification in peer and family environments. Poster presented at the 50th annual meeting of the Association for Behavioral and Cognitive Therapies, New York, NY.
39. Pomerantz, H., **Parent, J.**, Forehand, R., Breslend N. L., Winer, J.P. (2016, October). Early Pubertal Timing and Internalizing Psychopathology: The Role of Relational Aggression. Poster presented at the 50th annual meeting of the Association for Behavioral and Cognitive Therapies, New York, NY.
38. **Parent, J.** & Forehand, R. (2016, September). The Multidimensional Assessment of Parenting Scale (MAPS): Development and psychometric properties. Poster presented at the 2016 National Conference in Clinical Child and Adolescent Psychology, Lawrence, KS.
37. **Parent, J.** (2016, August). The impact of mindful parenting on family health and child psychosocial well-being. Chaired symposium presented at the 2016 APA Annual Meeting, Denver, CO.
36. **Parent, J.**, McKee, L. G., Rough, J. N., & Forehand, R. (2016, August). The influence of parent mindfulness on child outcomes: A prospective longitudinal process model. Paper presented at the 2016 APA Annual Meeting, Denver, CO.
35. McKee, L. G., **Parent, J.**, Zachary, C. R., & Forehand, R. (2016, August). Mindful parenting and emotion socialization practices: Concurrent and longitudinal associations. Paper presented at the 2016 APA Annual Meeting, Denver, CO.

34. **Parent, J.**, Forehand, R., Sonuga-Barke, E., Peisch, V., Long, N., & Abikoff, H. (2016, August). Which type of parent training works best for preschoolers with comorbid ADHD and ODD? Poster presented at the 2016 APA Annual Meeting, Denver, CO.
33. Peisch, V., **Parent, J.**, Forehand, R., Golub, A., Reid, M. (2016, August). Family transitions in cohabiting families: A longitudinal investigation of the role of adult depressive symptoms in youth problem behaviors. Poster presented at the 2016 APA Annual Meeting, Denver, CO.
32. Peisch, V., Komiek, V., Forehand, R., **Parent, J.**, Golub, A., Reid, M., & Price, M. (2016, March). Intimate partner violence in cohabiting families: Reports by multiple informants and associations with adolescent outcomes. Poster presented at the Society for Research on Adolescence Biennial Meeting, Baltimore, MD.

2015

31. **Parent, J.**, Sanders, W., & Forehand, R. (2015, November). Youth screen time and behavioral health problems: The role of sleep quality. Poster presented at the 49th annual meeting of the Association for Behavioral and Cognitive Therapies, Chicago, IL.
30. Pomerantz, H., **Parent, J.**, Forehand, R., & Seehuus, M. (2015, November). Where's poppa: An update on father involvement in the last decade. Poster presented at the 49th annual meeting of the Association for Behavioral and Cognitive Therapies, Chicago, IL.
29. Pichler, E. R., Seehuus, M., **Parent, J.**, & Clifton, J. (2015, July). Profiles of avoidance, acceptance, tolerance, and mindfulness predict psychosocial health. Poster presented at the 13th annual Association for Contextual and Behavioral Sciences World Conference, Berlin, Germany.
28. **Parent, J.**, Forehand, R. Lafko, N., & Compas, B. (2015, May). Parenting as the mediator of change in behavioral parent training: A review and call for research. Paper presented at the 27th annual meeting of the Association for Psychological Science (APS), New York, NY.
27. **Parent, J.**, McKee, L. G., Mahon, J., & Forehand, R. (2015, May). The association of parent mindfulness with parenting and youth psychopathology across three developmental stages. Poster presented at the 27th annual meeting of the Association for Psychological Science (APS), New York, NY.
26. **Parent, J.**, & Forehand, R. (2015, April). Mindfulness in parenting and coparenting across three developmental stages. Poster presented at the Biennial Mindfulness Research Conference: Mindful Families, Schools, and Communities, Seattle, WA.
25. **Parent, J.**, Sanders, W., Lafko, N., & Forehand, R. (2015, March). How parents manage children's screen time: Is positive parenting enough? Poster presented at the Society for Research on Child Development (SRCD) 2015 Biennial Meeting, Philadelphia, PA.
24. Sanders, W., **Parent, J.**, Sullivan, A. D. W., Forehand, R. & Jones, D. J. (2015, March). Parenting in the age of technology. Poster presented at the Society for Research on Child Development (SRCD) 2015 Biennial Meeting, Philadelphia, PA.
23. Lafko, N., **Parent, J.**, Forehand, R., Golub, A., & Reid, M. (2015, March). Involvement in childrearing and firm control parenting by male cohabiting partners: Forecasting adolescent problem behaviors. Poster presented at the Society for Research on Child Development (SRCD) 2015 Biennial Meeting, Philadelphia, PA.

