



Center for
Children and
Families

CCF Speaker Series

Extending Evidence-Based Interventions to Schools: The Collaborative Life Skills Program

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Date: Friday, March 4, 2016

Time: 12:00 pm – 1:00 pm

Location: MMC, AHC1 Room 110 at the Center for Children and Families



The lack of effective, potent, feasible, and sustainable school-based interventions to mitigate ADHD and to support optimal learning and social outcomes is a serious educational and public health concern. A key barrier has been that evidence-based treatments for ADHD largely have been developed for implementation by research teams rather than existing school personnel. To address this need, we developed the Collaborative Life Skills Program (CLS). Administered by school-based mental health providers, CLS provides skill training for students and simultaneously trains teachers and parents to implement specific strategies for promoting the student's attention, behavioral, social, and academic success across the school and home settings. All components are integrated to support generalization and cross-situational treatment effects. This presentation will describe the CLS intervention and training methods and present outcomes and implications from a recently completed randomized trial of CLS.

At the end of this presentation, the participant will be able to:

1. Describe the rationale and key components of the Collaborative Life Skills Program.
2. Describe the methods for training school mental health providers in CLS.
3. Describe the evidence supporting CLS and the implications for treatment of ADHD in schools.
4. Identify important considerations when translating clinic-based treatments to school settings.

Continuing Education:

- The CCF has been approved by the American Psychological Association to sponsor continuing education for psychologists. The CCF maintains responsibility for this program and its content.
- The American Nurses Credentialing Center (ANCC) accepts CE credit provided by APA providers towards ANCC re-certification.
- The FIU Counselor Education Program is an NBCC-Approved Continuing Education Provider (ACEP™) and a co-sponsor of the Center for Children and Families' presentations. The FIU Counselor Education program may award NBCC-approved clock hours for events that meet NBCC requirements. The ACEP™ solely is responsible for all aspects of the program. Provider # 4565, effective 9/1/11.
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- This talk has also been approved for up to **1 CE** credits by Florida Board of Clinical Social Work, Marriage and Family Therapy and Mental Health Counseling; Florida Board of Psychology and Florida Office of School Psychology. Provider# BAP 50-12872.

Lunch with speaker will be held immediately after the talk in AHC1 Room 117. All are invited to attend.