



Center for
Children and
Families

CCF Speaker Series

Better by Design: Managing Evidence Bases to Improve Mental Health Outcomes for Youth

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University of California, Los Angeles

Date: Friday, April 29, 2016

Time: 12:00 pm – 1:00 pm

Location: MMC, AHC1 Room 110 at the Center for Children and Families



This presentation will focus on aspects of system and treatment design that aim to facilitate more efficient and effective service delivery in the pursuit of better mental health outcomes for youth and families. The talk will include an overview of the Managing and Adapting Practice (MAP) system, which includes a direct service model for organizing, designing, and implementing evidence-informed practices with youth and families. Dr. Chorpita will outline the empirical rationale for MAP and provide illustrations of the concepts, procedures, and core decision-support resources. The MAP system essentially offers a "treatment builder" rather than a treatment in its own right, and participants will gain insight how to design an individualized, evidence-informed treatment from a variety of knowledge sources. The talk will also cover the design and evaluation of the MATCH protocol, which was based on the core MAP concepts and tested in two large randomized effectiveness trials over the past 10 years.

At the end of this presentation, the participant will be able to:

1. Articulate the benefits of dynamic and developmental design in service systems and understand the need for general strategies to increase the effectiveness of usual care practice.
2. Understand the major coordination models for organizing evidence-based clinical care, at the system and treatment design levels.
3. Recite the evidence in favor of dynamic treatment systems that incorporate modular design and ongoing feedback about practices and progress history.

Continuing Education:

- The CCF has been approved by the American Psychological Association to sponsor continuing education for psychologists. The CCF maintains responsibility for this program and its content.
- The American Nurses Credentialing Center (ANCC) accepts CE credit provided by APA providers towards ANCC re-certification.
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- This talk has also been approved for up to **1 CE** credits by Florida Board of Clinical Social Work, Marriage and Family Therapy and Mental Health Counseling; Florida Board of Psychology and Florida Office of School Psychology. Provider# BAP 50-12872.