2014

22. **Parent, J.**, Forehand, R., Golub, A., Reid, M., & Pomerantz, H. (2014, November). Positive parenting by male cohabiting partners in low-income urban Black cohabiting stepfamilies: The

roles of coparenting conflict and support. Poster presented at the 48th annual meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.

21. Lafko, N., **Parent, J.**, Forehand, R., & Burt, K. (2014, November). Is parenting the mediator of change in behavioral parent training for children's externalizing problems? Poster presented at the 48th annual meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
20. Brassell, A., Rosenberg, E., **Parent, J.**, Fondacaro, K., Seehuus, M., & Forehand, R. (2014, June). The influence of psychological inflexibility on parenting and child psychosocial well-being. Poster presented at the 12th annual Association for Contextual and Behavioral Sciences world conference, Minneapolis, MN.

2013

19. **Parent, J.**, McKee, L. G., Forehand, R., Watson, K. H., Dunbar, J. P., Reising, M. M., Hardcastle, E., & Compas, B. E. (2013, November). The role of parental mindfulness in moderating the effects of a family-based preventive intervention on negative parenting. Poster presented at the 47th annual meeting of the Association for Behavioral and Cognitive Therapies, Nashville, TN.
18. **Parent, J.**, Clifton, J., Forehand, R., Reid, M., Golub, A. (2013, November). Single African American parents and cohabitating partners: The relation between mindfulness and coparenting relationship quality. Poster presented at the 47th annual meeting of the Association for Behavioral and Cognitive Therapies, Nashville, TN.
17. **Parent, J.**, Forehand, R., Golub, A., & Reid, M. (2013, November). African American single parent families: The role of cohabitating partners in childrearing. Poster presented at the 47th annual meeting of the Association for Behavioral and Cognitive Therapies, Nashville, TN.
16. **Parent, J.**, Forehand, R., Reid, M., & Golub, A. (2013, November). Single African American parents and cohabitating partners: A multi-informant measures of involvement in family and child-related tasks (IFCT). Poster presented at the 47th annual meeting of the Association for Behavioral and Cognitive Therapies, Nashville, TN.
15. Ho, S., Rohan, K. J, **Parent, J.**, Tager, F. A., & McKinley, P. S. (November, 2013). A longitudinal study of depression, fatigue, and sleep disturbances in women with breast cancer. Poster presented at the 47th annual meeting of the Association for Behavioral and Cognitive Therapies, Nashville, TN.
14. Anton, M.A., Jones, D.J., Gonzalez, M., Cuellar, J.C., Forehand, R., **Parent, J.**, & Newey, G. (November, 2013). Expanding the reach of behavioral parent training with smartphone technology: Within-group trends of feasibility, satisfaction, and completion. Poster presented at the 47th annual meeting of the Association for Behavioral and Cognitive Therapies, Nashville, TN.
13. **Parent, J.**, Watson, K. H., Dunbar, J. P., Seehuus, M., Compas, B. E., & Forehand, R. (2013, April). Parent and adolescent report of parenting when a parent has a history of depression: Associations with independent observations. Poster presented at the Society for Research on Child Development (SRCD) 2013 Biennial Meeting, Seattle, WA.

2012

12. **Parent, J.**, Wright, A., Forehand, R., Edwards, M. C., Conners-Burrow, N. A., & Long, N. (2012, November). Parental tolerance of child disruptive behaviors: A parent and child gender

interaction. Poster presented at the 46th annual meeting of the Association for Behavioral and Cognitive Therapies, National Harbor, MD.

