

# CCF Speaker Series

## *Emotion, Functioning, and Development*

### *In High-Risk Children*

**Jodi Quas, Ph.D.**

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University of California - Irvine

**Date: Friday, April 8, 2016**

**Time: 12:00 pm – 1:00 pm**

**Location: MMC, AHC1 Room 110 at the Center for Children and Families**



*In this presentation, I will describe extant research and theorizing concerning the links between emotional competence and functioning in high-risk youth. I will focus on two primary components of emotional competence: emotion understanding and emotion regulation in high-risk children. I will describe how components may be affected by exposure to chronic adversity, including childhood maltreatment, deprivation, and parental loss. I will also discuss how alterations to both emotion understanding and regulation may then influence functional outcomes across childhood through adolescence.*

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**At the end of this presentation, the participant will:**

1. Gain knowledge concerning how exposure to chronic violence, loss, and deprivation likely influence children's emerging ability to recognize and understand emotions in others.
2. Learn about how exposure to adversity and development jointly influence how well children can regulate their own emotions when confronted with stress.
3. Understand the important role that emotional competence plays in children's cognitive and socio-emotional development, and how that role is altered when children are exposed to chronic adversity.

**Continuing Education:**

- The CCF has been approved by the American Psychological Association to sponsor continuing education for psychologists. The CCF maintains responsibility for this program and its content.
- The American Nurses Credentialing Center (ANCC) accepts CE credit provided by APA providers towards ANCC re-certification.
- The FIU Counselor Education Program is an NBCC-Approved Continuing Education Provider (ACEP™) and a co-sponsor of the Center for Children and Families' presentations. The FIU Counselor Education program may award NBCC-approved clock hours for events that meet NBCC requirements. The ACEP™ solely is responsible for all aspects of the program. Provider # 4565, effective 9/1/11.
- The Center for Children and Families is approved by the National Association of School Psychologists to offer professional development for school psychologists. The Center for Children and Families maintains responsibility for the program.
- This talk has also been approved for up to **1 CE** credits by Florida Board of Clinical Social Work, Marriage and Family Therapy and Mental Health Counseling; Florida Board of Psychology and Florida Office of School Psychology. Provider# BAP 50-12872.

**\*Lunch with speaker will be held immediately after the talk in AHC1 Room 117. All are invited to attend.\***