11. **Parent, J.**, Jones, D. J., Forehand, R., Cuellar, J., Gonzalez, M., & Goodrum, N. M. (2012, November). Does coparent identity in African American single mother families influence the coparenting relationship? Poster presented at the 46th annual meeting of the Association for Behavioral and Cognitive Therapies, National Harbor, MD.
10. **Parent, J.**, Jones, D. J., Forehand, R., Cuellar, J., Gonzalez, M., & Goodrum, N. M. (2012, March). African American Single Mother Families: The role of coparent identity and mother-coparent relationship in youth adjustment. Poster presented at the 14th Biennial Meeting of the Society for Research on Adolescence, Vancouver, BC, Canada.

2011

9. Cuellar, J., Jones, D. J., Forehand, R., Kincaid, C., & **Parent, J.** (2011, November). Technology's role in the dissemination of parenting programs. Paper presented at the 45th annual meeting of the Association for Behavioral and Cognitive Therapies, Toronto, Canada.
8. Long, N., Forehand, R., Merchant, M.J., **Parent, J.** (2011, April). Developing a multi-level intervention to address young children's disruptive behavior. Paper presented at the 14th ASEAN Paediatric Congress 2011, Singapore.
7. Gonzalez, A., Zvolensky, M. J., **Parent, J.**, Mills, F., & Krisanda, C. (2011, March). HIV/AIDS-related symptom distress and anxiety sensitivity: Relations to anxious arousal and symptoms of anxiety disorders among adults living with HIV/AIDS. Poster presented at the Anxiety Disorders Association of America Annual Conference, New Orleans, LA.

2010

6. **Parent, J.**, Garai, E., Forehand, R., Champion, J. E., Haker, K., Hardcastle, E. J., & Compas, B. (2010, November). Parent mindfulness and child outcome within the context of parent depression. Poster presented at the 44th annual meeting of the Association for Behavioral and Cognitive Therapies, San Francisco, CA.
5. **Parent, J.**, Gonzalez, A., Zvolensky, M. J., & Kosiba, J. (2010, November). Evaluating the specificity of anxiety sensitivity in regard to anxiety and worry about bodily sensations among adults with HIV/AIDS. Poster presented at the 44th annual meeting of the Association for Behavioral and Cognitive Therapies, San Francisco, CA.
4. Gonzalez, A., Zvolensky, M. J., Kosiba, J., & **Parent, J.** (2010, November). The specificity of anxiety sensitivity in relation to symptoms of panic, social phobia, and post-traumatic stress disorders among adults living with HIV/AIDS. Poster presentation at the 44th annual meeting of the Association for Behavioral and Cognitive Therapies, San Francisco, CA.
3. **Parent, J.** (2010, July). Parent mindfulness and child outcome: The roles of parent depressive symptoms and parenting. Paper presented at the 18th Annual Penn State McNair Scholars Summer Research Conference.

2009

2. Gonzalez, A., Weibust, K. S., Miller, C. T., Solomon, S. E., & **Parent, J.** (2009, April). A preliminary examination of sexual orientation as a social vulnerability for experiencing HIV/AIDS-related stigma. Poster presented at the 30th annual meeting for the Society of Behavioral Medicine, Montreal, Canada.

1. Gonzalez, A., Solomon, S. E., Zvolensky, M. J., Miller, C. T., & Parent, J. (2009, April). The singular and interactive effects of mindful-based attention and awareness and disengagement coping with HIV/AIDS-related stigma in regard to concurrent depression and anxiety symptoms among people with HIV/AIDS. Poster presented at the 30th annual meeting for the Society of Behavioral Medicine, Montreal, Canada.

Teaching Experience

<p>Instructor CLP 4134 – Childhood Psychopathology, Undergraduate-level Department of Psychology, Florida International University, Miami, FL -Overall instructor rating: 90% Excellent or Very Good -Overall course rating: 87% Excellent or Very Good</p>	<p>Spring 2019</p>
<p>Instructor PSY 5939 – Quantitative Methods II, Graduate-level Department of Psychology, Florida International University, Miami, FL -Overall instructor rating: 100% Excellent or Very Good -Overall course rating: 99% Excellent or Very Good</p>	<p>Spring 2019</p>
<p>Instructor CLP 4134 – Childhood Psychopathology, Undergraduate-level Department of Psychology, Florida International University, Miami, FL -Overall instructor rating: 98% <i>Excellent</i> or <i>Very Good</i> -Overall course rating: 85% <i>Excellent</i> or <i>Very Good</i></p>	<p>Fall 2018</p>
<p>Instructor PSY 5939 – Quantitative Methods II, Graduate-level Department of Psychology, Florida International University, Miami, FL -Overall instructor rating: 61.2% <i>Excellent</i> or <i>Very Good</i> -Overall course rating: 61% <i>Excellent</i> or <i>Very Good</i></p>	<p>Spring 2018</p>
<p>Instructor CLP 6947 – Foundation Practicum II (Child CBT), Graduate-level Department of Psychology, Florida International University, Miami, FL -Overall instructor rating: 75% <i>Excellent</i> -Overall course rating: 62.5% <i>Excellent</i>, 37.5% <i>Very Good</i></p>	<p>Fall 2017</p>
<p>Co-Instructor PSYC 251 – Disorders of Childhood Department of Psychology, University of Vermont, Burlington, VT -Overall instructor rating: 4.8 (1 = <i>very low</i> to 5 = <i>very high</i>) -Overall course rating: 4.6 (1 = <i>very low</i> to 5 = <i>very high</i>)</p>	<p>Summer 2014</p>
<p>Graduate Teaching Assistant PSYC 371 – Child & Adolescent Psychological Assessment (graduate seminar) Department of Psychology, University of Vermont, Burlington, VT -Overall TA rating: 4.7 (1 = <i>very low</i> to 5 = <i>very high</i>) -Overall course rating: 3.7 (1 = <i>very low</i> to 5 = <i>very high</i>)</p>	<p>Spring 2014</p>
<p>Co-Instructor PSYC 251 – Disorders of Childhood Department of Psychology, University of Vermont, Burlington, VT</p>	<p>Summer 2013</p>

-Overall instructor rating: 4.7 (1 = *very low* to 5 = *very high*)

-Overall course rating: 4.7 (1 = *very low* to 5 = *very high*)

Graduate Teaching Assistant

PSYC 251 – Behavioral and Emotional Problems of Childhood
Department of Psychology, University of Vermont, Burlington, VT

Fall 2012

Co-Instructor

PSYC 197 - Psychology Independent Study
Children and Families Laboratory
Department of Psychology, University of Vermont, Burlington, VT

Fall 2011, Spring 2012

Guest Lectures

PSYC 0224 – Psychological Disorders
Middlebury College
Title: *Tourette Syndrome*

Fall 2015

PSYC 354 – Psychopathology I: Child and Adolescent Psychopathology
University of Vermont
Title: *Tourette Syndrome*

Fall 2014

PSYC 342 – Introduction to Psychological Intervention
University of Vermont
Title: *Cognitive Behavioral Couples Therapy*

Spring 2014

PSYC 352 – Behavior Therapy: Children
University of Vermont
Title: *Behavioral Treatment of Enuresis and Encopresis*

Spring 2013

PSYC 352 – Behavior Therapy: Children
University of Vermont
Title: *Tourette Syndrome: Comprehensive Behavioral Intervention for Tics*

Spring 2013

PSYC 251 – Behavioral and Emotional Problems of Childhood
University of Vermont
Title: *Preventing Depression: The Raising Healthy Children Project*

Fall 2012

PSYC 251 – Behavioral and Emotional Problems of Childhood
University of Vermont
Title: *Attention-Deficit/Hyperactivity Disorder: Assessment and Treatment*

Fall 2012

PSYC 354 – Psychopathology I: Child and Adolescent Psychopathology
University of Vermont
Title: *Introduction to the Assessment of Childhood Disorders*

Fall 2012

Clinical Experience

Summer Treatment Program, FIU Center for Children and Families	2018, 2019
Intensive Program for Obsessive-Compulsive Disorder, Bradley Hospital	2017
Adolescent Inpatient Unit, Bradley Hospital	2017
Pediatric Sleep Disorders Clinic, Hasbro Children's Hospital	2017
Community-Based Therapeutic School, Bradley School	2016
Intensive Behavioral Intervention for ASD, Bradley Hospital	2016

Children's Partial Hospital Program, Bradley Hospital	2016
Peer Supervisor, Vermont Psychological Services	2013 – 2015
Tourette Syndrome & Tic Disorders Specialty Service, Vermont Psychological Services	2012 – 2015
Connecting Cultures, Vermont Psychological Services	2014 – 2015
Childhood Internalizing Specialty Service, Behavior Therapy and Psychotherapy Center	2013 – 2014
ADHD Specialty Service, Behavior Therapy and Psychotherapy Center	2011 – 2013

Additional Clinical Training

COPE - An Evidenced-based Treatment for Substance Use and PTSD	Fall 2015
Medical University of South Carolina Instructors: Sudie Back, Ph.D., Therese Killeen, Ph.D.	
Mindfulness in the 21st Century	Summer 2015
University of Oxford, England Instructor: Mark Williams, Ph.D.	
Comprehensive Behavioral Intervention for Tics (CBIT) Training	Spring 2014
Tourette Syndrome Association & The Centers for Disease Control and Prevention (CDC) Instructor: Douglas W. Woods, Ph.D.	
Acceptance and Commitment Therapy Boot Camp Training	Fall 2013
Association for Contextual and Behavioral Sciences Instructors: Steven Hayes, Ph.D., Kelly Wilson, Ph.D., Kirk D. Strosahl, Ph.D.	
Autism Diagnostic Interview – Revised (ADI-R) Training	Fall 2013
Vermont Interdisciplinary Leadership Education for Health Professionals Program Instructor: Robert Joseph, Ph.D.	
Autism Diagnostic Observation Schedule (ADOS-2) Training	Summer 2013
University of Michigan Center for the Child and the Family (UCCF) Instructors: Fiona Miller, Ph.D., Vanesa Hus Bal, M.Sc., Jennifer Olson, Psy.D.	

Supplemental Statistical Training

Epigenetics Boot Camp: Planning and Analyzing DNA Methylation Studies	Summer 2018
Columbia University, Mailman School of Public Health Instructor: Andrea Baccarelli, MD, MPH, PhD	
Cluster Analysis and Mixture Modeling	Summer 2016
University of North Carolina at Chapel Hill Instructors: Dan J. Bauer, Ph.D. & Doug Steinley, Ph.D.	
Latent Curve Modeling	Summer 2015
University of North Carolina at Chapel Hill Instructors: Patrick J. Curran, Ph.D. & Dan J. Bauer, Ph.D.	
Applied Latent Class Analysis	Spring 2015
Association for Psychological Science Convention New York, NY Instructor: Katherine Masyn, Ph.D.	
Multilevel SEM with Complex Application	Summer 2013
Modern Modeling Methods (M ³) Conference University of Connecticut	

Instructor: Kristopher Preacher, Ph.D.

Multilevel Modeling

Fall 2013

University of Vermont

Instructor: Keith Burt, Ph.D.

Structural Equation Modeling

Summer 2012

University of North Carolina at Chapel Hill

Instructors: Patrick J. Curran, Ph.D. & Dan J. Bauer, Ph.D.

Measure Development

Parent, J. & Forehand, R. (2016). Multidimensional Assessment of Parenting Scale (MAPS). *Unpublished rating scale, University of Vermont.*

Parent, J., Seehuus, M., & Fondacaro, K. (2015). Parenting-Specific Psychological Flexibility scale (PSPF). *Unpublished rating scale, University of Vermont.*

Parent, J., & Sanders, W. (2015). Technology-Related Parenting Scale (TPS). *Unpublished rating scale, University of Vermont.*

Sanders, W., & **Parent, J.** (2015). Parental Perceptions of Technology Scale (PPTS). *Unpublished rating scale, University of Vermont.*

Professional Society Memberships

American Psychological Association (APA)

Society of Clinical Child and Adolescent Psychology, Division 53 APA

Society for Family Psychology, Division 43 APA

Society of Clinical Psychology, Division 12 APA

Society for Child and Family Policy and Practice, Division 37 APA

Developmental Psychology, Division 7 APA

Society for Research in Child Development (SRCD)

The Association for Behavioral and Cognitive Therapies (ABCT)